Long Beach City College’s Dance Program has a three-fold mission:

- To provide the general student an opportunity to participate as artists and technicians in a wide variety of dance while offering a basic knowledge and experience of live performance so that they may be informed and enriched as audience members.
- To provide skills and academic lower division requirements to assist students in the successful transfer to universities or to college and conservatory training programs.
- To prepare students for entry level employment in selected areas of the concert dance and entertainment industries.

Under the direction of Sheree King and Stephanie Powell, the Dance Program has evolved to provide the eclectic training needed for the demands of contemporary choreography. Students are challenged yet nurtured to discover their creative voice and to pursue their desired goals. Emphasis is on connecting the mind and body so the student completing the associate’s degree program will become an informed dancer capable of both analyzing and doing.

The Dance Program at Long Beach City College seeks to promote a deeper understanding and appreciation of the underlying principles in all dance, while cultivating standards of excellence in all its students practicing the arts.
Program Areas

There is a home for you in Long Beach City College’s Dance Program. Part of the Department of Theatre, Dance & Film, the Dance Program is known for being on the cutting edge of new trends in dance, offering free master classes, enthusiastic faculty, and a wide range of classes. The Associate of Arts degree in Dance prepares students for careers in performance, teaching, studio operation, and body or physical therapy. Students learn an appreciation of dance as an art form, as well as quality instruction in dance technique, choreography, and aesthetics. Students can take dance courses that are transferable to any four-year college or university.

Along with choreography, ballet, jazz, tap and modern technique classes, the Program offers courses in conditioning for dance / Pilates method, turns, stretch and relaxation. The program also offers Dance Forms Through the Ages, a dance history lecture course which meets the Humanities general education requirement for an associates degree or for transfer credit. In addition, the Dance program has exciting sections of Folk & Ethnic Dance, focusing on Salsa/Swing, Belly dance and African dance.

Student choreographers create their own choreographic works and master their craft through hands-on experience. Dancers gain valuable performance experience while working under the direction of faculty who are active professionally and committed to truly nurturing their students.

Core Courses

- DANCE 1  Dance Forms Through the Ages
- DANCE 3  Musical Theatre Dance
- DANCE 5  Beginning Tap
- DANCE 6  Intermediate Tap
- DANCE 8  Stretch and Relaxation
- DANCE 10  Fundamentals of Ballet
- DANCE 11  Intermediate Ballet
- DANCE 12  Conditioning for Dance—Pilates Method
- DANCE 13  Turns
- DANCE 14  Beginning Modern Dance
- DANCE 17  Intermediate Modern Dance
- DANCE 18  Folk and Ethnic Dance
- DANCE 20  Beginning Dance—Jazz
- DANCE 21  Intermediate Dance—Jazz
- DANCE 31  Solo Choreography
- DANCE 32  Group Choreography
- DANCE 41  Dance Performance
- DANCE 60  Special Projects in Dance

Selected Courses

Additional Information:

Dance students are also encouraged to take appropriate courses in other Department Programs in Theatre and Film. Located at the entertainment capital’s backdoor, with many faculty who are working professionals with industry connections, together with the low cost of tuition makes this program an ideal place to begin.

Please visit: www.lbcc.edu/tdf