



LBCC Child Development Center Menu
October 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">2 AM Cereal w/ Milk Lunch Beef Ravioli Beef Ravioli in Tomato Sauce Ground Beef, Cheese, Ravioli (Pasta) Green Peas, Wheat Bread Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">3 AM Cereal w/ Milk Lunch Chicken Tenders Baked Chicken Tenders Potato Wedges Ketchup Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">4 AM Cereal w/ Milk Lunch Macaroni & Cheese Whole Wheat Macaroni Noodles Cheese Sauce Mixed Vegetables Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">5 AM Cereal w/ Milk Lunch Sloppy Joes Seasoned Ground Beef Wheat Hamburger Bun Sweet Potato Fries, Ketchup Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">6 AM Cereal w/ Milk Lunch Ham & Cheese Sandwich Sliced Ham, Sliced American Cheese Wheat Bread, Celery Sticks Ranch/Mayo/Mustard Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>
<p align="center">9 AM Cereal w/ Milk Lunch Hamburger Hamburger Patty, Wheat Hamburger Bun Tater Tots Ketchup/Mustard/Mayo Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">10 AM Cereal w/ Milk Lunch Penne Alfredo Diced Chicken, Wheat Penne Pasta Alfredo Sauce Green Beans Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">11 AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans w/Shredded Cheese Tortilla Chips Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">12 AM Cereal w/ Milk Lunch Southwestern Chicken Seasoned Baked Chicken Wheat Bread Corn Niblets Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">13 AM Cereal w/ Milk Lunch Turkey & Ham Sandwich Deli Turkey, Sliced Ham, Wheat Bread Carrot Sticks Ranch/Mayo/Mustard Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>
<p align="center">16 AM Cereal w/ Milk Lunch Bean Burrito Bean and Cheese Burrito Corn Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">17 AM Cereal w/ Milk Lunch Spaghetti Ground Turkey, Whole Wheat Spaghetti Tomato Sauce Green Peas Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">18 AM Cereal w/ Milk Lunch Teriyaki Chicken Bowl Teriyaki Chicken Steamed Rice Broccoli Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">19 AM Cereal w/ Milk Lunch Beef Fajita Wrap Beef Fajitas Wheat Tortilla Refried Beans Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">20 AM Cereal w/ Milk Lunch Turkey & Cheese Sandwich Deli Turkey, Cheese, Wheat Bread Carrot Sticks Ranch/Mayo/Mustard Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>
<p align="center">23 AM Cereal w/ Milk Lunch Chicken Tenders Baked Chicken Tenders Potato Wedges Ketchup Fruit, Milk</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">24 AM Cereal w/ Milk Lunch BBQ Chicken Seasoned Baked Chicken Corn Muffin Mashed Potatoes Fruit, Milk</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">25 AM Cereal w/ Milk Lunch Make Your Own Tostada Refried Beans w/Shredded Cheese Tostada Shell Shredded Lettuce Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">26 AM Cereal w/ Milk Lunch Beefy Mac & Cheese Seasoned Ground Beef Whole Wheat Macaroni Noodles Broccoli Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">27 AM Cereal w/ Milk Lunch Turkey & Cheese Hoagie Deli Turkey, Sliced American Cheese Wheat Hoagie, Celery Sticks Ranch/Mayo/Mustard Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>
<p align="center">30 AM Cereal w/ Milk Lunch Chicken Burger Breaded Chicken Patty Wheat Hamburger Bun, Mixed Vegetables Ketchup & Mustard Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>	<p align="center">31 AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans w/Shredded Cheese Tortilla Chips Fruit, Milk</p> <p align="center">PM Crackers w/ Milk</p>		<p align="center">- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p> 	 <p align="center"><i>Happy Fall</i></p>