

# BLACK HERITAGE MONTH



## Building on a Dream: History of the African American Spirituals

» **Fri., Feb. 5 || 4 p.m. – 6 p.m.**

Join Calvin Earl to experience the legendary story of how the enslaved Africans in America created an original music known today as African American Spirituals that enabled them to secretly communicate routes on the Underground Railroad. You will gain a better understanding of how the enslaved used music to teach their young, record their history and heal their pain.

## Welcome to Black Heritage Month "Black Voices...Then, Now, & Next" with LBCC Board of Trustee President Ntuk

» **Tues., Feb. 9 || 12:30 p.m.**

Join Board of Trustee President Uduak-Joe Ntuk, Interim Superintendent-President Lou Anne Bynum, and new Personnel Commissioner Robyn Gordyn-Peterson for the opening event for Black Heritage Month featuring a live performance of "Lift Every Voice," the Black National Anthem, by an LBCC Performing Arts student, land acknowledgement, and libation ceremony.

## A Conversation with model & actress Isis King on Intersectionality & Identity with VP Muñoz

» **Wed., Feb. 17 || 12:30 p.m.**

Join Dr. Mike Munoz, VP of Student Support Services, in a FB live event with model and actress Isis King for a discussion on intersectionality and identity

## Ageless Soul for Black History Month

» **Wed., Feb. 17 || 2 p.m.**

Join an art showing via Zoom for Black History Month with Black artist Cynthia Johnson.

## "Then!" A Journey Through Time with Keynote Speaker Dr. Gloria Willingham-Touré

» **Thurs., Feb. 18 || 1 p.m.**

Black Heritage Month Keynote Speaker Dr. Gloria Willingham-Touré will be discussing her involvement as an advocate for social justice and community support.

## African American Women & the Superwoman Complex

» **Tues., Feb. 23 || 1 p.m.**

This workshop will provide women with information on the importance of self-care, self-esteem, and self-worth as well as gaining the tools needed to overcome a stereotype of being angry and difficult to talk to at times.

## Black Burial Grounds & Ancestral Commemoration, Then, Now, Next

» **Thurs., Feb. 25 || 5 p.m. – 6:30 p.m.**

A panel discussion with Professor Ama Boakyewa and guest speakers.

## Black Women Speak: An Open Conversation

» **Fri., Feb. 26 || 10 a.m. – 11:30 a.m.**

Black Women Speak: An Open Conversation" will create space to center the voices of Black women, honor their resilient legacy, and promote healing and wellness. Panelists will share their lived experiences and discuss tangible steps to help participants live healthy lives.

## Black Mental Health Matters

» **Fri., March 5 || 11 a.m.**

Knowing that Black students in America face unique and specific barriers to mental health, this workshop will provide a place for Black students to be seen and heard, both collectively and individually.

For Zoom links, events, lectures & workshops, visit [www.LBCC.edu/blackheritage](http://www.LBCC.edu/blackheritage)