

HUMAN SERVICES ADDICTION STUDIES

Curriculum Guide for Academic Year 2020-2021

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at www.assist.org and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: **Associate in Arts (A.A.) Degree**

| REQUIRED CORE COURSES | | UNITS | In Progress | Completed Grade |
|---|--|--------------|--------------------|------------------------|
| HS 41 | Introduction to Chemical Dependency | 3 | | |
| HS 43 | Case Management: Treatment & Aftercare | 3 | | |
| HS 50 | Law and Ethics | 3 | | |
| HS 252 | Co-Occurring Disorders | 3 | | |
| In Addition, complete the following courses: | | | | |
| HS 46 | Physiology & Pharmacology of Drugs | 3 | | |
| HS 47 | Intervention, Treatment, & Recovery | 3 | | |
| HS 48 | Group & Family Process | 3 | | |
| PSYCH 1/1H | Introduction to Psychology/Honors | 3 | | |
| PSYCH 14 | Abnormal Psychology | 3 | | |
| HS 153 | Multicultural and Diverse Populations | 3 | | |
| HS 162 | Additional Counseling Skills | 3 | | |
| In Addition, complete the fieldwork & seminars: | | | | |
| † HS 72A | Field and Instruction Seminar I | 3.5 | | |
| † HS 72B | Field and Instruction Seminar II | 3.5 | | |
| TOTAL UNITS | | 40 | | |

- Minimum Unit Requirements:** Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

HS: Addiction Studies Major: 40 units
 General Education/A.A. 25 units

- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course graded on a P/NP basis.
- Residence for the Degree:** Complete at least 12 semester units of the required 60 semester units in residence at Long Beach City College in order for the college to grant an Associate of Arts and/or an Associate of Science Degree.
- Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 40 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
- General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu>.

Associate Degree requirements continued from the previous page:

- Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the years of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

The Following is the Sequence of Courses the HS has listed as needed for HUMAN SERVICES: ADDICTION STUDIES curriculum guide:

| <u>REQUIRED CORE COURSES</u> | UNITS | In Progress | Completed Grade |
|--|-----------|-------------|-----------------|
| First Semester (Fall) | | | |
| HS 41 Introduction to Chemical Dependency | 3 | | |
| HS 50 Case Management: Treatment & Aftercare | 3 | | |
| HS 162 Law and Ethics | 3 | | |
| Interession (Winter/Summer) | | | |
| PSYCH 1/1H Introduction to Psychology/Honors | 3 | | |
| Second Semester (Spring) | | | |
| HS 252 Co-Occurring Disorders | 3 | | |
| HS 43 Case Management: Treatment & Aftercare | 3 | | |
| HS 48 Group & Family Process | 3 | | |
| Interession (Summer/Winter) | | | |
| PSYCH 14 Abnormal Psychology | 3 | | |
| Third Semester (Fall) | | | |
| HS 72A Field and Instruction Seminar I | 3.5 | | |
| HS 47 Intervention, Treatment, & Recovery | 3 | | |
| HS 153 Multicultural and Diverse Populations | 3 | | |
| Four Semester (Spring) | | | |
| HS 72B Field and Instruction Seminar II | 3.5 | | |
| HS 46 Physiology & Pharmacology of Drugs | 3 | | |
| TOTAL UNITS | 40 | | |

**Program of study leading to:
Certificate of Achievement**

REQUIRED COURSES—Complete the 40 units of required courses as listed in the Associate Degree requirements box.

TOTAL UNITS 40

For graduation with an Advanced Manufacturing Technology **Certificate of Achievement**:

- Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of "C"**.
- Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 40 units must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
- Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/>. Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

Career Opportunities

Students learn the skills and knowledge necessary to transfer to upper-division programs in social work or human services and be eligible to become employed at the paraprofessional entry level in serving alcohol and drug clients.

This **Certificate of Achievement** will prepare students for an entry-level position in the alcohol/drug treatment field. This certificate fulfills the California Association of Alcohol & Drug Studies (CAADE) and the California Association of Alcohol & Drug Studies Abuse Counselors (CAADAC) academic and work experience requirements. Additional work experience plus passing their test will lead students to becoming Certified Addiction Treatment Counselor (CATC).

This **Associate Degree** will prepare students for an entry-level position in the human services/alcohol and drug treatment field and for career advancement for those already employed in these occupations.

This **Certificate of Accomplishment (Co Occurring Disorder)** will prepare students for work with specialized population of AOD clients.

Program Mission and Outcomes

The mission of this program is to prepare students for certification required for entry-level positions in the Alcohol & Drug Treatment field. Emphasis is on providing the highest quality/level of education provided by the 8 Certification Boards that offer education and training that lead to Certification. Students are provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Outcomes:

- Develop a psychosocial treatment plan for a client.
- Synthesize the theories and principles of drug and alcohol clinical evaluation, treatment planning, referral, service coordination, counseling, documentation, and professional/ethical responsibilities.

Outcomes (Alcohol and Chemical Dependency Certificate of Accomplishment):

- Demonstrate knowledge of history of abuse of alcohol and other mood altering substance and examine how people develop the ability to abuse and become addicted to drugs as well as other behavior, apply the psychological, social and physical contributions to addiction, understand the applications of treatment and intervention for drug use disorder, understand the cultural factors in drug use and chemical dependency, learn to examine drug related disorders and social factors with a scientific and data and empirical evidence based theoretical approaches. This program will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification tests.

Outcomes (Alcohol and Chemical Dependency Certificate of Accomplishment):

- Students demonstrate ability to identify symptoms of co-occurring disorders, develop appropriate treatment planning and caseload management, engage in relapse prevention and symptoms management

Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/courseetails/>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.