

# CULINARY ARTS

## Curriculum Guide for Academic Year 2012-2013

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at [www.assist.org](http://www.assist.org) and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or (562) 938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

### Program of study leading to: Associate in Science (A.S.) Degree

<b>REQUIRED COURSES (listed below in recommended sequence)</b>			<b>UNITS</b>	<b>In Progress</b>	<b>Completed Grade</b>
	F_N 250	Nutrition for Culinary Arts	2		
	CULAR 20AD	Applied Food Services-Sanitation in Hotel & Rest. Mgt.	3		
	CULAR 200AD	Introduction to Chocolate	1		
†G	CULAR 202	Culinary Skills and Principles	5.5		
†	CULAR 211	Garde Manger	5.5		
†	CULAR 212	Classical Cuisine	5.5		
G	CULAR 271AD	Work Experience: Food Services ( 2 Semesters/2 units per semester	4		
<b>Subtotal Units</b>			<b>26.5</b>		
<b>IN ADDITION, complete TWELVE (12) units from the following:</b>			<b>UNITS</b>	<b>In Progress</b>	<b>Completed Grade</b>
†	CULAR 214	Professional Gourmet Cooking	3		
†	CULAR 215	Commercial Formal Buffet	3		
†	CULAR 216	American Regional Cuisine	3		
†	CULAR 217	Vegetarian and Specialty Cuisine	3		
†	CULAR 218	Asian Cuisine	3		
†	CULAR 219	World Cuisine	3		
<b>Subtotal Units</b>			<b>12</b>		
<b>TOTAL UNITS</b>			<b>38.5</b>		

*Associate Degree requirements continue on the following page:*

**Associate Degree requirements continued from the previous page:**

For graduation with an **Associate in Science (A.S.) Degree with a major in Culinary Arts:**

1. **Minimum Total Units:** Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

<b>Culinary Arts Major:</b>	38.5 units
<b>General Education/A.S.</b>	19 units
<b>Minimum Total Units:</b>	60 units

2. **Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.
3. **Residence for the Degree:** Complete at least 30 units of the required 60 in residence at LBCC, or complete in residence at LBCC at least 20 units within the last 30 units of work applied to the degree.  
**Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 38.5 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included
4. **General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu>.
5. Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

**Program of study leading to:  
Certificate of Achievement**

**REQUIRED COURSES**—Complete the 38.5 units of required courses as listed in the Associate Degree requirements box on the first page.

**REQUIRED COURSES**

		In Progress	Completed
<b>TOTAL UNITS</b>	<b>38.5</b>		

For graduation with a **Culinary Arts Certificate of Achievement:**

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of "C"** or better, or "P" if course is graded on a P/NP basis.
2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 38.5 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
3. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

For both the **Associate in Arts** and the **Certificate of Achievement**, the following courses are recommended, **BUT ARE NOT REQUIRED** to earn either.

**RECOMMENDED but not required courses:**

MATH 805	Modern Arithmetic	4		
COSA 1	Computer Information Competency	1		
COSA 45	Internet For Office and Personal Use	2		
†Ⓞ CULAR 204	Introduction to Baking	5		
† CULAR 205	Baking and Pastry I	5		
† CULAR 206	Baking and Pastry II	5		
† CULAR 207	Commercial Cake Decorating	5		
CULAR 298	Viennese Pastries	3		

**Suggested Sequence of Classes**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

Completing the Culinary Arts Certificate of Achievement in three (3) semesters:

<u>First Semester</u>	<u>Units</u>	<u>Second Semester</u>	<u>Units</u>
F_N 250	2	CULAR 211	5.5
CULAR 20AD	3	CULAR 216	3
CULAR 200AD	1	CULAR 217	3
CULAR 202	5.5	CULAR 271AD	2
<b>Semester Total</b>	<b>11.5</b>	<b>Semester Total</b>	<b>13.5</b>
<b><u>Third Semester</u></b>			
CULAR 212	5.5		
CULAR 218	3		
CULAR 219	3		
CULAR 271AD	2		
<b>Semester Total</b>	<b>13.5</b>		

Completing the Culinary Arts Associate in Science (A.S.) Degree in four (4) semesters:

<u>First Semester</u>	<u>Units</u>	<u>Second Semester</u>	<u>Units</u>
F_N 250	2	CULAR 202	5.5
CULAR 20AD	3		
CULAR 200AD	1		
<b>Semester Total</b>	<b>6 + G.E</b>	<b>Semester Total</b>	<b>5.5 + G.E</b>
<b><u>Third Semester</u></b>		<b><u>Fourth Semester</u></b>	
CULAR 211	5.5	CULAR 212	5.5
CULAR 216	3	CULAR 218	3
CULAR 217	3	CULAR 219	3
CULAR 271AD	2	CULAR 271AD	2
<b>Semester Total</b>	<b>13.5 + G.E</b>	<b>Semester Total</b>	<b>13.5 + G.E.</b>

Program of study leading to:  
**Certificates of Accomplishment**

**Certificate: Introduction to Culinary Arts 4147**

<u>REQUIRED COURSES</u>		UNITS	In Progress	Completed Grade
F_N 250	Nutrition for Culinary Arts	2		
CULAR 20AD	Applied Food Service Sanitation in Hotel/Rest. Mgt	3		
†C CULAR 202	Culinary Skills and Principles	5.5		
<b>TOTAL UNITS</b>		<b>10.5</b>		

**Certificate: Garde Manger 4148**

<u>REQUIRED COURSES</u>		UNITS	In Progress	Completed Grade
† CULAR 211	Garde Manager	5.5		
<b>TOTAL UNITS</b>		<b>5.5</b>		

**Certificate: Classical Cuisine 4149**

<u>REQUIRED COURSES</u>		UNITS	In Progress	Completed Grade
† CULAR 212	Classical Cuisine	5.5		
<b>TOTAL UNITS</b>		<b>5.5</b>		

For graduation with a **Certificate of Accomplishment**:

1. Complete the above required courses with a minimum grade of "C", or "P" if course is graded on a P/NP basis.
2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.

Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu>.

**Career Opportunities**

Students learn skills for positions in food preparation for institutional, restaurant airline catering, convention center, cruise line, supermarket, and hotel restaurant-type food operations. Students will enhance their skills in a variety of cooking techniques.

## Program Mission and Outcomes

The Mission of the Culinary Arts Program is to provide to our community industry-standard, occupational, entry-level skills in the Culinary Arts, and to improve the understanding of culinary fundamentals with hands-on training using traditional and state-of-the-art techniques and equipment, with an emphasis on industry-standard safety and sanitation practices.

### Outcomes:

- Propose and assemble a complete three (3) course meal from a given set of ingredients, and select the most appropriate tools and equipment for each task.
- Compare and contrast the different knives used in a kitchen and effectively demonstrate their uses with competence.
- Analyze a plated meal, distinguish the different cooking techniques and methods used in its preparation, and critique the flavor, the plating, and the garnish.
- Demonstrate industry-standard kitchen safety and sanitation practices.

## Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/>) for specific prerequisite information.

Ⓒ This course has a co-requisite.