



LONG BEACH CITY COLLEGE  
**VIKING**  
A L U M N I

## Long Beach City College Alumni Newsletter *November 2018*

### Message from the Assistant Director, Alumni Development



**"Gratitude is a powerful catalyst for happiness. It's the spark that lights a fire of joy in your soul." - Amy Collette**

November is the month we pause to reflect on the things for which we are grateful. I am grateful for the members of our Viking family. They bring their diverse and unique perspectives to a shared vision for building an inclusive, vibrant, and prosperous local, regional, and global community.

This month we are pleased to bring you the first Viking Alumni Spotlight, where we talk to Viking Alumni to see how their experience at LBCC has helped to shape their futures. November's Viking Alum has been serving in the United States Air Force for over 10 years. Read his story to see how this grad takes Viking values out into the international community. This month's newsletter also brings you up to date on all of the fall sports and how the Alumni Association is providing new benefits that help veterans cheer on their favorite Viking teams!

I invite you to step forward and help the next generation of leaders in our community make significant impacts in our city. You can do that by becoming an Alumni Association member, supporting our fundraisers, or becoming a partner. **Giving Tuesday** is today! Please consider making a gift that will promote lasting change in our community. Big change happens when we work together!

With gratitude,

Paula Barrow

[Visit Our Website](#)

**Giving Tuesday - November 27th, 2018**

***LBCC Alumni Association Supports***

***Long Beach College Promise***



**LONG BEACH CITY COLLEGE  
FOUNDATION**

# **Giving Tuesday** **Long Beach College Promise**

In this season of giving, please consider a gift to the Long Beach College Promise. Long Beach's Promise extends the opportunity of a college education to every graduating high school senior in the Long Beach Unified School District.

The Long Beach City College Foundation annually gifts nearly \$500,000 for eligible first-year, full-time LBCC students.

Click below to make a promise and make a life-changing difference for Long Beach students.

[Make a Promise](#)

**Viking Alumni Spotlight:**

# Technical Sergeant Stephoun McKinley, USAF



Tech Sergeant McKinley wearing a Raven shirt in a gym at Ramstein Air Force Base in Germany after training potential Ravens.

**Alumni Association:** So tell us a little about what you're up to these days, Tech Sergeant McKinley.

**TSgt McKinley:** I'm the Deputy Raven Program Manager at Ramstein Air Force Base located in Germany. In the late 1990s, after a few aircraft were damaged on foreign airfields, the Air Mobility Command created the Phoenix Raven program, a specialized flyaway security force attached to all missions in hostile or austere locations. The program originated and was based domestically, but last October officials decided that US Air Force bases in Europe needed a similar program to protect Air Force assets abroad.

**AA:** So you're part of the team that brought the Ravens to Europe?

**TSgt McKinley:** Yes. As one of the Raven program managers at Ramstein, the call came through my office. We were originally given until October 2018 to get the program off the ground but we had it up and running in April. The first step was to coordinate with the training staff over at Joint Base McGuire-Dix-Lakehurst back in the States and get them to allot more training slots for us. The logistics of that were tough, we had over 70 volunteers for the program and we realized that it was going to cost a lot of taxpayer dollars to send everyone back home for training, especially since there are a lot of trainees that fail the course. We worked with the training staff and I developed a lesson plan for a pre-Raven training course that we could begin in Germany. They actually sent out some of the trainers from the U.S. to come in and finish the instruction and certify the graduates as Ravens.

**AA:** How is the program going?

**TSgt McKinley:** Really well so far. At this point we're only 7 months in, but the results have been very good. Now it's a matter of staying the course and waiting for legislation that will allow us to expand the program to more of our forward-stationed bases. I think we've provided a solid model to work from as the program grows, and I'm proud of what we're doing.

**AA:** Tell us about your time here at LBCC - were you in any clubs or did you play a sport? What courses were you enrolled in?

**TSgt McKinley:** As far as classes went, I was enrolled full-time and just focusing on knocking out my GEs. I played football while I was a student, too. I enrolled in the intramural football class and was invited out to the team by some of the coaches and I am still thankful I took that opportunity. In a lot of ways the football team helped guide me during that time of my life. When I first enrolled at LBCC I wasn't sure what I wanted to do. I didn't have the kind of pressure at home to attend a 4-year college, and I didn't have that motivation in myself either. My thought was just to head in a positive direction by working towards my AA while figuring out what I wanted to do. Football helped keep me on-track through all of that. It forced me to stay a full-time student, taught me discipline, respect, and how to be self-motivated. As someone who went right from LBCC into the Air Force, football taught me a lot of the grit and toughness that allowed me to graduate from Basic Training as a distinguished graduate.

**AA:** That's great to hear! So what's next for you?

**TSgt McKinley:** I'm going to continue my efforts with the Raven program and work towards keeping our unit a model for future operations overseas. Outside of work I'm spending as much time as I can with my wife Samara and our 3-month old daughter Nya. I'm also taking classes online towards my BA.

**AA:** That's amazing, congratulations Tech Sergeant McKinley, and thank you for your continued service to our country! Go Vikings!

**TSgt McKinley:** Go Vikings!

## Vikings Athletics Review



Both the men's and women's teams took home the South Coast Conference title this year, with the men's team going 6-1 in conference (19-9 overall) to win their second conference championship in a row, and the women's team posting a perfect 8-0 record in conference play and going 17-11 overall.

### **Cross Country Runner Earns All-State Honors**

Sophomore Moises Marquez finished the CCCAA State Course in Fresno with a time of 21:00.4, earning him a selection to the California All-State team this year. Marquez was just 10 seconds shy of being named to the All-American team.

### **Football Ends Season 4-6 (1-4 in South Coast Conference)**

The talented young Vikings roster was plagued by injuries this season, and the team will not appear in a bowl game for the first time in 4 years.

### **Women's Volleyball Takes Co-Conference Title**

In a 5-set match to close out the regular season, the Vikings topped conference rival El Camino to grab a share of the South Coast Conference title. The Vikings beat Grossmont in the first round of the CCCAA State Regional Playoffs before falling to Cypress in 5 sets in round two.

### **Men's and Women's Soccer All Conference Selections**

The men's and women's soccer teams each had 6 players named to the South Coast Conference team this year, with each team having 3 players earning first team honors.

### **Men's Basketball Off to Hot Start**

The Vikings are getting the ball rolling early on this season, starting the year with a 6-1 record, with their only loss coming to Cerritos in the championship game of the Irvine Valley Classic tournament. Earlier this month, the Vikings bested Santiago Canyon to take home the Santa Ana Tournament championship.

To read more about Vikings Athletics, [click here](#) or visit [www.lbccvikings.com](http://www.lbccvikings.com)



## **LBCC Stands with Veterans**

This Veterans Day, the Long Beach City College Foundation and Vikings Athletics teamed up to create a new program to provide FREE admission to EVERY home game for ALL VETERANS. Whether you are a Viking, were a Viking, are thinking about becoming a Viking, or simply know a Viking and want to catch a game with a friend. Simply present your Veteran ID Card at any Long Beach City College home athletics contest and you'll be granted free

admission - a small token of the College's gratitude for your hard work, dedication, and service to our country.

Go Vikings!

# Calling All Viking Alumni Business Owners!

**WE WANT TO HEAR**

• • • • *from* • • • •

**YOU**

**Are you an LBCC alumni business owner?**

We'd love the opportunity to connect the dots between our alumni and our alumni-owned businesses!

Help us connect to your business by clicking the link below and telling us all about it:

**[Alumni Business Survey](#)**

**Library and Learning Resource Associates Fundraiser at Panera!**

**Take this flyer to dinner and help our associate groups who support students and learning at LBCC!**



HELP SUPPORT

## LBCC FOUNDATION LIBRARY AND LEARNING RESOURCES ASSOCIATES

**WHERE** 135A Lakewood Center, Lakewood, CA 90712

**WHEN** Fri, Nov 30th

**FROM** 4:00pm - 8:00pm

Bring this flyer or show an electronic version to the cashier when you place your order and we'll donate a portion of the proceeds from your purchase.\*

### Ordering Online for Rapid Pick-Up or Delivery?\*

Enter "PRFUND" as your Promo Code to have a portion of your proceeds donated to your organization.

Learn more at [Fundraising.PaneraBread.com](http://Fundraising.PaneraBread.com)

\*Gift card purchases and catering orders are excluded and will not count toward the event.  
Rapid Pick-Up and Delivery only where available.

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We invite you to join us on Friday, November 30th at the Panera at 135A Lakewood Center (Northwest corner of the Lakewood Mall) as we support the Library and Learning Resource Associates. We hope to see you there!

**Library and Learning Resource Associates  
Fundraiser at Chipotle!**

**Take this flyer to dinner and help our associate groups who support students and learning at LBCC!**

# SCHOOL SPIRIT TASTES GREAT



Make dinner a selfless act by joining us for a fundraiser to support Library And Learning Resource Associates @ LBCC. Come in to the Chipotle at **5310 Lakewood Blvd.** in Lakewood on **Saturday, December 8th** between **4:00pm** and **8:00pm.**

Bring in this flyer, show it on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Library And Learning Resource Associates @ LBCC.



Online orders will not be included in the fundraiser total. To ensure your purchase is counted in the fundraiser, be sure to order and pay in-restaurant. Gift card purchases during fundraisers do not count towards total donated sales, but purchases made with an existing gift card will count.

Mark your calendars for Saturday, December 8th and join us at the Chipotle at 5310 Lakewood Boulevard in Lakewood (across Candlewood from the Lakewood Mall) as we support the Library and Learning Resource Associates.  
We hope to see you there!

## Fine Dining On-Campus at The Bistro!

**The Bistro** - run by faculty and students in the [Culinary Arts Program](#) - offers food at a fine-dining standard and features a revolving prix fixe menu with a choice of appetizer or salad, entrée, and dessert for \$15, tax and tip included. The menu changes bi-weekly and a vegetarian option is available. Each week The Bistro focuses on cuisine from different regions, such as Asia, Mediterranean, West Coast, Southern, Latin America, or



France. The Bistro is open to the public.

The Bistro's hours are Tuesday and Wednesday from 11:00 a.m. to 1:30 p.m. The Bistro accommodates up to 50 people and reservations are strongly recommended. Walk-ins are available, but seating is not guaranteed. To make a reservation, please contact The Bistro during normal business hours at (562) 938-4757 or email [bistro@lbcc.edu](mailto:bistro@lbcc.edu).

***If you are a paid alumni member, email me prior to your reservation at [pbarrow@lbcc.edu](mailto:pbarrow@lbcc.edu) and I will email you a complimentary parking pass for the adjacent parking structure!***



## Be A Part of the "Walk of Honor"

The brick walkway in front of the LAC Auditorium provides you with an opportunity to make a unique and charitable imprint at LBCC. Your \$150.00 tax-deductible gift will get your name and special message, major, graduation date, etc. etched in a brick, as well as support the LBCC Alumni

Association. You can either download [this form](#) and return to the Foundation or select below to order online.

[Buy A Brick](#)

**Support the LBCC Alumni Association by joining, renewing your membership, or making a gift today!**

[Support the LBCC Alumni Association](#)

**Moved? Changed your number? Started a new job and want us to use your new e-mail address? Send a message to [mguardabascio@lbcc.edu](mailto:mguardabascio@lbcc.edu) and let us know the best way to keep in touch!**

Long Beach City College Alumni Association | 562.938.4317 | [alumni@lbcc.edu](mailto:alumni@lbcc.edu) | [www.lbcc.edu/alumni](http://www.lbcc.edu/alumni)

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LONG BEACH CITY COLLEGE  
**FOUNDATION**

The Future Begins with a Promise.