




LBC Child Development Center Menu

August 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p>- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p> 	<p>1 AM Cereal w/ Milk Lunch Make Your Own Tostada Refried Beans with Shredded Cheese Tostada Shell Shredded Lettuce Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>2 AM Cereal w/ Milk Lunch BBQ Chicken Seasoned Baked Chicken Corn Muffin Mashed Potatoes Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>3 AM Cereal w/ Milk Lunch Beefy Mac & Cheese Seasoned Ground Beef Macaroni Noodles Broccoli Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>4 AM Cereal w/ Milk Lunch Turkey & Cheese Hoagie Deli Turkey, Sliced American Cheese Wheat Hoagie Celery Sticks w/Ranch Dressing Mayo & Mustard Fruit, Milk</p> <p>PM Crackers w/ Milk</p>
<p>7 AM Cereal w/ Milk Lunch Chicken Burger Breaded Chicken Patty, Wheat Bun Mixed Vegetables Ketchup/Mustard Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>8 AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans with Shredded Cheese Tortilla Chips Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>9 AM Cereal w/ Milk Lunch Cheese Lasagna Cheese Lasagna Wheat Dinner Roll Green Peas Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>10 AM Cereal w/ Milk Lunch Beef & Broccoli Seasoned Beef Broccoli Brown Rice Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>11 AM Cereal w/ Milk Lunch Italian Roll Salami & Pepperoni Swiss Cheese, Wheat Bun Celery Sticks w/Ranch Dressing Mayo & Mustard Fruit, Milk</p> <p>PM Crackers w/ Milk</p>
<p>14 Staff In-Service Training Day</p> <p>Center is Closed</p>	<p>15 AM Cereal w/ Milk Lunch BBQ Chicken Seasoned Baked Chicken Wheat Dinner Roll Corn Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>16 AM Cereal w/ Milk Lunch Spaghetti & Meatballs Whole Wheat Spaghetti with Meatballs Tomato Sauce Green Beans Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>17 AM Cereal w/ Milk Lunch Chicken Fajita Wrap Chicken Fajitas Wheat Tortilla Refried Beans Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>18 AM Cereal w/ Milk Lunch Turkey & Cheese Sandwich Deli Turkey, American Cheese Wheat Bread Carrot Sticks w/Ranch Dressing Mayo & Mustard Fruit, Milk</p> <p>PM Crackers w/ Milk</p>
<p>21 AM Cereal w/ Milk Lunch Beef Ravioli Beef Ravioli in Tomato Sauce Ravioli Pasta, Ground Beef & Cheese Green Peas Fruit, Milk</p> <p>PM Snack Crackers w/ Milk</p>	<p>22 AM Cereal w/ Milk Lunch Chicken Tenders Baked Chicken Tenders Wheat Roll, Potato Wedges Ketchup Fruit, Milk</p> <p>PM Snack Crackers w/ Milk</p>	<p>23 AM Cereal w/ Milk Lunch Macaroni & Cheese Macaroni Noodle with Cheese Sauce Mixed Vegetables Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>24 AM Cereal w/ Milk Lunch Sloppy Joes Seasoned Ground Beef Wheat Roll Sweet Potato Fries, Ketchup Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>25 AM Cereal w/ Milk Lunch Ham & Cheese Sandwich Sliced Ham, Sliced American Cheese Wheat Bread Celery Sticks w/Ranch Dressing Mayo & Mustard Fruit, Milk</p> <p>PM Crackers w/ Milk</p>
<p>28 AM Cereal w/ Milk Lunch Hamburger Hamburger Patty, Wheat Bun Tater Tots Ketchup/Mustard/Mayo Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>29 AM Cereal w/ Milk Lunch Penne Alfredo Diced Chicken, Wheat Penne Pasta Alfredo Sauce Green Beans Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>30 AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans with Shredded Cheese Tortilla Chips Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	<p>31 AM Cereal w/ Milk Lunch Southwest Chicken Seasoned Baked Chicken Wheat Roll Corn Niblets Fruit, Milk</p> <p>PM Crackers w/ Milk</p>	