

Hours per Week on Base (18-week) Calendar

Class Length on a 16-Week Compressed Calendar

	Calculated Hours per Week	Closest Possible Hours per Week	Number of Class Meetings per Week	Closest Possible Student Contact Hours per Class Meeting	Sample Start-Stop Times T fits morning time blocks
2 hrs	2.25 hrs	2.3 hrs	1 day/wk	2.3 hrs (125 min)	8:00-10:05 a.m. <i>Includes one 10-min break</i>
			2 day/wk	1.2 hrs	nonproductive; do not use
3 hrs	3.38 hrs	3.4 hrs	1 day/wk	3.4 hrs (190 min)	1:00-4:10 p.m. <i>Includes two 10-min breaks</i>
		3.4 hrs	2 day/wk	1.7 hrs (85 min)	8:00-9:25 a.m.T <i>No breaks</i>
			3 day/wk	1.2 hrs	nonproductive; do not use
4 hrs	4.50 hrs	4.5 hrs	1 day/wk	4.5 hrs (255 min)	1:00-5:15 p.m. <i>Includes three 10-min breaks</i>
		4.6 hrs	2 day/wk	2.3 hrs (125 min)	8:00-10:05 a.m. <i>Includes one 10-min break</i>
		4.5 hrs	3 day/wk	1.5 hrs (75 min)	8:00-9:15 a.m.T <i>No breaks</i>
			4 day/wk	1.2 hrs	nonproductive; do not use
5 hrs	5.63 hrs	5.6 hrs	1 day/wk	5.6 hrs (320 min)	12:00-5:20 p.m. <i>Includes four 10-min breaks</i>
		5.6 hrs	2 day/wk	2.8 hrs (150 min)	8:00-10:30 a.m. <i>Includes one 10-min break</i>
		5.7 hrs	3 day/wk	1.9 hrs (95 min)	8:00-9:35 a.m. <i>No breaks</i>
		5.6 hrs	4 day/wk	1.4 hrs (70 min)	8:00-9:10 a.m.T <i>No breaks</i>
			5 day/wk	1.2 hrs	nonproductive; do not use
6 hrs	6.75 hrs	6.8 hrs	1 day/wk	6.8 hrs (390 min)	12:00-6:30 p.m. <i>Includes five 10-min breaks</i>
		6.8 hrs	2 day/wk	3.4 hrs (190 min)	8:00-11:10 a.m. <i>Includes two 10-min breaks</i>
		6.9 hrs	3 day/wk	2.3 hrs (125 min)	8:00-10:05 a.m. <i>Includes one 10-min break</i>
		6.8 hrs	4 day/wk	1.7 hrs (85 min)	8:00-9:25 a.m.T <i>No breaks</i>
		7.0 hrs	5 day/wk	1.4 hrs (70 min)	8:00-9:10 a.m.T <i>No breaks</i>
			6 day/wk	1.2 hrs	nonproductive; do not use

10/01
3/08