

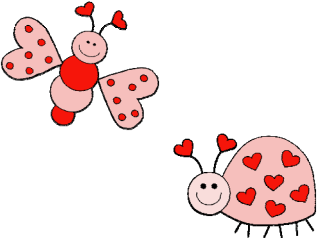
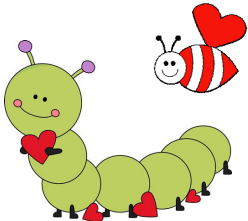





**LBC Child Development Center Menu
February 2019**



Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">National Snack Food Month</p> 	<p align="center">National American Heart Month</p> 			<p align="center">1</p> <p align="center">AM Snack *Cereal w/ Milk</p> <p align="center">Lunch Italian Roll Salami & Pepperoni, Swiss Cheese Wheat Bread Celery Sticks Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack *Crackers w/ Milk</p>
<p align="center">4</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Chicken Burger Breaded Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">5</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Beef Nachos Seasoned Ground Beef (1/4 Cup) Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tortilla Chips (1/2 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">6</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Beef & Broccoli Seasoned Ground Beef (1/4 Cup) Broccoli (1/4 Cup) Brown Rice (1/4 Cup) Mandarin Oranges (1/4 Cup) Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">7</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Cheese Lasagna Cheese Lasagna (1/2 Cup) Wheat Bread (1/2 Sl) Mixed Vegetables (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">8</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Turkey & Cheese Sandwich Deli Turkey (2 oz), Swiss Cheese (1 Sl) Wheat Bread (2 Sl) Celery Sticks (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>
<p align="center">11</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Spaghetti & Meatballs Whole Wheat Spaghetti (1/4 Cup) Meat balls (3 oz; 4 Pieces) Tomato Sauce (1/4 Cup) Green Beans (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">12</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch BBQ Chicken Seasoned Baked Chicken (1/3 Cup) Wheat Bread (1/2 Sl) Corn (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">13</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Turkey Picadillo Ground Turkey (1/4 Cup) Mexican Brown Rice w/ (1/2 Cup) Corn & Carrots (1/4 Cup) Diced Pears (1/4 Cup) Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">14</p> <p align="center">AM Snack Cereal w/ Milk</p> <p align="center">Lunch Grilled Chicken Burger Grilled Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Crackers w/ Milk</p>	<p align="center">15</p>  <p align="center">Lincoln's Birthday CDC Closed</p>
<p align="center">18</p>  <p align="center">Washington's Birthday CDC Closed</p>	<p align="center">19</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Chicken Tenders Baked Chicken Tenders (3 Pc) Potato Wedges (1/4 Cup) Ketchup (2 Pkts) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">20</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Turkey Bolognese Ground Turkey (1/4 Cup) Tomato Sauce (1/4 Cup) Wheat Penne in Sauce (1/4 Cup) Green Peas (1/4 Cup) Mixed Fruit (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">21</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Sloppy Joes Seasoned Ground Beef (1/3 Cup) Wheat Hamburger Bun (1 Bun) Mixed Vegetables (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">22</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Turkey & Cheese Sandwich Deli Turkey (2 oz), Swiss Cheese (1 Sl) Wheat Bread (2 Sl) Celery Sticks (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>
<p align="center">25</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Grilled Chicken Burger Grilled Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">26</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Southwest Chicken Seasoned Baked Chicken (1/4 Cup) Wheat bread (1/2 Sl) Mashed Potatoes (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">27</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Penne Alfredo Wheat Penne Pasta (1/3 Cup) Chicken (1/4 cup) w/ Alfredo Sauce Broccoli (1/4 Cup) Apple sauce (1/4 Cup) Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">28</p> <p align="center">AM Snack Variety Cereal (1/3 Cup) w/ Milk</p> <p align="center">Lunch Beef Nachos Seasoned Ground Beef (1/4 Cup) Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tortilla Chips (1/2 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p align="center">PM Snack Variety Crackers w/ Milk</p>	<p align="center">- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p>  <p align="center">*Cereal: Corn Flakes, Crispy Rice Tastees, Kix, Oatmeal, Pancake *Crackers: Animal Crackers, Saltines, Graham Crackers, Cheese-It, Gold Fish Ritz Crackers, Club Crackers</p>