

"As you focus on clearing your generational trauma, don't forget to claim your generational strengths. Your ancestors gave you more than just wounds." Xavier Dagba

IN PARTNERSHIP WITH **THE WAVE TRAUMA CENTRE**, STUDENT EQUITY, HUMAN RESOURCES, FACULTY PROFESSIONAL DEVELOPMENT, AND STUDENT AFFAIRS, LBCC IS OFFERING

Virtual Trauma-Informed Workshops

FOR ALL LBCC STAFF AND FACULTY

Please note that the first three workshops are replicated from the 2022-2023 school year, while the final two workshops include new content that builds off the first three

Introduction to Trauma



Tuesday, October 10th, 2023
10:00 a.m. to 12:00 p.m.

Intergenerational and Racial Trauma



Thursday, November 2nd, 2023
10:00 a.m. to 12:00 p.m.

Trauma and Frontline Workers



Thursday, November 16th, 2023
10:00 a.m. to 12:00 p.m.

Post-Traumatic Growth



Thursday, February 22nd, 2024
10:00 a.m. to 12:00 p.m.

Trauma and Frontline Workers Part II



Thursday, March 21st, 2024
10:00 a.m. to 12:00 p.m.

STUDENTS ONLY

If you require Sign language interpreting services or Communication Access Realtime Translation (CART) services please contact Sonia De La Torre-Iniguez at sdelatoree@lbcc.edu and Stephanie Bonales at least 72 hours prior to the event at (562) 938-4918 or sbonales@lbcc.edu.

FACULTY AND STAFF ONLY

If you require sign language interpreting services, please contact Sonia De La Torre-Iniguez at sdelatoree@lbcc.edu and Rebecca Lucas at rlucas@lbcc.edu at least 5 business days prior to the event.

If you require Communication Access Realtime Translation (CART) services, please contact Sonia De La Torre-Iniguez at sdelatoree@lbcc.edu and Jaymee Hunt at cart@lbcc.edu at least 5 business days prior to the event. *Please note requests are based on provider availability*

Flex Credit Approved Workshop

