



What's Happening at CDC-PCC

DATES TO REMEMBER

Tuesday, June 23/Wednesday June 24

Tuesday, June 30

Wednesday, July 1

Friday, July 3

Tuesday, July 7/Wednesday, July 8

Thursday, July 9

Friday, July 10

Wednesday, July 15/Thursday, July 16

August 3 – August 7

Wednesday, August 5

Friday, August 14

Monday, August 17

BIKE DAY in the Quad....Bring protective gear and your favorite bike, trike or scooter!

Evacuation Drill @ 10:00 am

Campout on the yard!

HOLIDAY – Fourth of July – Center/College Closed!

WILD WATER PLAY DAY

Evacuation Drill @ 3:00 PM

Fridays are BACK!!!! If you have NOT done so, please inform the office if you are planning to add Fridays back into your schedule.

BIKE DAY in the Quad... Bring protective gear and your favorite bike, trike or scooter!

BOOK FAIR featuring **Barefoot Books...Celebrating Art and Story**

Barefoot Books takes their inspiration from many different cultures, focusing on themes that encourage independence of spirit, enthusiasm for learning and sharing of the world's diversity.

Save the Date for an Afternoon Picnic and Summer Fundraiser!

Families joining us at CDC-PCC for the next school year are also invited!

Last Day for Summer 2009....Ice Cream Social

First Day of the Fall 2009 semester.

Be sure to check out the following websites:

- ◆ The Child Development Center Website...newsletters, menus, Food Preparation Responses, Reading Responses, calendars: <http://childrencenter.lbcc.edu>
- ◆ To see CDC-PCC photos, visit the site address: <http://pcccdc.shutterfly.com/>
- ◆ Articles from the National Association for the Education of Young Children: www.naeyc.org
- ◆ For activities, events and places to go with children in Southern California: www.kidsguide.info
- ◆ Recalls and Product Safety News: <http://www.cpsc.gov/cpscpub/prerel/prerel.html>
- ◆ Sun Safety: http://kidshealth.org/parent/firstaid_safe/outdoor/sun_safety.html

Rules of Toddler Play...

In their book, *The Baby Whisperer Solves All Your Problems*, Tracy Hogg and Melinda Blau present this list of "8 Rules of Toddler Play"

1. If I like it, it's mine.
2. If it's in my hand, it's mine.
3. If I can take it from you, it's mine.
4. If I had it a little time ago, it's mine.
5. If it's mine, it must never appear to be yours in any way, shape, or form.
6. If I'm doing or building something, all the pieces are mine.
7. If it looks like mine, it's mine.
8. If I think it's mine, it's mine.

From: ExchangeEveryDay - www.childcareexchange.com

Scholastic Chairperson Volunteer

A GREAT BIG Thank You to Wendy Rosenquist and Stedney Phillips for volunteering to be our new Scholastic Chairpersons.

HAPPY BIRTHDAY

June 18 – Ellen Lorence, Office

June 20 – Shonya Jackson, Office



CDC-PCC is now on Twitter!

<http://twitter.com/CDCPCCC>

What is Twitter, you ask?

Twitter is a free social networking and micro-blogging service that enables its users to send and read other users' updates known as *tweets*. Tweets are text-based posts of up to 140 characters in length which are displayed on the user's profile page and delivered to other users who have subscribed to them (known as *followers*). The service is free to use over the Internet, but using SMS may incur phone service provider fees.



STATE PRESCHOOL AND GENERAL CHILD CARE FUNDING

We have some wonderful new information to share with you in regards to some funding we have received from the California Department of Education, Child Development Division (CDE/CDD) which will enable us to provide funding for families in either the full time Preschool Program and/or a 3 hour State Preschool Program. Eligible families can receive care for no cost or on a sliding fee base. There are income ceilings for these programs that a family must meet in order to be eligible (below I have listed the income ceilings for your review).

The attached summary sheet describes the two programs more thoroughly. If you feel you may qualify for subsidized funding, or are receiving funding from an alternate source and want to switch to our direct funding, please send me an e-mail or stop by during the week so we can discuss each individual circumstance.

Schedule of Income Ceilings for Child Care and Development Programs

Family Size	Family Monthly Income	Family Yearly Income
1 – 2	\$3,518	\$42,216
3	\$3,769	\$45,228
4	\$4,188	\$50,256
5	\$4,858	\$58,296
6	\$5,528	\$66,336
7	\$5,653	\$67,836
8	\$5,779	\$69,348
9	\$5,904	\$70,848
10	\$6,030	\$72,360
11	\$6,156	\$73,872
12	\$6,281	\$75,372

Child Care Scholarships Now Available!

The LBCC Foundation and CDC's have applications for the Josephine S. Gumbiner Child Care Scholarships for qualifying students who are currently enrolled in 12 units or more. The scholarship will pay \$500 of your child's tuition at the LBCC – CDC. Please see Stacey Smith or Charline Lang for more details and/or an application.

SUN SAFETY

With the sun's rays constant all year 'round, it is important to make sure you know the best way to protect you and your family. This means that many of us will be stocking up on sun protection products. However, we often find that our sunscreen is not as an effective blocker after it's too late and our skin has already been damaged.

To help educate you and your family about sun protection, here are some common phrases to look for on your sunscreen bottle:

- ❖ **UVB (Ultraviolet B Radiation)** rays penetrate the upper layers of the skin, causing sunburn. UVB is most intense in the summer months between 11:00 am and 3:00 pm. To protect yourself from these rays, make sure you use a product with an SPF of at least 15 (and we recommend SPF 30 for children under age 6).
- ❖ **UVA (Ultraviolet A Radiation)** is a type of radiation from the sun that may cause premature skin aging. It can penetrate the skin and cause damage at deeper levels, even if the skin's surface feels cool. In fact, the level of UVA is almost the same in the winter as it is in the summer. To protect yourself, use a sunscreen that contains a UVA blocker like avobenzene.
- ❖ **SPF:** Always wear products with an SPF (**Sun Protection Factor**) of at least 15 (and we recommend SPF30 for children under age 6). If you're going to be out in the sun longer than an hour, you may want to use an SPF of 30. Also, be aware that SPF indicates the level of protection against UVB (burning rays) and not UVA rays that cause premature skin aging. For the best protection against the sun, look for products that offer broad spectrum protection that contains UVB and UVA filters.
- ❖ **Broad Spectrum Protection:** Sunscreens containing both UVB and UVA filters offer the most coverage against both types of rays. Sunscreens which also contain antioxidant vitamins E and C provide additional protection.

Understanding how to protect you and your family from the sun is the only way to prevent skin damage and premature skin aging. Knowing what to look for in a sunscreen is important. For more information, check out this website to learn the best ways to stay protected in the summer and year 'round.... www.sunsafetyalliance.org

PLEASE APPLY SUNSCREEN TO YOUR CHILD EVERY MORNING; TEACHERS WILL REAPPLY THROUGHOUT THE DAY!

SUMMER 2009 CLASSROOM STAFF....

	Pod C – Room 1	Pod D – Room 2	Pod D – Room 3
<i>Teacher</i>	RaShanda Cook	Markesha Taylor	Carolyn Jura--RashandaCook/Leslie Martinez (thru 6/16)
<i>Associate Teacher</i>	Karen Clay	Natalie Perez	Petra Crane
<i>Child Care Assistant</i>	Raksa Phann	Andrew Tulley	Ruta Niuiia
<i>Child Care Assistant</i>	Nimol Mean	Sotheavotthey Soeung	Jennifer Sampson
<i>Child Care Assistant</i>	Vanessa Contreras	Darlene Woodson	Montoya Whitfield

