These are hard times. Many students may need additional services providing increased assurance for healthy living for themselves and their family. We would like students and staff to be aware of student health services and discounted health insurances available at Long Beach City College as well as low cost health services available in the surrounding community. Medical, dental and vision plans are available to currently registered students.

**Student Health Services**
General health services including community referrals are available through Student Health Services (LAC) Q120 (562) 938-4210 or (PCC) AA104 (526) 938-3992. [http://studenthealth.lbcc.edu/](http://studenthealth.lbcc.edu/)

**Personal Counseling**
All registered students at Long Beach City College have access to Personal Counseling available by setting up an appointment at (LAC) A163 (562) 938-4559 or (PCC) GG100 (562) 938-3922. [http://counseling.lbcc.edu/Personal_Counseling/index.cfm](http://counseling.lbcc.edu/Personal_Counseling/index.cfm)

**Long Beach City College Community Resources Guide**
This resource guide is designed to assist faculty and staff in helping students by providing resource information for services, both on-campus and off-campus. [http://studenthealth.lbcc.edu/documents/lbcc_commresource.pdf](http://studenthealth.lbcc.edu/documents/lbcc_commresource.pdf)

**Discounted Student Health Insurance Plan**
Discounted insurance through Wells Fargo Insurance Services for students registered in a minimum of 9 units. Endorsed by Community College League of California. [https://wfis.wellsfargo.com/CCLC](https://wfis.wellsfargo.com/CCLC)

**Student Insurance**
Discounted insurance and dental/vision plans for students registered in a minimum of 6 units. Endorsed by American Association of Community Colleges.
Select “Domestic Plan”, then select “California”, and view “Brochure” to learn details or “Enrollment Form” (See costs and enroll). [https://studentinsuranceusa.com](https://studentinsuranceusa.com)

*International Students are required to purchase Student Insurance USA. For more information, visit: [http://intl.lbcc.edu](http://intl.lbcc.edu)*

**SmileChoice/Golden West Dental & Vision**
Dental plan provides no-charge X-rays and dentals exams with discounted cleanings and dental services. [www.studentdental.com](http://www.studentdental.com)

Please visit or contact Student Affairs if you have questions at (562) 938-4154 or E213.