



Flex Activity Verification Form



This form is required to report any Flex Activity that does not provide an FPD sign-in sheet. Please attach this completed form to your *Flex Report Form*.

All Flex Forms can be downloaded at <http://www.lbcc.edu/FPD/flex.cfm>.

Name:	Date:	
Department:	Full-Time	Part-Time
Email:	Phone:	

FlexActivity		
Conference	Other Webinar:	
Webinar on FPDwebsite	Other Flex Activity:	
Title of Activity:		
Date: / /	Time: --	Location:
Purpose of Activity:		
What did you learn from this activity?		
How will this information be applied in classroom instruction and/or contribute to your professional development?		

*** Please attach a copy of the conference/event flyer or a page from the webinar.