





**LBCC Child Development Center Menu
Jan-21**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>*USDA is an Equal opportunity provider and employer *Menu is subject to change *Milk is low fat & unflavored</p>	 <p>^Denotes item is whole-grain/whole wheat</p>			
<p>4</p> <p>AM Cheerios w/ Milk Lunch CRUNCHY CHICKEN TENDERS[^] French Fries Fresh Pear BBQ Sauce/Ketchup Milk</p> <p>PM Goldfish Crackers w/ Milk</p>	<p>5</p> <p>AM Kix Cereal w/ Milk Lunch GARDEN BURGER[^] Baked Beans Fresh Apple Ketchup/Mustard Milk</p> <p>PM Ritz Crackers w/ Milk</p>	<p>6</p> <p>AM Corn Flakes w/ Milk Lunch TURKEY BROWN RICE CASSEROLE[^] Peas Diced Pears Milk</p> <p>PM Animal Crackers w/Milk</p>	<p>7</p> <p>AM Rice Krispies Cereal w/ Milk Lunch CHEESY CHICKEN POTATO BROCCOLI BAKE Spiral Noodles[^] Mixed Fruit Milk</p> <p>PM Cheeze-Itz Crackers w/ Milk</p>	<p>8</p> <p>AM Oatmeal w/ Milk Lunch TURKEY HAM & CHEESE SANDWICH[^] Cheesy Cauliflower Fresh Apple Slices Mustard Milk</p> <p>PM Graham Crackers w/ Milk</p>
<p>11</p> <p>AM Oatmeal w/ Milk Lunch CHEESE PIZZA [^] Broccoli Diced Peaches Milk</p> <p>PM Ritz Crackers w/ Milk</p>	<p>12</p> <p>AM Cheerios w/ Milk Lunch VEGETARIAN CHIK'N NUGGETS Mixed Vegetables Fresh Apple Whole Wheat Dinner Roll[^] Ketchup Milk</p> <p>PM Animal Crackers w/Milk</p>	<p>13</p> <p>AM Kix Cereal w/ Milk Lunch TACO MEAT Soft Tortilla[^] Fiesta Corn Pineapple Tidbits Milk</p> <p>PM Cheeze-Itz Crackers w/ Milk</p>	<p>14</p> <p>AM Corn Flakes w/ Milk Lunch CHEESEBURGER MACARONI[^] Diced Carrots Fresh Kiwi Ketchup Milk</p> <p>PM Graham Crackers w/ Milk</p>	<p>15</p> <p>AM Rice Krispies Cereal w/ Milk Lunch TURKEY CHEESE SANDWICH[^] Potato Rounds Fresh Pear Ketchup Milk</p> <p>PM Goldfish Crackers w/ Milk</p>
<p>18</p> <p>Martin Luther King Jr. Day No School</p> 	<p>19</p> <p>AM Oatmeal w/ Milk Lunch CHEESY CHICKEN POTATO BROCCOLI BAKE Fresh Apple Slices Spiral Noodles[^] Milk</p> <p>PM Ritz Crackers w/ Milk</p>	<p>20</p> <p>AM Cheerios w/ Milk Lunch GARDEN BURGER[^] Mashed Potatoes Pineapple Tidbits Ketchup/Mustard Milk</p> <p>PM Animal Crackers w/Milk</p>	<p>21</p> <p>AM Kix Cereal w/ Milk Lunch CRUNCHY CHICKEN TENDERS[^] Cheesy Cauliflower Diced Peaches BBQ Sauce Milk</p> <p>PM Cheeze-Itz Crackers w/ Milk</p>	<p>22</p> <p>AM Corn Flakes w/ Milk Lunch TURKEY SALAMI CHEESE SANDWICH[^] Green Beans Fresh Orange Mustard Milk</p> <p>PM Graham Crackers w/ Milk</p>
<p>25</p> <p>AM Corn Flakes w/ Milk Lunch 3 CHEESE PANINI[^] Spinach Applesauce Cup Milk</p> <p>PM Cheeze-Itz Crackers w/ Milk</p>	<p>26</p> <p>AM Rice Krispies Cereal w/ Milk Lunch TACO FILLING Tortilla Rounds[^] Refried Beans Diced Pears Taco Sauce Milk</p> <p>PM Graham Crackers w/ Milk</p>	<p>27</p> <p>AM Oatmeal w/ Milk Lunch TERIYAKI CHICKEN Diced Carrots Pineapple Tidbits Whole Wheat Dinner Roll[^] Milk</p> <p>PM Goldfish Crackers w/ Milk</p>	<p>28</p> <p>AM Cheerios w/ Milk Lunch VEGETARIAN CHIK'N NUGGETS Roasted Sweet Potatoes Mixed Fruit Breadstick[^] Ketchup Milk</p> <p>PM Ritz Crackers w/ Milk</p>	<p>29</p> <p>AM Kix Cereal w/ Milk Lunch HERO SANDWICH[^] Broccoli Fresh Apple Milk</p> <p>PM Animal Crackers w/Milk</p>

CDC news, announcements, menu's, etc. are always available on our website:

<https://www.lbcc.edu/child-development-center>