



Healthy **Viking** Initiative

RESOURCES



LONG BEACH
CITY COLLEGE

HOUSING

New Life Beginnings Inc.

835 E. 6th St., Long Beach, CA 90802
☎ (562) 590-1538 🌐 www.newlb.org
🕒 Mon.–Fri. 10AM–4PM
Housing services for women.

Chirp Los Angeles

2121 S. Flower St., Los Angeles, CA 90007
☎ (213) 741-1951 🌐 www.chirpla.org
🕒 Mon.–Fri. 9AM–5PM
Housing information and referral program to prevent homelessness and assist people with HIV/AIDS.

Interval House

6615 East Pacific Coast Highway, Long Beach, CA 90803
☎ (562) 593-4555 🌐 www.intervalhouse.org
🕒 24 hour hotline and by appointment.
Emergency and transitional shelter for victims of abuse of all ages, females, and their children. 30 days emergency shelter. Up to 1 year transitional.

LB Homeless Access: New Image Emergency Shelter

401 E. Ocean Blvd, Long Beach, CA 90802
☎ (562) 983-7289 🌐 www.lbrm.org
🕒 24 hours a day, 7 days a week.
Provides case management and supportive housing services for homeless individuals and families in Long Beach.

Long Beach Rescue Mission

1335 Pacific Ave., Long Beach, CA 90813
☎ (562) 591-1292 🌐 www.lbrm.org
🕒 Mon.–Fri. 9AM–5PM
Short term and Long term shelters, meals and other services. 90 days of case management. Contact them directly at (562) 591-1335.

Multi-Service Center

1301 W. 12th St., Long Beach, CA 90813
☎ (562) 570 4500
🕒 Mon., Tues., Wed., Fri. 8:30AM–4PM
Main entry point into finding homeless shelter in Long Beach and LA county. All persons seeking homeless services must first contact the MSC.

Precious Life

3622 Florista St., Los Alamitos, CA 90720
☎ (562) 431-5025 🌐 www.preciouslifeshelter.org
🕒 Mon.–Fri. 9AM–5PM
Residential/supportive services for homeless pregnant woman. 30 days of no cost housing/ case management.

Project Achieve

1368 Oregon Ave., Long Beach, CA 90813
☎ (562) 218-9864 🌐 www.stbarnabaslb.org
🕒 Mon.–Fri. 8:30AM–7PM
Emergency Shelter for single adults. 30-60 day stay. Need ID: Social security and proof of income. Men and women. Must register with Multi-Service first.

Su Casa

3750 E. Anaheim St. Ste 100, Long Beach, CA 90804
☎ (562) 421-6537 🌐 www.sucasadv.org
🕒 Mon.–Fri. 9AM–5PM
Emergency shelter and transitional housing for women/ children affected by domestic violence. Hotline: (562) 402-4888

Transition In Place

456 Elm Ave., Long Beach, CA 90802
☎ (562) 437-6717 ext. 234
🌐 www.mhavillage.squarespace.com
🕒 Mon.–Fri. 9AM–5PM
A project of MHA, TIP provides up to one year of transitional housing services for homeless youths age 18-22.

Villages at Cabrillo

2001 River Ave., Long Beach, CA 90810
☎ (562) 200-7300 🌐 www.centuryvillages.org
🕒 Mon.–Fri. 8AM–5PM
Residential housing community providing supportive housing with wrap around services.

Women's Shelter of Long Beach

930 Pacific Ave., Long Beach, CA 90813
☎ (562) 437-4663 🌐 www.womenshelterlb.org
🕒 24 hour hotline.
30 days of emergency shelter for victims of domestic violence. They serve women, men and children.



FOOD & GROCERIES

7th St. Church

668 N. Obispo Ave., Long Beach, CA 90814
☎ (562) 434-3408 🌐 www.7thSt.church.com
🕒 Sat. 10AM–11:30AM. Food distribution on the 4th Saturday of the month.

Beacon for Him

439 W. Anaheim St., Long Beach, CA 90813
☎ (562) 591-2299 🌐 www.beaconforhelp.org
🕒 Breakfast is served Mondays from 9AM–12PM

Catholic Charities

123 E. 14th St., Long Beach, CA 90813
☎ (213) 251-3432 🌐 www.catholiccharitiessf.org
🕒 Sandwiches distributed on Tuesdays and Wednesdays at 10AM.

Centro Shalom

2131 Long Beach Blvd., Long Beach, CA 90806
☎ (562) 591-2214 🌐 www.centroshalom.org
🕒 Food distribution on Tues. and Thurs. at 10AM

Christian Outreach in Action

515 E. Third St., Long Beach, CA 90802
☎ (562) 432-1440 🌐 www.coalongbeach.org
🕒 Breakfast 7 days (7AM–8AM), Dinner M–F (4:30–5:30), Lunch Sat. (11:30AM–1PM). Breakfast is served 7 days and dinner 5 days a week.

Emmanuel Presbyterian

4017 E. 6th St., Long Beach, CA 90814
☎ (562) 439-8946 🌐 www.epcfriends.org
🕒 Meals on the 3rd Saturday from 9AM–11AM.

Help Me Help You (HMHY)

2640 Santa Fe Ave., Long Beach, CA 90810
☎ (562) 674-8131 🌐 www.helpmehelpu.org
🕒 Food distribution on the 2nd and 4th Wednesday of the month from 1:30PM–3PM.

Iglesia Cristiana Emmanuel

1309 E. 3rd St., Long Beach, CA 90802
☎ (562) 225-7350 🌐 www.icelaredo.com
🕒 Meals distributed on the 2nd and Last Saturday from 9AM–11AM.

Lakewood First United Methodist

4300 Bellflower Blvd., Lakewood, CA 90713
☎ (562) 425-1219 🌐 www.lakewoodfirstumc.org
🕒 Receive a meal on Saturdays from 9AM–11AM.

Lutheran Social Services

1611 Pine St., Long Beach CA 90813
☎ (562) 599-1321 🌐 www.lsssc.org
🕒 Meals provided on Mondays, Tuesdays, Thursdays from 10AM–noon, and 12:30PM–2PM. Wednesdays from 11AM–2PM

Marian Outreach Center

2344 Cota Ave., Long Beach, CA 90810
☎ (562) 989-1954 🌐 www.daughtersofcharity.com
🕒 Mon.–Fri. 9AM–5PM · Meals provided on Thursdays from 10AM–1:30PM.

Parkcrest Church

3936 Woodruff Ave., Long Beach, CA 90808
☎ (562) 421-9374 🌐 www.parkcrest.org
🕒 Food distribution on the 4th Thursday of the month 10AM–11AM (except during Nov/Dec).

Rosewood Christian Reformed

10115 Rose St., Bellflower, CA 90706
☎ (562) 804-4778 🌐 www.rosewoodchurch.com
🕒 Fri. 3PM–4PM. Meals provided on Friday afternoons.

Salvation Army

3092 Long Beach Blvd., Long Beach, CA 90807
☎ (562) 247-3525 🌐 www.salvationarmyusa.org
🕒 Meals provided on Wednesdays and Thursdays 1:30AM–12PM & 1:30PM–3PM.

Second Samoan Church

655 Cedar Ave., Long Beach, CA 90802
☎ (562) 628-9282 🌐 www.secondsamoan.org
🕒 Mon.–Fri. 9AM–5PM. Hot Lunch: M–Th Noon
Hot Dinner: Every day at 5:30PM

Spiritual Truth East

717 Pacific Coast Highway, Long Beach, CA 90806
☎ (562) 489-1017
🕒 Mon. & Thurs. 11AM–3PM
Snack/Lunch on Mondays and Thursdays 11AM–3PM

St. Isadore Heart of the City

10941 Reagan St., Los Alamitos, CA 90720
☎ (562) 596-9918 🌐 www.stisidorehistoricalplaza.org
🕒 2nd and 3rd Saturday of the month, 7AM–9:30AM.
Must show ID.

St. Luke's Episcopal Church

525 E. 7th St., Long Beach, CA 90813
☎ (562) 436-4047 🌐 www.stlukeslb.org
🕒 Mon.–Fri. 8AM–4PM
2nd and 4th Saturday Lunch from 11AM–1PM; 1st and 3rd Saturday Breakfast from 8AM–11AM.

West Side Baptist

1490 W. 23rd St., Long Beach, CA 90810
☎ (562) 426-2775 🌐 www.westsidebaptistchurch.com
🕒 Receive a meal on the 4th Thursday of the month from 11AM–2PM.

Wherever He Goes

1001 E. Third St., Long Beach, CA 90802
☎ (562) 331-4433
🕒 Receive a breakfast meal on the 3rd Sunday of the month from 8AM–10AM.

Burns Community Center

5510 Clark Ave., Lakewood, CA 90712
☎ (562) 925-7512 🌐 www.lakewoodcity.org
🕒 Mon.–Fri. 9AM–5PM
If you call two days in advance, they will prepare a bag of groceries for you. Must be a resident of Lakewood.

FOOD & GROCERIES CONT.

Carson Assembly of God

4103 Cherry Ave., Long Beach, CA 90807
☎ (562) 424-8412
🕒 Food distribution on Sundays from 12PM–3PM.
While supplies last.

Cityline Church Food Bank

6236 Woodruff Ave., Lakewood, CA 90713
☎ (562) 925-0251 🌐 www.citylineonline.org
🕒 Third Saturday of each month from 11AM–12PM.

Greatful Hearts

5420 Katella, Los Alamitos, CA 90720
☎ (562) 431-0880 🌐 www.greatfulhearts.org
🕒 Food distribution by appointment. Please call for an appointment.

North Long Beach Ministry

5239 Atlantic Ave., Long Beach, CA 90805
☎ (562) 822-9957 🌐 www.nlbcc.net
🕒 Fri. 8AM–1PM. Food distribution on Fridays from 11AM–12:30PM. Arrive early at 8AM–10AM to sign up.

St. Gregory's Episcopal Church

6201 Willow St., Long Beach, CA 90815
☎ (562) 420-1311 🌐 www.stgregoryschurch.com
🕒 1st Wednesday of the month from 9:30AM–12PM.
Must have photo ID.

Stevenson Food Bank

515 Lime Ave., Long Beach, CA 90802
☎ (562) 674-8131
🕒 Receive groceries the 1st and 3rd Friday of the month from 1:30PM–3PM.

LEGAL SERVICES

Legal Aid Foundation of Los Angeles

601 Pacific Ave., Long Beach, CA 90802
☎ (800) 399-4529 🌐 www.lafla.org
🕒 Mon.–Fri. 9AM–5PM
Legal support for low-income people. They help with immigration, eviction, family law and other matters.

Mental Health Advocacy Services

3255 Wilshire Blvd. Suite 902, Los Angeles, CA 90010
☎ (213) 389-2077 🌐 www.mhas-la.org
🕒 Mon.–Fri. 9AM–5PM
A non-profit providing free legal services to individuals with mental disabilities.

LGBTQ+

The LGBTQ Center of Long Beach

2017 E. Fourth St., Long Beach, CA 90814
☎ (562) 434-4455 🌐 www.centerlb.org
🕒 Mon.–Fri. 10AM–9PM · Sat. 10AM–4PM
Provides social services, legal services, workshops, STI testing and many more services.

CLOTHING

Assistance League Thrift Store

2100 E. 4th St., Long Beach, CA 90814
☎ (562) 434-7121 🌐 www.allb.org
🕒 Mon. 10AM–4PM · Tues.–Sat. 10AM–6PM
Low cost used clothing and furniture.

First Baptist

1000 Pine Ave., Long Beach, CA 90813
☎ (562) 432-8447 🌐 www.fbclb.org
🕒 Sun. 2PM–3:30PM
Last Sunday of the month receive a hot meal.

Goodwill Store # 1

8020 W. Pacific Coast Highway, Long Beach, CA 90806
☎ (562) 435-8214 🌐 www.thinkgood.org
🕒 Mon.–Sat. 9AM–9PM · Sun. 10AM–8PM
Low cost clothing and furniture.

Goodwill Store # 2

2610 Atlantic Ave., Long Beach, CA 90806
☎ (562) 989-3630 🌐 www.thinkgood.org
🕒 Mon.–Sat. 9AM–9PM · Sun. 10AM–8PM
Low cost clothing and furniture.

Goodwill Store # 3

1130 Redondo Ave., Long Beach, CA 90804
☎ (562) 498-0040 🌐 www.thinkgood.org
🕒 Mon.–Sat. 9AM–9PM · Sun. 10AM–8PM
Low cost clothing and furniture.

Goodwill Store # 4

8155 E. Wardlow Ave., Long Beach, CA 90808
☎ (562) 719-9242 🌐 www.thinkgood.org
🕒 Mon.–Sat. 9AM–9PM · Sun. 10AM–8PM
Low cost clothing and furniture.

Goodwill Store # 5

730 W. Esther St., Long Beach, CA 90813
☎ (562) 435-4761 🌐 www.thinkgood.org
🕒 Mon.–Sat. 9AM–9PM · Sun. 10AM–8PM
Low cost clothing and furniture.

Long Beach Rescue Mission Thrift Store

702 W. Anaheim St., Long Beach, CA 90813
☎ (562) 495-8900 🌐 www.lbrm.org
🕒 Mon.–Fri. 9AM–6PM · Sat. 11AM–6PM
Low cost clothing and furniture.

Out of the Closet

9500 E. Pacific Coast Highway, Long Beach, CA 90804
☎ (562) 494-0340 🌐 www.outofthecloset.org
🕒 Mon.–Sat. 10AM–6PM
Low cost clothing and household goods.

SEXUAL ASSAULT

YWCA

920 Atlantic Ave., Ste 100, Long Beach, CA 90813
☎ (562) 590-6400 🌐 www.ywca.org
🕒 Mon.–Fri. 9AM–5:30PM
Services for victims of sexual assault and other services.

MEDICAL CARE

College Medical Center

2776 Pacific Ave., Long Beach, CA 90806
☎ (562) 997-2000
🕒 M/T/Th/F 8AM–8PM · Wed. 8AM–8PM
Free TB and STI testing. Free chest x-rays. Consultation \$19.

Harbor UCLA Medical Center

1000 W. Carson, Torrance, CA 90502
☎ (310) 222-2345 🌐 www.harbor-ucla.org
🕒 Mon.–Fri. 8AM–5PM · Emergencies 24 hours
Emergency / Non-emergency. Immunizations, dental, vision, chest x-rays, Sliding scale. Medi-Cal.

Long Beach Comprehensive Health Center

1333 Chestnut Ave., Long Beach, CA 90813
☎ (562) 599-2153 🌐 www.dhs.lacounty.gov
🕒 Mon.–Fri. 8AM–4:30PM · Sat. 8AM–4PM
Sliding scale. Physicals, STI/HIV testing. No immunizations or x-rays.

Long Beach Health and Human Services

2525 Grand Ave., Long Beach, CA 90815
☎ (562) 570-4000 🌐 www.longbeach.gov
🕒 Mon.–Fri. 7:30AM–4:30PM
Urgent Care on Saturdays 7:30AM–4:30PM
Physicals, immunizations, dental, vision, Medi-Cal. \$60 per visit based on income. Chest x-rays w/ referral.

Planned Parenthood

2690 Pacific Ave. Suite 370, Long Beach, CA 90806
☎ (800) 576-5544 🌐 www.plannedparenthood.org
🕒 Mon.–Fri. 7AM–5PM · Sat. 8AM–12PM
Contraceptives, family planning, STI/HIV testing. For uninsured and on a sliding scale.

Torrance Health Clinic

711 Del Amo Blvd., Torrance, CA 90502
☎ (310) 354-2300
🕒 Mon.–Fri. 9AM–5PM
TB testing, sports physicals. No chest x-rays. \$40 per visit/sliding scale. No insurance.

Westside Neighborhood Clinic

2125 Santa Fe Ave., Long Beach, CA 90801
☎ (562) 264-4859
🕒 Mon.–Fri. 9AM–5PM
Immunizations, STI/HIV care, family planning, chest x-rays. Call for pricing. By appointment.

MENTAL HEALTH

College Medical Center

2776 Pacific Ave., Long Beach, CA 90806
☎ (562) 997-2000 🌐 www.chc.la
🕒 24 hours a day, 7 days a week.
Inpatient-Crisis Intervention, psychiatric evaluation, Medi-Cal. Some out of pocket costs.

Del Amo Hospital

23700 Camino del Sol, Torrance, CA 90505
☎ (800) 533-5266
🕒 24 hours a day, 7 days a week.
Crisis Stabilization, disassociated disorders, PTSD, addictions, eating disorders. 24/7. Medi-Cal and some out of pocket costs.

Didi Hirsch Mental Health Services

4760 S. Sepulveda Blvd., Culver City, CA 90230
☎ (800) 807-7250 🌐 www.didihirsch.org
🕒 Mon.–Fri. 9AM–5PM
Provides mental health services and substance abuse services. Suicide Prevention Hotline (800) 273-8255

Family Health Care Center

22310 Wardham Ave., Hawaiian Gardens, CA 90716
☎ (562) 420-2433
🕒 Mon.–Fri. 8AM–4:30PM · Sat. 8AM–4PM
Psychiatric evaluation, PTSD, Substance abuse treatment. Must be veteran eligible.

Jewish Family and Children Services

3801 East Willow St., Long Beach, CA 90815
☎ (562) 427-7916 🌐 www.jfcslongbeach.org
🕒 Mon.–Thurs. 8:30AM–8PM · Fri. 8:30AM–4PM
Individuals, families and children can receive services related to depression, anxiety and other services.

LA County Mental Health Emergency Assessment

505 South Virgil Ave., Los Angeles, CA 90020
☎ (800) 854-7771
🕒 24 hours a day, 7 days a week
Referral Crisis Intervention. Fee varies depending on family size, resources, and income.

Long Beach Asian Pacific Islander Family Mental Health Clinic

4510 E. Pacific Coast Hwy Suite 600, Long Beach, CA 90815
☎ (562) 346-1100
🕒 Mon.–Fri. 8AM–5PM
Provides targeted case management, medication support and mental health services.

Long Beach Department of Health and Human Services

2525 Grand Ave., Long Beach, CA 90815
☎ (562) 570-4000 🌐 www.longbeach.gov/health
🕒 Mon.–Fri. 7:30AM–7PM
Provides numerous health services for community members of Long Beach.

MENTAL HEALTH CONT.

Long Beach Mental Health

1975 Long Beach Blvd., Long Beach, CA 90806
☎ (562) 599-9280 🌐 losangeles.networkofcare.org
🕒 Mon.–Fri. 8AM–5PM (intakes 8AM–2PM)
Outpatient services. No appointment necessary for intakes. Medi-Cal or out of pocket.

Memorial Counseling Associates

4525 E. Atherton St., Long Beach, CA 90815
☎ (800) 633-7888 🌐 www.mcammh.com
🕒 Mon.–Fri. 8:30AM–5PM
Free. Crisis intervention/psychiatric medication consultation. Everyone is welcome. (1-2 month waiting period).

Mental Health America (The Village)

456 Elm Ave., Long Beach, CA 90802
☎ (562) 437-6717 🌐 www.mhala.com
🕒 Mon.–Fri. 9AM–5PM
PTSD, Bipolar, Depression Disorders, Schizophrenia. They can also connect you with housing services. Medi-Cal only.

Mental Health Urgent Care Center at Long Beach

6060 Paramount Blvd., Long Beach, CA 90805
☎ (562) 790-1860 🌐 www.telecarecorp.com
🕒 Mon.–Fri. 8AM–7PM
Crisis Assessment, medication and referrals. No cost.

Pacific Asian Counseling Services

3530 Atlantic Ave. Suite 210, Long Beach, CA 90807
☎ (562) 424-1886 🌐 pacsla.org
🕒 Mon.–Fri. 8AM–5PM
Mental illness, substance abuse, emotional/behavioral problems. Medi-Cal/insurance.

Pioneer Medical Group

2220 Clark Ave., Long Beach, CA 90815
☎ (562) 597-4181 🌐 www.pioneermedicalgroup.com 🕒
Mon.–Fri. 9AM–5PM
Low cost chest x-rays for LBCC students who are uninsured.

Project Return Peer Support Network

2241 W. Williams St., Long Beach, CA 90810
☎ (323) 312-0640 🌐 www.prpsn.org
🕒 Mon.–Fri. 9AM–5PM
They offer crisis support, employment support, career support, and other services. After 5PM warm line is (888) 448-9777

Shoreline

191 Argonne Ave. Suite 3, Long Beach, CA 90803
☎ (562) 434-6007 🌐 www.shoreline-eatingdisorders.com
🕒 Mon.–Fri. 9AM–5PM
Counseling services regarding eating disorders by trained professionals.

South Bay Family Health Care/Gardena/Harbor Gateway

742 W. Gardena Blvd., Gardena, CA 90247
☎ (310) 802-6179 🌐 www.sbfhc.org
🕒 Mon.–Fri. 8AM–4:30PM
Primary/Preventive health care services. Prenatal, chest x-rays. \$50 per visit.

Strength In Support

3780 Kilroy Airport Way Ste. 200, Long Beach, CA 90806
☎ (310) 736-1090 🌐 www.strengthinsupport.org
🕒 Mon.–Fri. 9AM–5PM
Provides counseling, mentorship, educational workshops, and all services to veterans and their families.

Tarzana Treatment Center

5190 Atlantic Ave., Long Beach, CA 90805
☎ (888) 777-8565 🌐 www.tarzanatc.org
🕒 Mon.–Fri. 8AM–5PM
A non-profit that helps individuals with substance abuse or mental health matters.

The Long Beach Trauma Recovery Center

1045 Atlantic Ave. Suite 801, Long Beach, CA 90815
☎ (562) 491-7977
🕒 Mon.–Fri. 8AM–5PM
Individual/Group Therapy, Psychiatric Evaluation. Sliding Scale. MediCal/private insurance.

Veteran's Healthcare

5901 E. Seventh St., Long Beach, CA 90822
☎ (562) 826-8000 🌐 www.longbeach.va.gov
🕒 24 hours a day, 7 days a week.
For emergencies 24 hours a day and 7 days a week. Must be veteran eligible.

ON-CAMPUS MEDICAL CARE/MENTAL HEALTH

Long Beach City College Student Health Services (LAC)

4901 E. Carson St., Long Beach, CA 90808
☎ (562) 938-4210 🌐 www.lbcc.edu
🕒 Mon.–Thurs. 8AM–5PM · Fri. 8AM–12PM
LBCC offers social and emotional wellbeing services and medical care services at the LAC campus.

Long Beach City College Student Health Services (PCC)

1305 E. Pacific Coast Highway, Long Beach, CA 90806
☎ (562) 938-3992 🌐 www.lbcc.edu
🕒 Mon.–Thurs. 8AM–5PM · Fri. 8AM–12PM
LBCC offers social and emotional wellbeing services and medical care services at the PCC campus.

DENTAL

All Children's Dental

1307 S. Euclid St., Anaheim, CA 92802
☎ (714) 808-0228 🌐 www.allchildrensdental.org
🕒 Medi-Cal Mon.–Fri. 7:30AM–4:30PM;
Urgent Care on Sat. 7:30AM–4:30PM.
Dental Care and Urgent Dental Care. \$60 for Dental Clinic/ \$80 for Urgent Care. Medi-Cal.

AltaMed and Dental Group

8041 Newman Ave., Huntington Beach, CA 92647
☎ (714) 500-0400 🌐 www.altamed.org
🕒 Medi-Cal Mon./Wed./Fri. 8AM–5PM
Thurs. 9AM–5PM · Sat. 8AM–4:30PM
General Dental Services. Sliding fee based on income.

Earl B. and Lorraine H. Miller Foundation Orthodontic Center

6220 E. Spring St., Long Beach, CA 90815
☎ (562) 425-9453 🌐 www.allb.org
🕒 Mon.–Fri. 9AM–5PM
Low-cost orthodontic care for children ages 10-16 in LB, Lakewood and Signal Hill. Sliding Scale. \$100 start up fee. New patients accepted every 3 months.

Family Dental (Two Locations)

3317 E. 10th St., Long Beach, CA 90804
5828 Cherry Ave., Long Beach, CA 90805
☎ (562) 438-2500 🌐 www.lbfamilydental.com
🕒 Mon.–Thurs. 10AM–7PM · Fri. 10AM–6PM
Sat. by appointment.
\$25 exam and X-rays (includes oral cancer screening).

Harbor UCLA Medical Center

1000 W. Carson St., Torrance, CA 90509
☎ (323) 653-1990 🌐 www.harbor-ucla.org
🕒 Mon.–Fri. 8AM–5PM
Emergency Clinic 24 hours. Outpatient Clinic. Tooth extractions only. Sliding fee based on income. LA county residents only.

HIV Dental C.A.R.E. Clinic

1027 Linden Ave. Suite C, Long Beach, CA 90813
☎ (562) 624-4949 🌐 www.dignityhealth.org
🕒 Mon.–Fri. 8AM–4:30PM
Free dental services for HIV positive individuals without insurance.

Lestonnac Free Clinic: St. Vincent De Paul Location

409 E. Palmer, Compton, CA 90221
☎ (424) 237-0575 🌐 www.lestonnacfreeclinic.org
🕒 2nd & 4th Mon. 2PM–6PM
Free X-rays, fillings, extractions, root canals, etc. Free and low-cost. Uninsured only. By appointment only. Proof of income and photo ID needed.

Marina Smiles Dentistry

6437 E. Pacific Coast Highway Unit A-6, Long Beach, CA 90902
☎ (562) 735-3662 🌐 www.marinasmiledentistry.com
🕒 Mon./Tues. 8AM–5PM · Wed./Thurs. 10AM–7PM
Fri. 8AM–4PM
\$59 coupon for cleaing, exam, digital x-rays for the first time new patients (Must get coupon).

The Children's Dental Health Clinic

455 E. Columbia St., Long Beach, CA 90806
☎ (562) 933-3141 🌐 www.cdhc.org
🕒 Mon.–Fri. 7AM–4PM
Exams, X-rays, oral surgery for ages 1-21. Sliding scale. Medi-Cal.





LONG BEACH
CITY COLLEGE

www.LBCC.edu/student-health-services

LAC: (562) 938-4210 PCC: (562) 938-3992