

DIETETICS PROGRAM

Curriculum Guide for Academic Year 2011-2012

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at www.assist.org and **consult a counselor** before beginning a program of study. To meet with a counselor call 562-938-4561 for the LAC, or (562) 938-3920 for PCC. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: Associate in Arts (A.A.) Degree

Dietetic Service Supervisor Program

REQUIRED COURSES

		UNITS	In Progress	Completed Grade
F_N 20	Nutrition and Life	3		
F_N 21	Food Selection and Meal Preparation	4		
F_N 224	Sanitation, Safety and Equipment	3		
F_N 225	Intro. Food Service/Work Organization	3		
F_N 227	Supervision and Training Techniques	3		
F_N 228	Food Production management	3		
F_N 230AC	Clinical Field Experience I (2 semesters required)	4		
F_N 231	Menu Planning and Food Purchasing	3		
† F_N 232	Therapeutic Diets	3		
DIETETIC SERVICE SUPERVISOR PROGRAM TOTAL UNITS		29		

Nutrition Assistant Program

REQUIRED COURSES

		UNITS	In Progress	Completed Grade
† F_N 234	Advanced Nutrition Care	3		
F_N 235	Advanced Medical Nutrition Therapy	3		
† F_N 236	Dietetic Seminar	1		
F_N 240AC	Clinical Field Experience II (2 semesters required)	4		
Subtotal Units		11		
Subtotal Units (Courses from Supervisor Program Above)		29		
NUTRITION ASSISTANT PROGRAM TOTAL UNITS		40		

PLEASE NOTE: A Certificate of Achievement in the Nutrition Assistant Program is not attainable without also earning the Associate Degree. It is recommended to take the required courses in the sequence outlined

For graduation with an **Associate in Arts (A.A.) Degree with a major in Dietetics:**

- Units:** Complete a minimum of 60 units, distributed as follows:

Dietetic Service Supervisor Major:	29 units
General Education/A.A.	25 units
Electives/Other courses:	6 units
TOTAL:	60 units

Associate Degree requirements continue on the following page:

Associate Degree requirements continued from the previous page:

Nutrition Assistant Major:	40 units
General Education/A.A.	25 units
<u>Electives/Other courses:</u>	<u>0 units</u>
TOTAL:	65 units

2. **Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.
3. **Residence for the Degree:** Complete at least 30 units of the required 60 in residence at LBCC, or complete in residence at LBCC at least 20 units within the last 30 units of work applied to the degree.
4. **Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means:
 For the **Dietetic Supervisor program**, complete **at least 15 units** of the required 29 at **Long Beach City College**.
 For the **Nutrition Assistant program**, complete **at least 20 units** of the required 40 at **Long Beach City College**.
 Credit earned by exam, where applicable, may be included.
5. **General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu> . A Nutrition Assistant must have a minimum of an Associate Degree but degree may be from another accredited institution.
6. **Competency Testing Procedures:** Students must also successfully pass a competency examination with 70% accuracy before a Associate Degree is awarded at the conclusion of the DSS and NA programs. Student must contact the Dietetics program Director to arrange for testing once they have completed all program requirements.
7. Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

Unless otherwise noted, "double-counting" is not allowed. That is, one course may not be used to fulfill both a field of concentration requirement and to fulfill a general education requirement.

**Program of study leading to:
Certificate of Achievement**

REQUIRED COURSES—Complete the required courses for the specific program as listed in the Associate Degree requirements box on the first page.

Dietetic Service Supervisor REQUIRED COURSES

TOTAL UNITS Dietetic Supervisor Program 29

In	
Progress	Completed

Nutrition Assistant REQUIRED COURSES

TOTAL UNITS Nutrition Assistant Program 40

In	
Progress	Completed

For graduation with a **Dietetic Service Supervisor or Nutrition Assistant Certificate of Achievement:**

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of "C"**, or P if course is graded on a P/NP basis.
2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means
 For the **Dietetic Service Supervisor program**, complete **at least 15 units** of the required 29 at **LBCC**.
 For the **Nutrition Assistant program**, complete **at least 20 units** of the required 40 at **LBCC**.
 Credit earned by exam, where applicable, may be included.

Certificate of Achievement requirements continued from the previous page:

- Competency Testing Procedures: Students must also successfully pass a competency examination with 70% accuracy before a Certificate of Achievement is awarded at the conclusion of the DSS and NA programs. Student must contact the Dietetics program Director to arrange for testing once they have completed all program requirements.
- The Certificate of Achievement in the **Nutrition Assistant** program is not available without also earning the Associate Degree.
- Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

For both the **Associate in Arts** and the **Certificate of Achievement**, the following courses are recommended, **BUT ARE NOT REQUIRED** to earn either.

RECOMMENDED but not required courses:

F_N 26	Nutrition for the Active Person	1		
F_N 233	Special Topics in Health Care Dietetics	1		
F_N 250	Nutrition for Culinary Arts	2		
F_N 253	Food Handler Certification	1		
F_N 255C	Nutrition for Adults & Aging	1		
F_N 255D	Vegetarian Lifestyle	1		
F_N 256	Weight Control & Energy Balance	2		
F_N 260AD or 361Ad	Cultural Foods	1.5 or .5		
F_N 261AD or 361AD	Creative Cooking	1 or .5		
F_N 262AD or 362AD	Meal Preparation for 1 & 2 Persons OR Cooking for Singles	1.5 or .5		

Recommended for the Natural Sciences Requirement:

BIO 60 (preferred), BIO 2, PHYSI 1, ANAT 1, or any CHEM.

Recommended for the Proficiency in mathematics:

It is recommended that the student complete this proficiency prior to enrollment in F_N 228 and F_N232 by presenting a passing score on the placement test or successful completion of a mathematics course at the level of elementary algebra (MATH 110 or 220) or higher.

Recommended for the Social Sciences Requirement:

SOCIO 1 or PSYCH 1

Suggested Sequence of Classes

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites to be eligible for the sequence of classes.

A typical schedule for first-year fulltime students in the DSS and NA programs as follows:

FALL SEMESTER

F_N 20 °
F_N 21
F_N 224
F_N 230AC
F_N 231

Total: 15 Units

SPRING SEMESTER

F_N 20 °
F_N 225
F_N 227
F_N 228
F_N230AC
F_N 232
14 Units

SUMMER SESSION

F_N 20 °
G.E. Requirement for A.A. Degree

Required for Nutrition Assistant program only:

FALL SEMESTER

F_N 234
F_N 240AC
G.E. Requirements
Total: 5 + G.E. total

SPRING SEMESTER

F_N 235
F_N 236
F_N 240AC
8 + G.E. total

SUMMER SESSION

G.E. Requirement for AA degree

Career Opportunities

This program is designed to train students to be employed as Dietetic Service Supervisors and Nutrition Assistants who function as managers/ supervisors and nutritional care specialists in health care and nutrition related facilities.

DIETETIC SERVICE SUPERVISOR:

The Dietetic Service Supervisor is the food service director of a health care facility, is a member of the dietetic team, functioning under the supervision of a Registered Dietitian, or administrator. This program is the state approved program meeting federal OBRA and Title 22 requirements of the California State Licensing Regulation for food service supervisors in general acute care hospitals, acute psychiatric hospitals, skilled nursing facilities, rehabilitation and convalescent hospitals, and intermediate care facilities. Completers are also employed in community nutrition agencies, school lunch, adult and child nutrition programs. Final competency exams must also be successfully passed at the conclusion of both programs. The students will then have earned both the Associate Degree and the TWO Certificates of Achievement..

Upon successful completion of the program, the student is eligible to apply for a Dietetic Service Supervisor Certificate. The student may also receive the Associate in Arts degree if graduation requirements are completed.

NUTRITION ASSISTANT:

The Nutrition Assistant is a member of the dietetic health care team, functioning under the direction of a Registered Dietitian. This program instructs the student in nutritional care, teaching techniques, nutrition principles, diet modification, nutritional counseling, and food service management. Nutrition Assistants are trained to function as nutritional care specialists in hospitals, clinics, and other health care facilities. Completers are also employed in long-term care, public health settings, child & elder care nutrition programs, weight management programs, W.I.C. and in food service management.

For the Nutrition Assistant Program, students must fulfill the Associate Degree requirements (by completing the Certificates of Achievement for both the Dietetic Service Supervisor and the Nutrition Assistant programs and the graduation requirements). Final competency exams must also be successfully passed at the conclusion of both programs. The students will then have earned both the Associate Degree and the TWO Certificates of Achievement.

Program Mission and Outcomes

The mission of the Dietetics Program at Long Beach City College is the development of the student competency to provide nutritional care services in food service management and clinical nutrition care.

Outcomes:

- Synthesize the theory and principle of clinical nutrition care.
- Manage a Healthcare Kitchen to industry standards.
- Develop and conduct a nutrition presentation within a community agency as identified by the American Dietetic Association.

Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/>) for specific prerequisite information.

° F_N needs to be taken only once but must be taken prior to or concurrently with F_N 232.