


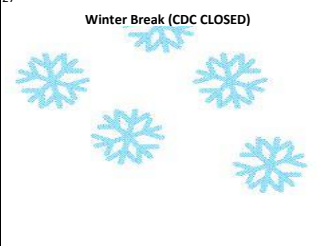

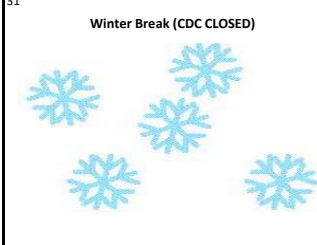

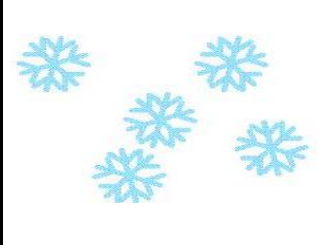

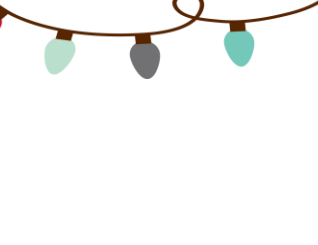


**LBCC Child Development Center Menu
December 2018**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| <p>3</p> <p align="center">AM Snack Variety Cereal* (1/3 Cup) w/ Milk</p> <p align="center">Lunch Grilled Chicken Burger Grilled Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers* w/ Milk</p> | <p>4</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Southwest Chicken Seasoned Baked Chicken (1/4 Cup) Wheat bread (1/2 Sl) Mashed Potatoes (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>5</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Penne Alfredo Wheat Penne Pasta (1/3 Cup) Chicken (1/4 cup) w/ Alfredo Sauce Broccoli (1/4 Cup) Apple sauce (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>6</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Beef Nachos Seasoned Ground Beef (1/4 Cup) Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tortilla Chips (1/2 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>7</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Turkey Hoagie Deli Turkey (3 oz) Wheat Hoagie (1 Ea) Carrot Sticks (1/4 cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> |
| <p>10</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Beef & Bean Burrito Seasoned Ground Beef (1/4 Cup) Refried Beans (1/4 Cup) Wheat Tortilla (1 Ea) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>11</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Spaghetti w/ Turkey Sauce G. Turkey in Tomato Sauce (1/2 Cup) Whole Wheat Spaghetti (1/4 Cup) Diced Carrots (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>12</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Teriyaki Chicken Bowl Teriyaki Chicken (1/4 cup) Steamed Brown Rice (1/4 Cup) Broccoli (1/4 Cup) Pineapple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>13</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Beef Fajitas Beef Fajitas (1/3 Cup) Corn Tortilla (1 Ea) Pinto Beans (1/4 Cup) Orange (1/4 Cup) Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>14</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Turkey & Cheese Sandwich Deli Turkey (2 oz), Swiss Cheese (1 Sl) Wheat Bread (2 Sl) Cucumber Slices (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> |
| <p>17</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Chicken Tenders Baked Chicken Tenders (3 Pc) Potato Wedges (1/4 Cup) Ketchup (2 Pkts) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>18</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Beefy Mac & Cheese Seasoned Ground Beef (1/4 Cup) Whole Wheat Penne Pasta (1/4 Cup) Shredded Cheese (0.5 oz) Broccoli (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>19</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Bean & Cheese Tostada Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tostada Shell (1 Ea) Shredded Lettuce (1/2 Cup) Diced Peaches (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>20</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch BBQ Chicken Seasoned Baked Chicken (1/3 Cup) Corn Muffin (1 Ea) Mashed Potatoes (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> | <p>21</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Italian Roll Salami & Pepperoni (2 oz) Wheat bun (1 Ea), Swiss Cheese (1 Sl) Celery Sticks (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p> |
| <p>24</p> <p align="center">Winter Break (CDC CLOSED)</p>  | <p>25</p> <p align="center">Winter Break (CDC CLOSED)</p>  | <p>26</p> <p align="center">Winter Break (CDC CLOSED)</p>  | <p>27</p> <p align="center">Winter Break (CDC CLOSED)</p>  | <p>28</p> <p align="center">Winter Break (CDC CLOSED)</p>  |
| <p>31</p> <p align="center">Winter Break (CDC CLOSED)</p>  | <p align="center">- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p>  <p>*Cereal: Corn Flakes, Cripsy Rice, Tasteos, Kix, Oatmeal *Crackers: Animal Crackers, Saltines, Grahm Crackers, Cheese-It, Gold Fish Ritz Crackers, Club Crackers</p> | <p align="center">Winter Break (CDC CLOSED)</p>  | <p align="center">Winter Break (CDC CLOSED)</p>  | <p align="center">Winter Break (CDC CLOSED)</p>  |