

ASSOCIATE IN ARTS IN KINESIOLOGY FOR TRANSFER

Curriculum Guide for Academic Year 2020-2021

Table of Contents

Associate in Arts in Kinesiology for Transfer Degree, p. 1
 Program Mission and Outcomes, p. 4
 Legend, p. 4

Resources available for transfer students:
 Academic Counselors (Call 562-938-4561 at LAC or 562-938-3920 at PCC);
 Transfer Center (562-938-4670 at LAC, 562-938-3920 at PCC);
 ASSIST web site at www.assist.org.

| Program of study leading to: Associate in Arts (AA-T) Degree | | | | | | |
|--|----------------------------|------------------------|-----------------------|--------------|------------------------|----------------------------|
| REQUIRED COURSES: | C-ID Descriptor | CSU GE Area | IGETC Area | Units | In Progress | Completed Grade |
| KINPP 1 Introduction to Kinesiology | KIN 100 | | | 3 | | |
| ANAT 1 Human Anatomy | BIOL 110B | B2/B3 | 5B/5C | 4 | | |
| † PHYSI 1 Human Physiology | BIOL 120B | B2/B3 | 5B/5C | 5 | | |
| | Subtotal Units | | | 12 | | |
| <u>IN ADDITION, complete ONE (1) course from at least THREE (3) different areas of the following (3 units minimum). All movement based courses must be articulated as lower division preparation for the Kinesiology program:</u> | | | | | | |
| AQUATICS | | | | | | |
| KING 76 Swimming | | E | | 1 | | |
| COMBATIVES | | | | | | |
| KING 65 Martial Arts | | E | | 1 | | |
| KING 66 Self-Defense | | E | | 1 | | |
| FITNESS | | | | | | |
| KINPF 6 Cardio Fitness | | E | | 1 | | |
| KINPF 14 Yoga | | | | 1 | | |
| KINPF 17 Jogging | | E | | 1 | | |
| KINPF 17B Jogging | | E | | 1 | | |
| KINPF 18 Triathlon Training | | E | | 1 | | |
| KINPF 21 Low Impact Aerobics | | E | | 1 | | |
| KINPF 22 Physical Fitness | | E | | 1 | | |
| KINPF 42 Swimming Fitness | | E | | 1 | | |
| KINPF 54 Weight Training | | E | | 1 | | |
| INDIVIDUAL SPORTS | | | | | | |
| KING 10 Badminton | | E | | 1 | | |
| KING 10B Badminton | | E | | 1 | | |
| KING 84 Tennis | | E | | 1 | | |
| TEAM SPORTS | | | | | | |
| KING 2 Ultimate Frisbee | | E | | 1 | | |
| KING 14 Basketball | | E | | 1 | | |
| KING 14B Basketball | | E | | 1 | | |
| KING 70 Soccer | | E | | 1 | | |
| KING 70B Soccer | | E | | 1 | | |
| KING 74 Softball | | E | | 1 | | |
| KING 86 Touch Football | | E | | 1 | | |
| KING 90 Volleyball | | E | | 1 | | |
| KING 90B Volleyball | | E | | 1 | | |
| KING 92 Sand Volleyball | | E | | 1 | | |

| | | | | | | | |
|--|---|--------------------|----|-----------------------|--------------|--|--|
| KING 94 | Rugby | | E | | 1 | | |
| | | | | Subtotal Units | 3 | | |
| IN ADDITION, complete TWO (2) courses from below: | | | | | | | |
| STAT 1/1H | Elementary Statistics/Honors | STAT 110 | B4 | 2 | 4 | | |
| CHEM 1A | General Chemistry OR | CHEM 210 OR | B1 | 5A | 5.5 | | |
| OR | | | | | | | |
| CHEM 3 | Introduction to Gen, Organic & Biochemistry | CHEM 110 | | | 5 | | |
| PHYS 2A | General Physics | PHYS 105 | B1 | 5A | 4.5 | | |
| PHYS 3A | Physics for Sci. & Eng. -Mechanics | PHYS 205 | B1 | 5A | 4.5 | | |
| KINPP 23 | First Aid and Safety Education | KIN 101 | | | 3 | | |
| | | | | Subtotal Units | 7-11 | | |
| | | | | Subtotal Units | 22-26 | | |

IN ADDITION to the above major courses, students are also required to obtain general education certification and meet other degree requirements as specified below.

General Education Certification Requirements

Completion of EITHER the California State University General Education-Breadth pattern (CSU GE Breadth) OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern IS REQUIRED. For general education patterns, visit the following web site: <http://osca.lbcc.edu/genedplan.cfm>, or the LBCC catalog. After completion of the General Education Pattern **students must request GE certification**. Consult with a counselor for more information about the GE Certification process.

Other Degree Requirements

1. **Minimum Unit Requirements:** Complete a minimum of 60 transferable units. Please note that additional units may be required to meet this minimum based upon courses selected to fulfill CSU-GE Breadth Pattern or the IGETC Pattern.

If following CSU-GE Breadth Pattern

| | Units |
|-------------------------|-----------|
| Kinesiology | 22-26** |
| CSU-GE Breadth | 39 |
| Minimum Required | 60 |

If following IGETC Pattern

| | Units |
|-------------------------|-----------|
| Kinesiology | 22-26** |
| IGETC Pattern | 37 |
| Minimum Required | 60 |

****Double-Counting of Units:** SB 1440 Regulations allow for double-counting of major requirements towards CSU- GE Breadth or IGETC patterns.

2. **Minimum grade and GPA requirements:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) in all CSU-transferable coursework. For the major **complete each course with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.

3. **Residence for the Degree:** Complete at least 12 units of the required 60 in residence at LBCC.

4. **Degree Application:** Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

5. The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

Program Description

Program Description: The Associate in Arts in Kinesiology for Transfer is designed to prepare students with a general education in the principles, concepts and methodologies of Kinesiology. This degree is designed to increase students' awareness, understanding and knowledge of the broad range of career paths within the field of Kinesiology and to prepare them for seamless transfer to a California State University.

Program Mission Statement and Outcomes

Program Mission Statement: In support of the college mission statement, the Kinesiology Department's Associate Degree for Transfer (AD-T) Curriculum offers lower division courses that prepare scholarly and highly skilled practitioners with current knowledge and resources to meet their present and future program needs. The Kinesiology Department prepares scholars-practitioners committed to theory and practice in diverse settings with populations from a variety of social and cultural contexts.

Outcomes:

- Demonstrate proficiency in skills needed in activities commonly included in a human movement program.
- Examine and evaluate physical activities and their relationship to wellness and fitness.
- Recognize various career opportunities in the field of human movement.

Legend

† This course has a prerequisite; prerequisite courses must be completed with at least a "C" or "P" grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/>) for specific prerequisite information.