## LBCC Child Development Center Menu

Feb-20

| 100-20                            |                                  |                                       |                                    |                                   |
|-----------------------------------|----------------------------------|---------------------------------------|------------------------------------|-----------------------------------|
| MONDAY                            | TUESDAY                          | WEDNESDAY                             | THURSDAY                           | FRIDAY                            |
| 3                                 | 4                                | 5                                     | 6                                  | 7                                 |
| AM                                | AM                               | AM                                    | AM                                 | AM                                |
| Cereal w/ Milk                    | Cereal w/ Milk                   | Cereal w/ Milk                        | Cereal w/ Milk                     | Cereal w/ Milk                    |
|                                   |                                  |                                       |                                    |                                   |
| Lunch                             | Lunch                            | Lunch                                 | Lunch                              | Lunch                             |
| PIZZA DIPPERS^                    | SOUTHWEST CHICKEN SALAD          | TURKEY RICE CASSEROLE W/BROWN RICE^   | CHEESEBURGER MACARONIA             | TURKEY & CHEESE SANDWICH^         |
|                                   |                                  |                                       |                                    |                                   |
| Marinara Dipping Sauce            | Soft Tortilla^                   | Red Peppers                           | Broccoli                           | Baby Carrots                      |
| Pineapple Tidbits                 | Romaine Salad, Corn, Black Beans | Honeydew Melon Chunks                 | Mixed Fruit                        | Ranch Dressing                    |
| Milk                              | Ranch Dressing                   | Milk                                  | Milk                               | Fresh Orange                      |
|                                   | Milk                             |                                       |                                    | Milk                              |
| PM                                | PM                               | PM                                    | PM                                 | PM                                |
| Crackers w/ Milk                  | Crackers w/ Milk                 | Crackers w/ Milk                      | Crackers w/ Milk                   | Crackers w/ Milk                  |
| 10                                | 11                               | 12                                    | 13                                 |                                   |
| AM                                | AM                               | AM                                    | AM                                 |                                   |
| Cereal w/ Milk                    | Cereal w/ Milk                   | Cereal w/ Milk                        | Cereal w/ Milk                     |                                   |
|                                   |                                  |                                       |                                    |                                   |
| Lunah                             | Lunch                            | Lucah                                 | Lunch                              |                                   |
|                                   |                                  | Lunch                                 |                                    |                                   |
| TOASTED CHEESE SANDWICH^          | HAMBURGER                        | DELI SUB SANDWICH^                    | GRILLED BBQ CHICKEN NUGGETS        |                                   |
| Mixed Green Salad                 | Hamburger Bun^                   | Fiesta Corn                           | Baked Beans                        |                                   |
| Red Peppers                       | Romaine Salad                    | Diced Pears                           | Fresh Orange                       | L'and Martin                      |
| Ranch Dressing Bulk               | Diced Peaches                    | Mayonnaise                            | Dinner Roll^                       |                                   |
| Milk                              | Milk                             | Milk                                  | Milk                               | President Lincoln's Birthday      |
| PM                                | PM                               | PM                                    | PM                                 | No School                         |
|                                   |                                  |                                       |                                    | NO SCHOOL                         |
| Crackers w/ Milk                  | Crackers w/ Milk<br>18           | Crackers w/ Milk<br>19                | Crackers w/ Milk                   | 21                                |
| 17                                |                                  |                                       |                                    |                                   |
| President's Day                   | AM                               | AM                                    | AM                                 | AM                                |
| No School                         | Cereal w/ Milk                   | Cereal w/ Milk                        | Cereal w/ Milk                     | Cereal w/ Milk                    |
|                                   |                                  |                                       |                                    | Lunch                             |
|                                   | Lunch                            | Lunch                                 | Lunch                              | TURKEY SALAMI & CHEESE ON WW BUN^ |
|                                   | BBQ TURKEY                       | WG CHEESE QUESADILLA^                 | MINI CHEESE RAVIOLI W/ SAUCE^      | Baby Carrots                      |
|                                   | WW Sliced Bread^                 | Refried Beans                         | Peas and Carrots                   | Ranch Dressing                    |
|                                   | Cheesy Cauliflower               | Fresh Pear                            | Apricots                           | Fresh Apple                       |
|                                   | Honeydew Melon Chunks            | Milk                                  | Milk                               | Milk                              |
|                                   | Milk                             | i i i i i i i i i i i i i i i i i i i | WIIK                               | Wilk                              |
|                                   | PM                               | PM                                    | PM                                 | PM                                |
|                                   |                                  |                                       |                                    |                                   |
|                                   | Crackers w/ Milk<br>25           | Crackers w/ Milk                      | Crackers w/ Milk                   | Crackers w/ Milk<br>28            |
| 24                                |                                  | 26                                    |                                    |                                   |
| AM                                | AM                               | AM                                    | AM                                 | AM                                |
| Cereal w/ Milk                    | Cereal w/ Milk                   | Cereal w/ Milk                        | Cereal w/ Milk                     | Cereal w/ Milk                    |
| Lunch                             |                                  |                                       |                                    |                                   |
| CHEF SALAD                        | Lunch                            | Lunch                                 | Lunch                              | Lunch                             |
| Diced Turkey                      | SLOPPY JOE                       | CHICKEN PARMESAN^                     | BEAN & CHEESE BURRITO <sup>^</sup> | TURKEY HAM & CHEESE SANDWICH^     |
| Shredded Lettuce, Carrots, Cheese | Hamburger Bun^                   | Fresh Spinach Leaves                  | Fiesta Corn                        | Baby Carrots                      |
| Breadstick^                       | French Fries                     | Italian Dressing                      | Mixed Frut                         | Ranch Dressing                    |
| Ranch Dressing Bulk               | Fresh Kiwi                       | Pineapple Tidbits                     | Milk                               | Fresh Apple Slices                |
| Milk                              | Milk                             | Milk                                  | 1. UK                              | Milk                              |
| PM                                | PM                               | PM                                    | PM                                 | PM                                |
| Crackers w/ Milk                  | Crackers w/ Milk                 | Crackers w/ Milk                      | Crackers w/ Milk                   | Crackers w/ Milk                  |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  | - USDA is an Equal opportunity        |                                    |                                   |
|                                   |                                  | Provider and Employer                 |                                    |                                   |
|                                   |                                  | - Menu is subject to change           |                                    |                                   |
|                                   |                                  | - Milk is low fat & unflavored.       |                                    |                                   |
|                                   |                                  | - wilk is low lat & utilavoieu.       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
| ^ Denotes item is whole-          |                                  |                                       |                                    |                                   |
| grain/whole wheat                 |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |
|                                   |                                  |                                       |                                    |                                   |

CDC news, announcements, menu's, etc. are always available on our website: hhttps://www.lbcc.edu/child-development-center