

NUTRITION AND DIETETICS - ASSOCIATE IN SCIENCE TRANSFER DEGREE

Plan Code: 5506B/C

This program prepares students for a major in Nutrition and Dietetics at a four-year institution. This degree will provide students with foundations in nutritional science, food principles, biology, microbiology, chemistry sciences, and statistics required towards a Bachelor of Science degree in Dietetics and Food Administration at the four-year university. This AS transfer degree will allow a seamless transition to the CSU system for students interested in a Registered Dietitian/Nutritionist professional pathway.

Program Student Learning Outcomes

- Demonstrate the ability to attain the Institutional Student Learning Outcomes (ISLOs).
- Utilize up-to-date, evidenced-based practices in the field of nutrition and dietetics.
- Communicate effectively orally and in writing in a health care or community nutrition environment whether working with children, families and seniors.
- Advocate within the community for continued support of health and nutrition.

Program Requirements

This degree requires the completion of General Education coursework plus the following:

Code Number	Course Title	Units
REQUIRED CORE COURSES		
BIO 2	General Microbiology	5
CHEM 1A	General Chemistry	5.5
NUTR 20	Nutrition and Life	3
PSYCH 1	Introduction to Psychology	3
Subtotal Units		16.5
IN ADDITION, complete TWO (2) courses from LIST A:		
LIST A		
ANAT 1	Human Anatomy (4)	
CHEM 12A	Organic Chemistry (5.5)	
STAT 1	Elementary Statistics (4)	
Subtotal Units		8-9.5
IN ADDITION, complete ONE (1) course from LIST B:		
LIST B		
NUTR 21	Food Selection and Meal Preparation (4)	
Subtotal Units		4
Required Subtotal		28.5-30
Complete one of the following: ¹		37-39

CSU GE Breadth (Plan B) (<https://lbcc-public.courseleaf.com/academic-requirements/general-education-transfer-degree-certificate-requirements/general-education-plans/plan-b/>)

IGETC Pattern (Plan C) (<https://lbcc-public.courseleaf.com/academic-requirements/general-education-transfer-degree-certificate-requirements/general-education-plans/plan-c/>)

Transferable Electives (as needed to reach 60 transferable units) ²

Degree Total **60**

¹ Units for the major may be double-counted for CSU GE, or IGETC; see counselor for limitations.

² Elective units from course(s) numbered 1-99, if needed, to reach 60 transferable units.

To earn an associate degree for transfer, a student must complete 60 semester units that are eligible for transfer to a CSU that consist of either the IGETC pattern or CSU GE breadth and a major of at least 18 units. Students must have a minimum GPA of 2.0 in all CSU-transferable coursework to receive an associate degree for transfer and all courses in the major must be completed with a C or better. Students earning an associate degree for transfer will not be required to complete any other local graduation requirements.