LBCC Child Development Center Menu November 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 AM	2 AM	3 AM
	- USDA is an Equal opportunity	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
	Provider and Employer	Lunch	Lunch	Lunch
	- Menu is subject to change	Cheese Lasagna	Beef & Broccoli	Italian Roll
	- Milk is low fat.	Wheat Bread	Seasoned Beef	Salami & Pepperoni, Swiss Cheese
		Green Peas	Broccoli	Wheat Bun, Mayo & Mustard
		Pear	Brown Rice	Celery Sticks, Ranch Dressing
		Milk	Banana	Apple
	V-7		Milk	Milk
		PM	PM	PM
		Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk
6	7	8	9	10
AM	AM	AM	AM	
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Veterans Day
Lunch	Lunch	Lunch	Lunch	
Bean and Cheese Burrito	BBQ Chicken	Whole Wheat Spaghetti	Chicken Fajita Wrap	
Diced Carrots	Seasoned Baked Chicken	With Meatballs	Chicken Fajitas Wheat Tortilla	★
Apple	Wheat bread	Tomato Sauce	Refried Beans	
Milk	Corn	Green Beans	Banana	~~
	Orange Milk	Pear Milk	Milk	
PM	PM	Milk PM	PM	
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	1000000
13	14	15	16	7
AM	AM	AM 📈	AM	AM
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Beef Ravioli in Tomato Sauce	Baked Chicken Tenders	Macaroni & Cheese 🌟 🌁	Sloppy Joes	Ham & Cheese Sandwich
Ground Beef & Cheese Ravioli (Pasta)	Potato Wedges	Whole Wheat Macaroni Noodles	Seasoned Ground Beef	Wheat Bread
Green Peas	Ketchup	Cheese Sauce	Wheat Hamburger Bun	Celery Sticks, Ranch Dressing
Wheat Bread	Orange	Mixed Vegetables	California Vegetables	Mayo & Mustard
Apples	Milk	Pear	Banana	Apple
Milk		Milk	Milk	Milk
PM Crackers w/ Milk	PM Crackers w/ Milk	PM Crackers w/ Milk	PM Crackers w/ Milk	PM Crackers w/ Milk
20	21	22	23	24
AM	AM	AM	25	24
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk		
Lunch	Lunch	Lunch	Happy Tha	anksgiving
Hamburger	Penne Alfredo	Thanksgiving Special	1.2557 111	
Hamburger Patty, Wheat Hamburger Bun	Wheat Penne Pasta Alfredo Sauce	Sliced Turkey, Mashed Potatoes	, eq 20	
Tater Tots	Broccoli	Gravy	2200	
Ketchup/Mustard/Mayo	Orange	Wheat Roll	SV 101/	
Apple	Milk	Pear, Pumpkin Pie	(-0.10	
Milk		Milk		
PM	PM	PM	CENTER CLOSED	CENTER CLOSED
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk		
27	28	29	30	
AM	AM	AM	АМ	
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	
Lunch	Lunch	Lunch	Lunch	
Bean Burrito	Spaghetti with Turkey Sauce	Teriyaki Chicken Bowl	Beef Fajita Wrap	
Bean & Cheese Burrito	Ground Turkey, Whole Wheat Spaghetti	Teriyaki Chicken	Beef Fajitas	
Corn	Tomato Sauce	Steamed Brown Rice	Wheat Tortilla	
Apple	Diced Carrots	Broccoli	Pinto Beans	
Milk	Orange	Pear	Banana	
	Milk	Milk	Milk	
PM	PM	PM	PM	
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	

CDC news, announcements, menu's, etc. are always available on our website: https://www.lbcc.edu/child-development-center