




LBCC Child Development Center Menu

Oct-20

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 ^ Denotes item is whole-grain/whole wheat	 <b>WELCOME BACK!</b>			- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat. 
<b>AM</b> Cheerios w/ Milk  <b>Lunch</b> <b>CRUNCHY CHICKEN TENDERS^</b> French Fries Fresh Pear BBQ Sauce, Ketchup Milk <b>PM</b> Gold Fish Crackers w/ Milk	<b>AM</b> Kix Cereal w/ Milk  <b>Lunch</b> <b>GARDEN BURGER^</b> Baked Beans Fresh Gala Apples Milk Ketchup, Mustard <b>PM</b> Ritz Crackers w/ Milk	<b>AM</b> Corn Flakes Cereal w/ Milk  <b>Lunch</b> <b>TURKEY CASSEROLE w/ BROWN RICE^</b> Peas Diced Pears Milk <b>PM</b> Animal Crackers w/ Milk	<b>AM</b> Rice Krispies Cereal w/ Milk  <b>Lunch</b> <b>CHEESY CHICKEN POTATO BROCCOLI BAKE</b> Spiral Noodles^ Mixed Fruit Milk <b>PM</b> Cheez-It Crackers w/ Milk	<b>AM</b> Oatmeal w/ Milk  <b>Lunch</b> <b>TURKEY HAM &amp; CHEESE SANDWICH^</b> Cheesy Cauliflower Fresh Apple Slices Mustard Milk <b>PM</b> Graham Crackers w/ Milk
<b>AM</b> Oatmeal w/ Milk  <b>Lunch</b> <b>CHEESE PIZZA</b> Broccoli Diced Peaches Milk <b>PM</b> Ritz Crackers w/ Milk	<b>AM</b> Cheerios w/ Milk <b>Lunch</b> <b>VEGETARIAN CHIK'N NUGGETS</b> Mixed Vegetables Fresh Apple Dinner Roll^ Ketchup Milk <b>PM</b> Animal Crackers w/ Milk	<b>AM</b> Kix Cereal w/ Milk  <b>Lunch</b> <b>TACO MEAT</b> Soft Tortilla^ Fiesta Corn Pineapple Tidbits Milk <b>PM</b> Cheez-It Crackers w/ Milk	<b>AM</b> Corn Flakes Cereal w/ Milk  <b>Lunch</b> <b>FISH STICKS^</b> Diced Carrots Fresh Kiwi Ketchup Milk <b>PM</b> Graham Crackers w/ Milk	<b>AM</b> Rice Krispies Cereal w/ Milk <b>Lunch</b> <b>TURKEY &amp; CHEESE SANDWICH</b> Potato Rounds Fresh Pear Ketchup Milk <b>PM</b> Gold Fish Crackers w/ Milk
<b>AM</b> Rice Krispies Cereal w/ Milk <b>Lunch</b> <b>BEAN &amp; CHEESE BURRITO^</b> Corn & Carrots Mixed Fruit Taco Sauce Milk <b>PM</b> Gold Fish Crackers w/ Milk	<b>AM</b> Oatmeal w/ Milk  <b>Lunch</b> <b>CHEESY CHICKEN, POTATO BROCCOLI BAKE</b> Fresh Apple Slices Spiral Noodles^ Milk <b>PM</b> Ritz Crackers w/ Milk	<b>AM</b> Cheerios w/ Milk  <b>Lunch</b> <b>GARDEN BURGER^</b> Mashed Potatoes Pineapple Tidbits Ketchup, Mustard Milk <b>PM</b> Animal Crackers w/ Milk	<b>AM</b> Kix Cereal w/ Milk  <b>Lunch</b> <b>CRISPY CHICKEN TENDERS^</b> Cheesy Cauliflower Diced Peaches BBQ Sauce Milk <b>PM</b> Cheez-It Crackers w/ Milk	<b>AM</b> Corn Flakes Cereal w/ Milk  <b>Lunch</b> <b>TURKEY SALAMI &amp; CHEESE ON BUN^</b> Green Beans Fresh Orange Mustard Milk <b>PM</b> Graham Crackers w/ Milk
<b>AM</b> Corn Flakes Cereal w/ Milk  <b>Lunch</b> <b>3 CHEESE PANINI</b> Spinach Applesauce Cup Milk <b>PM</b> Cheez-It Crackers w/ Milk	<b>AM</b> Rice Krispies Cereal w/ Milk <b>Lunch</b> <b>TACO FILLING</b> Tortilla Rounds^ Seasoned Refried Beans Diced Pears Taco Sauce Milk <b>PM</b> Graham Crackers w/ Milk	<b>AM</b> Oatmeal w/ Milk  <b>Lunch</b> <b>FISH STICKS^</b> Potato Rounds Pineapple Tidbits Ketchup Milk <b>PM</b> Gold Fish Crackers w/ Milk	<b>AM</b> Cheerios w/ Milk <b>Lunch</b> <b>VEGETARIAN CHIK'N NUGGETS</b> Roasted Sweet Potatoes Mixed Fruit Breadstick^ Ketchup Milk <b>PM</b> Ritz Crackers w/ Milk	<b>AM</b> Kix Cereal w/ Milk  <b>Lunch</b> <b>HERO SANDWICH^</b> Broccoli Fresh Gala Apple Milk <b>PM</b> Animal Crackers w/ Milk