



Qualify for **Medi-Cal**?

In need of **senior services**?

Help with **landlord/tenant issues**?

**Homeless** or in **crisis**?

Qualify for **food stamps**?

**Violence** in your home?

Need **health insurance** for your kids?

Need help with **substance abuse**?

- Free and Confidential
- 24 Hours/7 Days a Week
- Multilingual
- TTY Accessible
- Call 911 for Emergencies

**Call 2-1-1 for FREE**  
Information on Health and Social Services

KEEP THIS CARD HANDY & CALL WHEN YOU NEED HELP.



- Information on LA County Services
- Food and Shelter Assistance
- Help with Landlord-Tenant Issues
- Employment Resources
- Disaster preparedness information
- Assistance with Medi-Cal and Food Stamps
- Help with Care for Aging Parents
- Parenting Resources
- Health and Legal Services
- AND MUCH, MUCH MORE

**CALL 2-1-1 for FREE**  
Information on Health and Social Services

FUNDED BY:



[www.211LACounty.org](http://www.211LACounty.org)