ASSOCIATE IN ARTS IN KINESIOLOGY FOR TRANSFER
Curriculum Guide for Academic Year 2017-2018

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Resources available for transfer students:
Academic Counselors (Call 562-938-4561 at LAC or 562-938-3920 at PCC);
Transfer Center (562-938-4670 at LAC, 562-938-3920 at PCC);
ASSIST web site at www.assist.org.

Program of study leading to:
Associate in Arts (AA-T) Degree

<table>
<thead>
<tr>
<th>REQUIRED COURSES:</th>
<th>C-ID</th>
<th>CSU GE Area</th>
<th>IGETC Area</th>
<th>Units</th>
<th>In Progress</th>
<th>Completed Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINPP 1</td>
<td></td>
<td></td>
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<tr>
<td>ANAT 1</td>
<td></td>
<td>B2, B3</td>
<td></td>
<td>5B</td>
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<tr>
<td>† PHYSI 1</td>
<td></td>
<td>B2, B3</td>
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<td>5B</td>
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<td></td>
<td>Subtotal Units 12</td>
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IN ADDITION, complete ONE (1) course from at least THREE (3) different areas of the following (3 units minimum). All movement based courses must be articulated as lower division preparation for the Kinesiology program:

AQUATICS
KING 76 Swimming

COMBATIVES
KING 65 Martial Arts
KING 66 Self-Defense

FITNESS
KINPF 6 Dance Aerobics
KINPF 14 Yoga
KINPF 17 Jogging
KINPF 17B Jogging
KINPF 18 Triathlon Training
KINPF 21 Low Impact Aerobics
KINPF 22 Physical Fitness
KINPF 42 Swimming Fitness
KINPF 54 Weight Training

INDIVIDUAL SPORTS
KING 10 Badminton
KING 10B Badminton
KING 84 Tennis

TEAM SPORTS
KING 2 Ultimate Frisbee
KING 14 Basketball
KING 14B Basketball
KING 70 Soccer
KING 70B Soccer
KING 74 Softball
KING 86 Touch Football
KING 90 Volleyball
KING 90B Volleyball
KING 92 Sand Volleyball
IN ADDITION, complete TWO (2) courses from LIST A:

<table>
<thead>
<tr>
<th>Course</th>
<th>Units</th>
<th>Grade</th>
<th>Notes</th>
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</thead>
<tbody>
<tr>
<td>STAT 1/1H Elementary Statistics/Honors</td>
<td>4</td>
<td>B</td>
<td></td>
</tr>
<tr>
<td>CHEM 1A General Chemistry OR CHEM 3 Introduction to Gen, Organic &amp; Biochemistry</td>
<td>4A</td>
<td>5A</td>
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</tr>
<tr>
<td>PHYS 2A General Physics</td>
<td>5</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>PHYS 3A Physics for Sci. &amp; Eng. -Mechanics</td>
<td>5A</td>
<td>5A</td>
<td></td>
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<tr>
<td>KINPP 23 First Aid and Safety Education</td>
<td>3</td>
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</tbody>
</table>

Subtotal Units 22

IN ADDITION to the above major courses, students are also required to obtain general education certification and meet other degree requirements as specified below.

General Education Certification Requirements
Completion of EITHER the California State University General Education-Breadth pattern (CSU GE Breadth) OR the Intersegmental General Education Transfer Curriculum (IGETC) pattern IS REQUIRED. For general education patterns, visit the following web site: http://osca.lbcc.edu/genedplan.cfm, or the LBCC catalog. After completion of the General Education Pattern students must request GE certification. Consult with a counselor for more information about the GE Certification process.

Other Degree Requirements
1. Minimum Unit Requirements: Complete a minimum of 60 transferable units. Please note that additional units may be required to meet this minimum based upon courses selected to fulfill CSU-GE Breadth Pattern or the IGETC Pattern.

If following CSU-GE Breadth Pattern
Kinesiology Units 22-25.5
CSU-GE Breadth Units 39
Minimum Required 60

If following IGETC Pattern
Kinesiology Units 22-25.5
IGETC Pattern Units 37
Minimum Required 60

**Double-Counting of Units**: SB 1440 Regulations allow for double-counting of major requirements towards CSU-GE Breadth or IGETC patterns, and 9-14 units of the Kinesiology for Transfer coursework can be applied to the CSU-GE Breadth or IGETC patterns.

2. Minimum grade and GPA requirements: Maintain an overall grade point average (GPA) of 2.0 (“C” average) in all CSU-transferable coursework. For the major complete each course with a grade of “C” or better, or “P” if course is graded on a P/NP basis.

3. Residence for the Degree: Complete at least 12 units of the required 60 in residence at LBCC.

4. Degree Application: Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at http://admissions.lbcc.edu/. Refer to the Schedule of Classes (http://schedule.lbcc.edu) and click the “Important Dates” link to view the actual deadline for each semester.

Program Description

Program Description: The Associate in Arts in Kinesiology for Transfer is designed to prepare students with a general education in the principles, concepts and methodologies of Kinesiology. This degree is designed to increase students’ awareness, understanding and knowledge of the broad range of career paths within the field of Kinesiology and to prepare them for seamless transfer to a California State University.
Program Mission Statement and Outcomes

Program Mission Statement: In support of the college mission statement, the Kinesiology Department’s Associate Degree for Transfer (AD-T) Curriculum offers lower division courses that prepare scholarly and highly skilled practitioners with current knowledge and resources to meet their present and future program needs. The Kinesiology Department prepares scholars-practitioners committed to theory and practice in diverse settings with populations from a variety of social and cultural contexts.

Outcomes:

- Demonstrate proficiency in skills needed in activities commonly included in a human movement program.
- Examine and evaluate physical activities and their relationships to wellness and fitness.
- Recognize various career opportunities in the field of human movement.

Legend

† This course has a prerequisite; prerequisite courses must be completed with at least a “C” or “P” grade. Refer to the General Catalog (http://www.lbcc.edu/cat/index.html), the Schedule of Classes (http://schedule.lbcc.edu/), or the online Credit Course Outline (http://wdb-asis.lbcc.edu/coursecurriculum/coursedetails/ ) for specific prerequisite information.