

# HUMAN SERVICES: ALCOHOL & DRUG STUDIES

## Curriculum Guide for Academic Year 2015-2016

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at [www.assist.org](http://www.assist.org) and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

### Program of study leading to: Associate in Arts (A.A.) Degree

<u>REQUIRED CORE COURSES</u>		UNITS	In Progress	Completed Grade
HS 1	Introduction to Social Work	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group & Family Process	3		
^ HS 72A	Fieldwork – Human Services	3		
^ HS 72B	Fieldwork – Human Services	3		
<b>Subtotal Units</b>		<b>18</b>		
<b>IN ADDITION, complete NINE (9) UNITS from the following courses:</b>				
HS 43	Case Management: Treatment & Aftercare	3		
HS 45	Stress Management for Case Managers	3		
HS 50	Law and Ethics	3		
HS 242	Conflict Resolution/Mediation	3		
HS 252	Dual Diagnosis: Assessment & Treatment	3		
HS 255	Alcohol & Drug Studies: Prevention & Education	3		
HS 260	Domestic Violence Intervention Strategies	3		
<b>Subtotal Units</b>		<b>9</b>		
<b>TOTAL UNITS</b>		<b>27</b>		

- Minimum Unit Requirements:** Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

HS: Alc. & Drug Studies Major:      27 units  
 General Education/A.A.                      25 units

- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.

**Associate Degree requirements continue on the following page:**

**Associate Degree requirements continued from the previous page:**

3. **Residence for the Degree:** Complete at least 12 semester units of the required 60 semester units in residence at Long Beach City College in order for the college to grant an Associate of Arts and/or an Associate of Science Degree.
4. **Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 13.5 units** of the required 27 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
5. **General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu>.
6. Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the years of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

**Program of study leading to:  
Certificate of Achievement**

**REQUIRED COURSES**

**BEHAVIORAL/FOUNDATIONAL: Complete SIX (6) UNITS from the list below**

		UNITS	In Progress	Completed Grade
ANTHR 2	Cultural Anthropology	3		
HS 1	Introduction to Social Work	3		
PSYCH 1	Introduction to Psychology	3		
CDECE 47	Human Development	3		
SOCIO 1	Introduction to Sociology	3		
PSYCH 14	Abnormal Psychology	3		
<b>Subtotal Units</b>		<b>6</b>		

**IN ADDITION, complete ONE of the following courses:**

ENGL 105 OR	Fundamentals of Writing OR	4 OR		
ENGL 1	Reading and Composition	4		
<b>Subtotal Units</b>		<b>4</b>		

**IN ADDITION, complete the following courses:**

**CORE COURSES**

HS 43	Case Management: Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group and Family Process	3		
HS 50	Law & Ethics	3		
HS 252	Co-Occurring Disorders	3		
<b>Subtotal Units</b>		<b>18</b>		

**IN ADDITION, complete SIX (6) UNITS from the following courses:**

**SKILLS AREA**

HS 40A	Intro to Addictive Behavior	3		
HS 40B	Intro to Addictive Behavior	3		
HS 41	Introduction to Chemical Dependency	3		
HS 45	Stress Management for Case Managers	3		
HS 207	Development of Helping/Listening Skills	3		
HS 242	Conflict Resolution/Mediation	3		
HS 255	Alcohol & Drugs Prevention & Education	3		
HS 260	Domestic Violence Intervention Strategies	3		
<b>Subtotal Units</b>		<b>6</b>		

**Certificate of Achievement requirements continue on the following page:**

**Certificate of Achievement requirements continued from the previous page:**

**IN ADDITION, complete SIX (6) UNITS from the following:**

**FIELDWORK**

^	HS 72A	Fieldwork – Human Services	3		
^	HS 72B	Fieldwork – Human Services	3		
		<b>Subtotal Units</b>	<b>6</b>		
		<b>TOTAL UNITS</b>	<b>40</b>		

For graduation with a **Human Services: Alcohol and Drug Studies Certificate of Achievement:**

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of “C”**, or better, or “P” if course is graded on a P/NP basis.
2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 40 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
3. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu/>) and click the “Important Dates” link to view the actual deadline for each semester.

**Suggested Sequence of Classes**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A suggested full-time sample sequence of courses for the required **60** units to reach an Associate Degree:

<u>First Semester</u>	<u>Units</u>	<u>Second Semester</u>	<u>Units</u>
HS 1	3	HS 46	3
HS 47	3	HS 48	3
G.E. Course	3-5	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
English Course	4		
<b>Total</b>	<b>16 - 20</b>	<b>Total</b>	<b>12 - 16</b>

<u>Third Semester</u>	<u>Units</u>	<u>Fourth Semester</u>	<u>Units</u>
HS 72A OR 72B	2	HS Elective	3
Math Course	3-5	HS Elective	3
HS Elective	3	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
		G.E. Course	3-5
<b>Total</b>	<b>11 - 15</b>	<b>Total</b>	<b>15 - 21</b>

**Program of study leading to:  
Certificates of Accomplishment**

**Certificate: Co Occurring Disorders – Level One 4811**

<u>REQUIRED COURSES</u>		<u>UNITS</u>	<u>In Progress</u>	<u>Completed Grade</u>
PSYCH 1	Introduction to Psychology	3		
PSYCH 14	Abnormal Psychology	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 47	Intervention, Treatment & Recovery	3		
HS 252	Co Occurring Disorders	3		
	<b>TOTAL UNITS</b>	<b>15</b>		

**Certificate of Accomplishment requirements continues on the following page:**

**Certificate of Achievement requirements continued from the previous page:**

**Certificate: Alcohol & Chemical Dependency 4067**

<u>REQUIRED COURSES</u>		UNITS	In Progress	Completed Grade
HS 41	Introduction to Chemical Dependency	3		
HS 43	Case Management – Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 48	Group & Family Process	3		
HS 50	Law & Ethics	3		
<b>TOTAL UNITS</b>		<b>15</b>		

For graduation with a **Certificate of Accomplishment:**

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of “C”**, or better, or “P” if course is graded on a P/NP basis.
2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.
3. Students must complete courses within 3 years.
4. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>.

**Career Opportunities**

Students learn the skills and knowledge necessary to transfer to upper-division programs in social work or human services and be eligible to become employed at the paraprofessional entry level in serving alcohol and drug clients.

This **Certificate of Achievement** will prepare students for an entry-level position in the alcohol/drug treatment field. This certificate fulfills the California Association of Alcohol & Drug Studies (CAADE) and the California Association of Alcohol & Drug Studies Abuse Counselors (CAADAC) academic and work experience requirements. Additional work experience plus passing their test will lead students to becoming Certified Addiction Treatment Counselor (CATC).

This **Associate Degree** will prepare students for an entry-level position in the human services/alcohol and drug treatment field and for career advancement for those already employed in these occupations.

This **Certificate of Accomplishment (Co Occurring Disorder)** will prepare students for work with specialized population of AOD clients.

**Program Mission and Outcomes**

The mission of this program is to prepare students for certification required for entry level positions in the Alcohol & Drug Treatment field. Emphasis is on providing the highest quality/level of education provided by the 8 Certification Boards that offer education and training that lead to Certification. Students are provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Outcomes:

- Develop a psychosocial treatment plan for a client.
- Synthesize the theories and principles of drug and alcohol clinical evaluation, treatment planning, referral, service coordination, counseling, documentation, and professional/ethical responsibilities.

**Legend**

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.