

More services to help keep members healthy

Soon our members can access a more comprehensive list of preventive health care services

The health care reform law includes provisions for coverage of preventive health care services. We have reviewed our current coverage of preventive health care services based on the requirements of the health care reform law. Although we already cover many of the required services, we did expand our list to include additional services.

What are the new covered services?

We've added several new screening tests, counseling intervention services and additional services associated with previously covered screenings and vaccines. The following charts include an overview of the covered services. **New and expanded services are listed in bold.**

For more information about preventive health coverage, please contact your local benefits team.

Children – birth to 18 years

Preventive care physical exams are covered, as well as the screenings, tests, counseling and vaccines listed here.

Screenings, tests and counseling	Vaccines
Vision screening	Hepatitis A
Hearing screening	Hepatitis B (expanded coverage)
Oral health screening	Diphtheria, tetanus, pertussis (DtaP)
Screening for lead exposure	Varicella (chicken pox)
Anemia screening	Influenza (flu) (expanded coverage)
Tuberculosis screening	Pneumococcal conjugate (pneumonia)
Pelvic exam and Pap test	Human papillomavirus (HPV)
Newborn screenings (expanded coverage)	Haemophilus influenzae type b (Hib)
Development and behavior tests	Polio
Cholesterol and lipid level screening	Measles, mumps, rubella (MMR)
Screening for depression (expanded coverage)	Meningococcal polysaccharide (expanded coverage)
Obesity screening and counseling (expanded coverage)	Rotavirus
Behavioral counseling to promote a healthy diet (expanded coverage)	
Screening for sexually transmitted infections (expanded coverage)	

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Adults – 19 years and older

Preventive care physical exams are covered, as well as the screenings, tests, counseling and vaccines listed here.

Screenings, tests and counseling	Vaccines
Vision eye chart test	Hepatitis A
Hearing screening	Hepatitis B (expanded coverage)
Cholesterol and lipid level screening	Diphtheria, tetanus, pertussis (DtaP)
Diabetes screening (expanded coverage)	Varicella (chicken pox)
Prostate cancer screening including digital rectal exam and PSA test	Influenza (flu) (expanded coverage)
Breast exam, breast cancer screening and mammography (expanded coverage)	Pneumococcal conjugate (pneumonia)
Pelvic exam and Pap test	Human papillomavirus (HPV)
Screening for sexually transmitted infections (expanded coverage)	Measles, mumps, rubella (MMR)
Screening for HIV (expanded coverage)	Meningococcal polysaccharide
Bone density test to screen for osteoporosis	Herpes zoster (shingles)
Colorectal cancer screening including fecal occult blood test, barium enema, flexible sigmoidoscopy and screening colonoscopy (expanded coverage)	
Aortic aneurysm screening (new)	
Pregnancy screenings including, but not limited to:	
<ul style="list-style-type: none"> • Hepatitis • Asymptomatic bacteriuria • Rh incompatibility • Syphilis • Iron deficiency anemia • Gonorrhea • Chlamydia <p>Note: These services were previously covered under maternity benefits instead of preventive.</p>	
Screening and intervention services (including counseling and education) for:	
<ul style="list-style-type: none"> • Obesity (expanded coverage) • Genetic testing for breast and ovarian cancer (new) • Behavioral counseling to promote a healthy diet (expanded coverage) • Breastfeeding (new) • Aspirin use for the prevention of cardiovascular disease (new) • Tobacco use and diseases caused by tobacco use (new) • Alcohol use (new) 	

Visit these websites to learn more about preventive health care:

www.healthcare.gov/center/regulations/prevention/recommendations.html

www.hhs.gov/

Please note that the preventive health care services, screenings, tests and vaccines listed are not recommended for everyone. You and your health care provider should decide what care is most appropriate.

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