



Study Skills Workshop: Preparing for Tests

Do you provide yourself with enough time to prepare well for your tests? Do you allocate the right amount of study time to your priority classes? Do you ascertain the essential test information prior to that test so you can prepare properly? Do you know how to adjust your study habits for finals? Do you know when you should leverage support resources?

Now you will. Have a look!

Workshop Outline

PROBLEM #1:

Solutions:

- 1. Finish 3 days before**

- 2. Set a smart review schedule / Practice Activity**

Follow along with the video exercise with the handout information on the next page.

Learning & Academic Resources Department/Providing Pathways to Academic Success

Susan is going to have a very difficult two weeks! She will have a test in all three of her academic classes (history, psychology, and math). She will need to figure out a review schedule that will enable her to be successful on all of her exams. She feels that the math test will be hardest for her, the history test will be of medium difficulty, and the psychology test will be the least difficult.

Which of the three possible review schedules listed below would probably be the best for Susan to follow? (Block review times assume time is allotted for appropriate breaks.) Put a check mark next to your choice.

1 Final Review Schedule Options

SCHEDULE #1	SCHEDULE #2	SCHEDULE #3
7a. BREAKFAST	7a. BREAKFAST	7a. BREAKFAST
8 REVIEW MATH	8 REVIEW MATH	8 REVIEW MATH
9 REVIEW MATH	9 REVIEW MATH	9 REVIEW MATH
10 REVIEW MATH	10 REVIEW MATH	10 FREE TIME
11 CLASS	11 CLASS	11 CLASS
12 LUNCH	12 LUNCH	12 LUNCH
1p. CLASS	1p. CLASS	1p. REVIEW HIST.
2 REVIEW HIST.	2 REVIEW HIST.	2 REVIEW HIST.
3 REVIEW HIST.	3 REVIEW HIST.	3 FREE TIME
4 REVIEW HIST.	4 FREE TIME	4 REVIEW PSYCH.
5 CLASS (LAB)	5 CLASS (LAB)	5 CLASS (LAB)
6 DINNER	6 DINNER	6 DINNER
7 REVIEW PSYCH.	7 REVIEW PSYCH.	7 REVIEW PSYCH.
8 REVIEW PSYCH.	8 FREE TIME	8 FREE TIME
9 FREE TIME	9 FREE TIME	9 FREE TIME
10 REVIEW MATH	10 FREE TIME	10 FREE TIME
11 REVIEW MATH	11 FREE TIME	11 FREE TIME

What schedule option was your choice and what was your reasoning? Jot down some ideas about each of the sample schedules to identify pros and cons so you can create a helpful review scheduling approach.

Schedule 1:

Schedule 2:

Schedule 3:

PROBLEM #2:

Solutions:

1. How many questions?

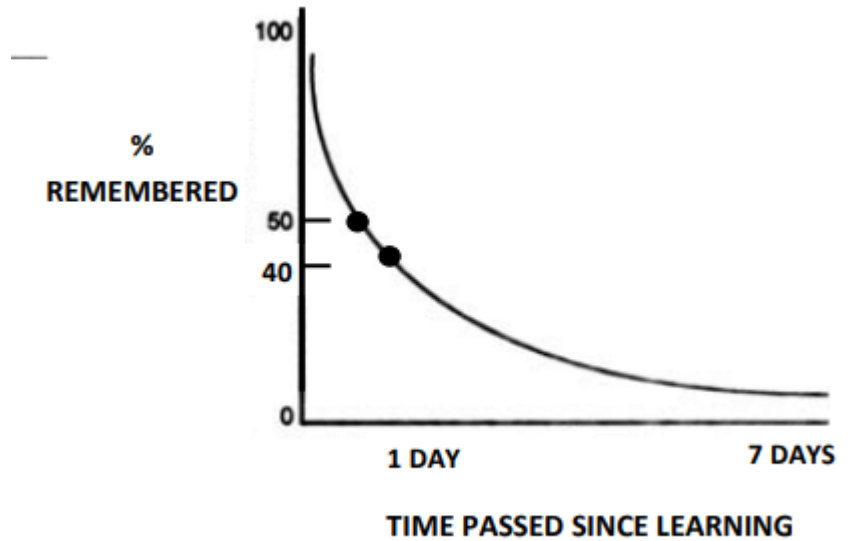
2. How much time?

3. Text vs Lecture?

PROBLEM #3

Solutions:

1. Forgetting Curve



The Magic Number:

2. Rewrite long lists

PROBLEM #4:

Solutions:

1. Get Help

2. Form a study group

Which one of these solutions will you use when preparing for an upcoming test in your most challenging class this semester?

Congratulations on completing this video workshop! Several of these activities can help you develop more precise test preparation skills. But you'll need to practice them regularly. There are two other videos on test-taking. Maybe you'd like to go on to one of those next? Good luck!