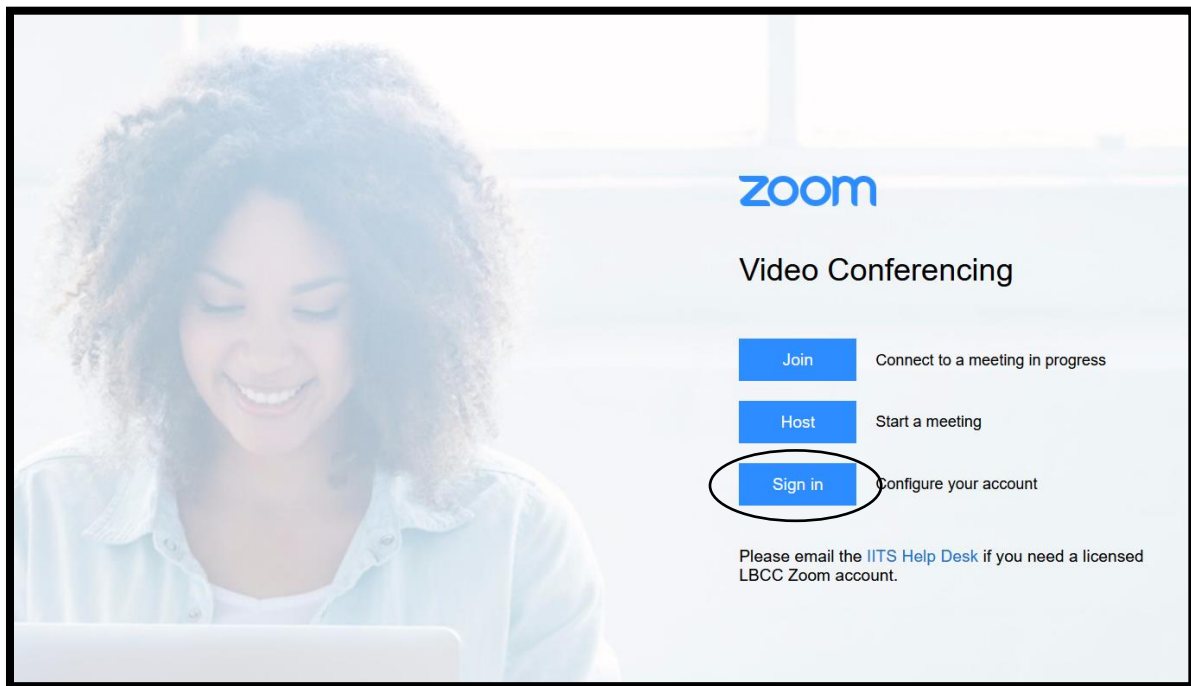


B INSTRUCTIONAL & INFORMATION TECHNOLOGY SERVICES (IITS)

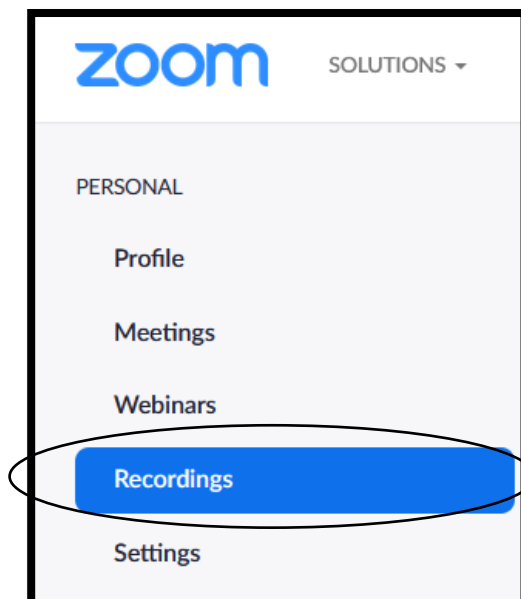
How to Download Zoom Temporary Cloud Recordings

Step 1: Log in to LBCC TechConnect Zoom (<https://lbcc-edu.zoom.us/>)



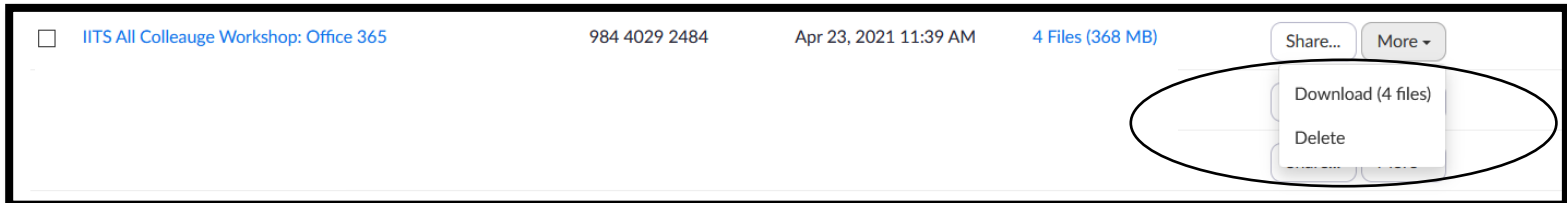
Step 2: Navigate to your **Recordings**.

Found on the menu on the left side

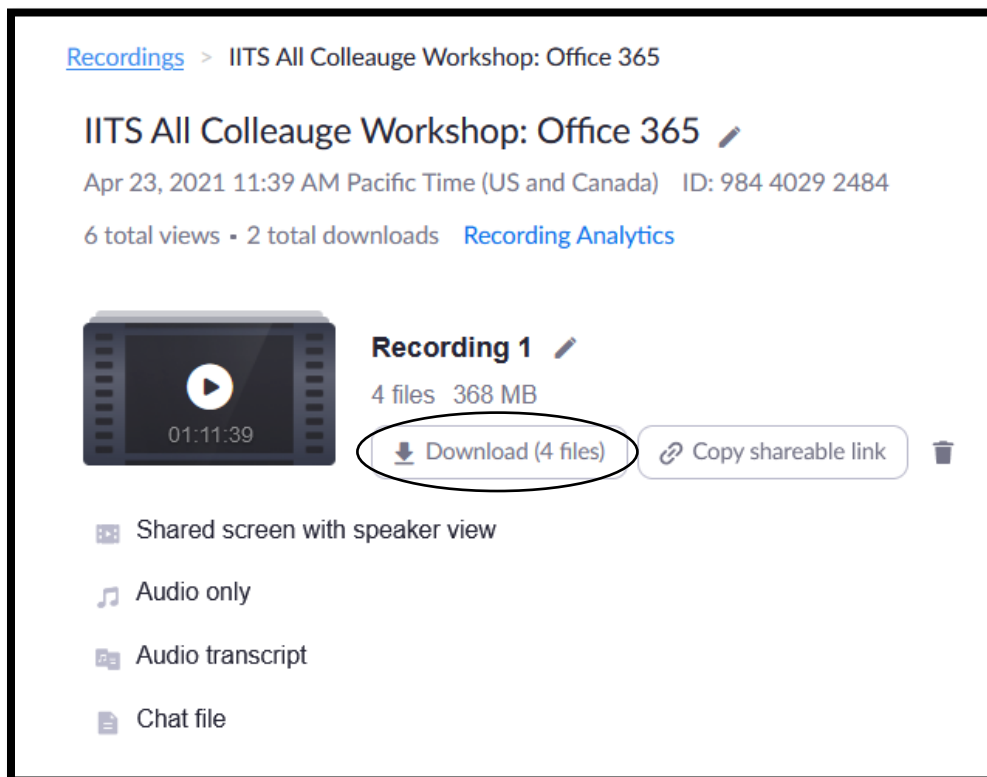


Step 3: You can choose to download from your list of recordings, or open your recordings to preview prior to download.

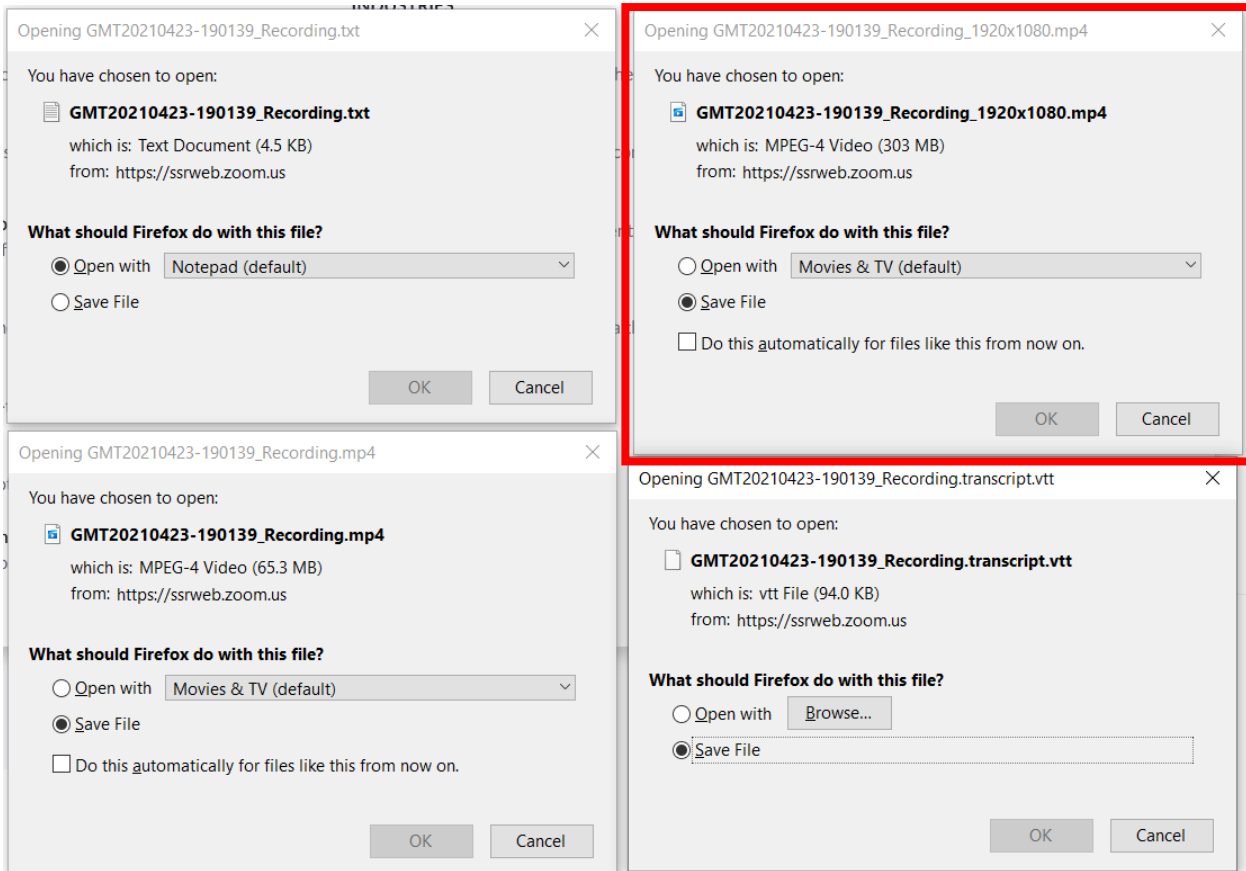
A) Download from the list:



B) Download after opening up the file:



Step 4: Upon downloading you will be able to save a text file, transcripts, audio, or the **full MP4 video** (highlighted in red below). Note that full video will also be the largest file. You can use this file to upload to various sharing technology platforms ([YouTube](#), [MS Streams](#) (found in your [LBCC Office 365 Suite](#), [CCC TechConnect 3CMedia](#), etc.).



Questions?

If questions should arise, feel free to reach out to the IITS Faculty & Staff Help Desk

- Phone: (562) 938-4357
- Email: helpdesk@lbcc.edu