

# HUMAN SERVICES: ALCOHOL & DRUG STUDIES

Curriculum Guide for Academic Year 2011-2012

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at [www.assist.org](http://www.assist.org) and **consult a counselor** before beginning a program of study. To meet with a counselor call 562-938-4561 for the LAC, or (562) 938-3920 for PCC. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: <b>Associate in Arts (A.A.) Degree</b>			
<u>REQUIRED CORE COURSES</u>		UNITS	In Progress      Completed Grade
HS 1	Introduction to Social Work	3	<input type="text"/>
HS 46	Physiology & Pharmacology of Drugs	3	<input type="text"/>
HS 47	Intervention, Treatment, & Recovery	3	<input type="text"/>
HS 48	Group & Family Process	3	<input type="text"/>
<b>Subtotal Units</b>		<b>12</b>	<input type="text"/>
<b>IN ADDITION, complete NINE (9) UNITS from the following courses:</b>			
<u>SKILLS AREA</u>		UNITS	
HS 43	Case Management: Treatment & Aftercare	3	<input type="text"/>
HS 45	Stress Management for Case Managers	3	<input type="text"/>
HS 50	Law and Ethics	3	<input type="text"/>
HS 242	Conflict Resolution/Mediation	3	<input type="text"/>
HS 251	HIF & Cultural Competency in Treatment	3	<input type="text"/>
HS 252	Dual Diagnosis: Assessment & Treatment	3	<input type="text"/>
HS 255	Alcohol & Drug Studies: Prevention & Education	3	<input type="text"/>
<b>Subtotal Units</b>		<b>9</b>	<input type="text"/>
<b>IN ADDITION, complete THREE – FOUR (3-4) UNITS from the following:</b>			
<u>WORK EXPERIENCE</u>		UNITS	
^ HS 71AD	Work Experience – Human Services	2	<input type="text"/>
^ HS 72AD	Work Experience – Human Services	3	<input type="text"/>
^ HS 73AD	Work Experience – Human Services	4	<input type="text"/>
<b>Subtotal Units</b>		<b>3 – 4</b>	<input type="text"/>
<b>TOTAL UNITS</b>		<b>24 – 25</b>	<input type="text"/>
For graduation with an <b>Associate in Arts (A.A.) Degree with a major in Human Services-Alcohol &amp; Drug Studies:</b>			
1. <b>Units:</b> Complete a minimum of 60 units, distributed as follows:			
		<b>HS: Alc. &amp; Drug Studies Major:</b>	24 – 25 units
		<b>General Education/A.A.</b>	25 units
		<b>Electives/Other courses:</b>	10 – 11 units
		<b>TOTAL:</b>	60 units
<b>Associate Degree requirements continue on the following page:</b>			

**Associate Degree requirements continued from the previous page:**

- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.
- Residence for the Degree:** Complete at least 30 units of the required 60 in residence at LBCC, or complete in residence at LBCC at least 20 units within the last 30 units of work applied to the degree.
- Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 12 – 13 units** of the required 24 – 25 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
- General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu>.
- Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

Unless otherwise noted, "double-counting" is not allowed. That is, one course may not be used to fulfill both a field of concentration requirement and to fulfill a general education requirement.

**Program of study leading to:  
Certificate of Achievement**

**REQUIRED COURSES**

**BEHAVIORAL/FOUNDATIONAL: Complete SIX (6) UNITS from the following courses:**

		UNITS	In Progress	Completed Grade
ANTHR 2	Cultural Anthropology	3		
HS 1	Introduction to Social Work	3		
PSYCH 1	Introduction to Psychology	3		
CDECE 47	Human Development	3		
SOCIO 1	Introduction to Sociology	3		
PSYCH 14	Abnormal Psychology	3		
<b>Subtotal Units</b>		<b>6</b>		

**IN ADDITION, complete the following courses:**

**CORE COURSES**

		UNITS		
HS 43	Case Management: Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group and Family Process	3		
HS 50	Law & Ethics	3		
HS 252	Co-Occurring Disorders	3		
<b>Subtotal Units</b>		<b>18</b>		

**IN ADDITION, complete SIX (6) UNITS from the following courses:**

**SKILLS AREA**

		UNITS		
HS 41	Introduction to Chemical Dependency	3		
HS 45	Stress Management for Case Managers	3		
HS 242	Conflict Resolution/Mediation	3		
HS 251	HIV & Cultural Competency in Treatment	3		
HS 255	Alcohol & Drug Studies: Prevention & Education	3		
<b>Subtotal Units</b>		<b>6</b>		

**Certificate of Achievement requirements continue on the following page:**

**Certificate of Achievement requirements continued from the previous page:**

**IN ADDITION, complete SIX (6) UNITS from the following:**

**WORK EXPERIENCE**

^	HS 71AD	Work Experience – Human Services
^	HS 72AD	Work Experience – Human Services
^	HS 73AD	Work Experience – Human Services

**UNITS**

	2		
	3		
	4		
<b>Subtotal Units</b>	<b>6</b>		
<b>TOTAL UNITS</b>	<b>36</b>		

For graduation with a **Human Services: Alcohol and Drug Studies Certificate of Achievement:**

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of “C”**, or better, or “P” if course is graded on a P/NP basis.
2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 18 units** of the required 36 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
3. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the “Important Dates” link to view the actual deadline for each semester.

**Suggested Sequence of Classes**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A suggested full-time sample sequence of courses for the required **60** units to reach an Associate Degree:

**First Semester**

HS 1	3
HS 47	3
G.E. Course	3-5
G.E. Course	3-5
English Course	3
<b>Total</b>	<b>15 – 19</b>

**Second Semester**

HS 46	3
HS 48	3
G.E. Course	3-5
G.E. Course	3-5
<b>Total</b>	<b>12 – 16</b>

**Third Semester**

HS 71AD OR 72AD	2
Math Course	3-5
HS Elective	3
G.E. Course	3-5
<b>Total</b>	<b>11 – 15</b>

**Fourth Semester**

HS Elective	3
HS Elective	3
G.E. Course	3-5
G.E. Course	3-5
G.E. Course	3-5
<b>Total</b>	<b>15 – 21</b>

**Program of study leading to:  
Certificates of Accomplishment**

**Certificate: Co Occurring Disorders – Level One 4811**

**REQUIRED COURSES**

Psych 1	Introduction to Psychology
Psych 14	Abnormal Psychology
HS 46	Physiology & Pharmacology of Drugs
HS 47	Intervention, Treatment & Recovery
HS 252	Co Occurring Disorders

UNITS	In Progress	Completed Grade
3		
3		
3		
3		
3		
<b>TOTAL UNITS</b>	<b>15</b>	

**Certificates of Accomplishment continued on the following page.**

Certificates of Accomplishment continued from the previous page.

**Certificate: Alcohol & Chemical Dependency 4067**

<u>REQUIRED COURSES</u>		UNITS	In Progress	Completed Grade
HS 41	Introduction to Chemical Dependency	3		
HS 43	Case Management – Treatment & Aftercare	3		
HS 46	Physiology & Pharmacology of Drugs	3		
HS 48	Group & Family Process	3		
HS 50	Law & Ethics	3		
<b>TOTAL UNITS</b>		<b>15</b>		

For graduation with a **Certificate of Accomplishment**:

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of “C”**, or better, or “P” if course is graded on a P/NP basis.
2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.
3. Students must complete courses within 3 years.
4. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> .

### Career Opportunities

Students learn the skills and knowledge necessary to transfer to upper-division programs in social work or human services and be eligible to become employed at the paraprofessional entry level in serving alcohol and drug clients.

This **Certificate of Achievement** will prepare students for an entry-level position in the alcohol/drug treatment field. This certificate fulfills the California Association of Alcohol & Drug Studies (CAADE) and the California Association of Alcohol & Drug Studies Abuse Counselors (CAADAC) academic and work experience requirements. Additional work experience plus passing their test will lead students to becoming Certified Addiction Treatment Counselor (CATC).

This **Associate Degree** will prepare students for an entry-level position in the human services/alcohol and drug treatment field and for career advancement for those already employed in these occupations.

This **Certificate of Accomplishment (Co Occurring Disorder)** will prepare students for work with specialized population of AOD clients.

### Program Mission and Outcomes

Fulfillment of state approved certification requirements of California for job placement and workforce development.

Outcomes:

- Develop a psychosocial treatment plan for a client.
- Synthesize the theories and principles of drug and alcohol clinical evaluation, treatment planning, referral, service coordination, counseling, documentation, and professional/ethical responsibilities.

### Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/courseetails/>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.