

### Table of Contents

Associate in Arts Degree, p. 1  
 Certificate of Achievement, p. 3  
 Suggested Sequence of Classes, p. 3  
 Certificate of Accomplishment, p. 3  
     Activity/Recreation Leadership Training, p. 3  
 Career Opportunities, p. 4  
 Program Mission and Outcomes, p. 4  
 Legend, p. 4

Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at [www.assist.org](http://www.assist.org) and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: <b>Associate in Arts (A.A.) Degree</b>			In Progress	Completed Grade
<b><u>REQUIRED CORE COURSES</u></b>			<b>UNITS</b>	
HS 1	Introduction to Social Work	3		
HS 43 <b>OR</b>	Case Management: Treatment & Aftercare <b>OR</b>	3		
HS 50	Law & Ethics	3		
HS 207	Development of Helping & Listening Skills	3		
<b>Complete FOUR – EIGHT (4 – 8) UNITS from the following:</b>				
^ HS 71AD	Work Experience – Human Services	2		
^ HS 72AD	Work Experience – Human Services	3		
^ HS 73AD	Work Experience – Human Services	4		
<b>Subtotal Units</b>		<b>13 – 17</b>		
<b><u>IN ADDITION, complete TEN – FOURTEEN (10 – 14) UNITS from any of the following courses, for a total of 23 – 31 UNITS (Emphasis on ONE GROUP is recommended):</u></b>			<b>UNITS</b>	
<b>GERONTOLOGY GROUP</b>				
F_N 20	Nutrition & Life	3		
HS 26	Introduction to Gerontology	3		
HS 45	Stress Management for Case Managers	3		
<b>CRIMINAL JUSTICE GROUP</b>				
ADJUS 12	Crime & Delinquency	3		
ADJUS 14	Juvenile Law and Procedures	3		
ADJUS 20	Introduction to Corrections	3		
HS 7	Introduction to Victimology	3		
HS 40A	Introduction to Addictive Behaviors	3		
HS 40B	Introduction to Addictive Behaviors	3		
HS 41	Introduction to Chemical Dependency	3		
HS 43	Case Management: Treatment & Aftercare	3		
HS 46	Physiology and Pharmacology of Drugs	3		
SOCIO 11	Race and Ethnic Relations in the U.S.	3		
<b>DOMESTIC VIOLENCE GROUP</b>				
ADJUS 253	Understanding Domestic Violence	3		
HS 43	Case Management: Treatment & Aftercare	3		
HS 50	Law & Ethics	3		
HS 260	Domestic Violence Intervention Strategies	3		

**Associate Degree requirements continue on the following page:**

**Associate Degree requirements continued from the previous page:**

**GENERAL HUMAN SERVICES GROUP**

ECON 1	Macro Economic Analysis	3		
HS 15	Social Welfare: People with Disabilities	3		
HS 40A	Introduction to Addictive Behaviors	3		
HS 40B	Introduction to Addictive Behaviors	3		
HS 43	Case Management: Treatment & Aftercare	3		
HS 45	Stress Management for Case Managers	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group and Family Process	3		
HS 50	Law and Ethics	3		
HS 252	Co-Occurring Disorders	3		
HS 260	Domestic Violence Intervention Strategies	3		
PUBAD 1	Intro. to Public Administration	3		
SOCIO 2	Modern Social Problems	3		
COMM 20	Elements of Communication	3		

**FAMILY SERVICES GROUP**

ADJUS 253	Understanding Domestic Violence	3		
CDECE 47	Human Development	3		
FACS 50	Consumer Awareness	3		
FACS 64	Life Management	3		
HS 15	Social Welfare: People with Disabilities	3		
HS 40A	Introduction to Addictive Behaviors	3		
HS 40B	Introduction to Addictive Behaviors	3		
HS 47	Intervention, Treatment, & Recovery	3		
HS 48	Group and Family Process	3		
HS 242	Conflict Resolution/Mediation	3		
HS 260	Domestic Violence Intervention Strategies	3		
SOCIO 11	Race and Ethnic Relations in the U.S.	3		
SOCIO 40	Sociology of the Family	3		

**Subtotal Units 10-14**  
**TOTAL UNITS 23-31**

For graduation with an **Associate in Arts (A.A.) Degree with a major in Human Services:**

- Minimum Unit Requirements:** Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

<b>Human Services Major:</b>	23-31	units
<b>General Education/A.A.</b>	25	units
<b>Minimum Total Units:</b>	60	units

- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.
- Residence for the Degree:** Complete at least 30 units of the required 60 in residence at LBCC, or complete in residence at LBCC at least 20 units within the last 30 units of work applied to the degree.
- Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 12 - 16 units** of the required 23 - 31 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
- General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu>.
- Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the year of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment". Unless otherwise noted, "double-counting" is not allowed. That is, one course may not be used to fulfill both a field of concentration requirement and to fulfill a general education requirement.

Program of study leading to:  
**Certificate of Achievement**

**REQUIRED COURSES**—Complete the 23-31 units of required courses as listed in the Associate Degree requirements box on the first page.

<b><u>REQUIRED COURSES</u></b>	<b>TOTAL UNITS</b>	<b>23-31</b>	<b>In Progress</b>	<b>Completed</b>

For graduation with a **Human Services Certificate of Achievement**:

1. Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of “C”**, or better, or “P” if course is graded on a P/NP basis.
2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 12-16 units** of the required 23-31 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
3. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the “Important Dates” link to view the actual deadline for each semester.

**Suggested Sequence of Classes**

This is not an educational plan, as course offerings, student schedules, and circumstances vary. Students must meet all the prerequisites in order to be eligible for the sequence of courses.

A suggested full-time sample sequence of courses for the required **60** units to reach an Associate Degree:

<b><u>First Semester</u></b>	<b><u>Units</u></b>	<b><u>Second Semester</u></b>	<b><u>Units</u></b>
HS 1	3	HS 207	3
English Course	3	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
G.E. Course	3-5	HS Elective	3
HS Elective	3		
<b>Total</b>	<b>15 – 19</b>	<b>Total</b>	<b>12 – 16</b>
<b><u>Third Semester</u></b>	<b><u>Units</u></b>	<b><u>Fourth Semester</u></b>	<b><u>Units</u></b>
HS 71AD OR 72AD	2	HS Elective	3
Math Course	3-5	HS Elective	3
HS Elective	3	G.E. Course	3-5
G.E. Course	3-5	G.E. Course	3-5
		G.E. Course	3-5
<b>Total</b>	<b>11 – 15</b>	<b>Total</b>	<b>15 – 21</b>

Program of study leading to:  
**Certificate of Accomplishment**

**Certificate: Activity/Recreation Leadership Training 4068**

<b><u>REQUIRED COURSES</u></b>	<b>UNITS</b>	<b>In Progress</b>	<b>Completed Grade</b>
HS 253                      Activity/Recreation Leadership Training	3		
<b>TOTAL UNITS</b>	<b>3</b>		

For graduation with a **Certificate of Accomplishment**:

1. Complete the above required units with a minimum grade point average of 2.0 (“C” average).
2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.
3. Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> .

## Career Opportunities

Students learn the skills and knowledge necessary to transfer to upper division programs in social work or human services and to be employed at the paraprofessional entry level in social work and human services agencies.

This **Certificate of Achievement** will prepare students for an entry-level position in the human services/social work field.

This **Associate Degree** will prepare students for an entry-level position in the human services/social work field and for career advancement for those already employed in these occupations.

## Program Mission and Outcomes

The mission of this program is to prepare students for careers in the helping professions, prepare students for the first two years of their transferrable Human Services education and enhance the skills of persons already employed in this field. In addition, students are provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Outcomes:

- Develop a psychosocial treatment plan for a client.
- Analyze information and assess level of crisis intervention needed to best meet client needs.

## Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.