

HUMAN SERVICES GENERALIST

Curriculum Guide for Academic Year 2020-2021

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at www.assist.org and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: Associate in Arts (A.A.) Degree			
<u>REQUIRED CORE COURSES</u>		UNITS	In Progress Completed Grade
HS 1	Introduction to Social Work	3	
HS 50	Law & Ethics	3	
HS 43	Case Management: Treatment & Aftercare	3	
HS 48	Group & Family Process	3	
Subtotal Units		12	
<u>IN ADDITION, complete TWELVE – TWELVE AND A HALF (12-12.5) UNITS from any of the following courses:</u>		UNITS	
HS 45	Stress Management for Case Managers	3	
HS 207	Development of Helping/Listening Skills	3	
HS 7	Introduction to Victimology	3	
HS 252	Co-Occurring Disorders	3	
HS 242	Conflict Resolution/Mediation	3	
HS 260	Domestic Violence Intervention Strategies	3	
HS 15	Social Welfare: People with Disabilities	3	
HS 41	Introduction to Chemical Dependency	3	
HS 26	Introduction to Gerontology	3	
HS 72A	Field Instruction and Seminar I	3.5	
Subtotal Units		12-12.5	
TOTAL UNITS		24-24.5	

For graduation with an **Associate in Arts (A.A.) Degree with a major in Human Services Generalist:**

- Minimum Unit Requirements:** Any course that appears on a curriculum guide and the General Education Pattern (Plan A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012). For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

Human Services Generalist	24-24.5
General Education/A.A.	25 units
- Scholarship:** Maintain an **overall grade point average (GPA) of 2.0** ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this **field of concentration, complete each course above with a grade of "C" or better**, or "P" if course is graded on a P/NP basis.
- Residence for the Degree:** Complete at least 12 semester units of the required 60 semester units in residence at Long Beach City College in order for the college to grant an Associate of Arts and/or an Associate of Science Degree.
- Residence for the Field of Concentration:** Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 12 - 12.5 units** of the required 24-24.5 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.

- General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at <http://osca.lbcc.edu> .
- Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the years of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

Program of study leading to:
Certificate of Achievement

REQUIRED COURSES—Complete the required courses for the specific program as listed in the Associate Degree requirements box on the first page.

Human Services Generalist REQUIRED COURSES

		In Progress	Completed
TOTAL UNITS	24-24.5		

For graduation with a **Human Services Generalist Certificate of Achievement**:

- Complete each of the **REQUIRED COURSES** listed above with a **minimum grade of "C"**, or P if course is graded on a P/NP basis.
- Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means
For the Human Services Generalist Certificate of Achievement, complete **at least 12-12.5 units** of the required 24-24.5 **at LBCC**.
Credit earned by exam, where applicable, may be included.
- Competency Testing Procedures:** Students must also successfully pass a competency examination with 70% accuracy before a Certificate of Achievement is awarded at the conclusion of the DSS program. Student must contact the Nutrition And Dietetics Director to arrange for testing once they have completed all program requirements.
- Competency Testing Procedures:** Students must also successfully pass a competency examination with 70% accuracy before a Certificate of Achievement is awarded at the conclusion of the DSS programs. Student must contact the Nutrition And Dietetics Director to arrange for testing once they have completed all program requirements.
- Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu/> . Refer to the Schedule of Classes (<http://schedule.lbcc.edu>) and click the "Important Dates" link to view the actual deadline for each semester.

Program of study leading to:
Certificates of Accomplishment

Certificate: Alcohol and Chemical Dependency 4067

<u>REQUIRED COURSES</u>	UNITS	In Progress	Completed Grade
HS 41 Introduction to Chemical Dependency	3		
HS 43 Case Management: Treatment & Aftercare	3		
HS 46 Physiology & Pharmacology of Drugs	3		
HS 48 Group & Family Process	3		
HS 50 Law & Ethics	3		
TOTAL UNITS	15		

Certificate: Co-Occurring Disorders 4811

REQUIRED COURSES

Take one sequence of:

HS 46	Physiology & Pharmacology of Drugs
HS 47	Intervention, Treatment & Recovery
HS 252	Co-Occurring Disorders
PSYCH 1	Introduction to Psychology
PSYCH 14	Abnormal Psychology

UNITS	In Progress	Completed Grade
3		
3		
3		
3		
3		
TOTAL UNITS	15	

For graduation with a **Certificate of Accomplishment**:

1. Complete the above required courses with a minimum grade of "C", or "P" if course is graded on a P/NP basis.
2. Fifty percent (50%) or more of the required units must be completed in residence at LBCC.

Complete and submit the certificate application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <http://admissions.lbcc.edu>

Career Opportunities

Students learn the skills and knowledge necessary to transfer to upper division programs in social work or human services and to be employed at the paraprofessional entry level in social work and human services agencies.

This **Certificate of Achievement** will prepare students for an entry-level position in the human services/social work field.

This **Associate Degree** will prepare students for an entry-level position in the human services/social work field and for career advancement for those already employed in these occupations.

Program Mission and Outcomes

The mission of this program is to prepare students for careers in the helping professions, prepare students for the first two years of their transferrable Human Services education and enhance the skills of persons already employed in this field. In addition, students are provided with several personal/interpersonal skills needed to live healthy lives and deal with the stressful demands of daily living.

Outcomes:

- Develop a psychosocial treatment plan for a client.
- Analyze information and assess level of crisis intervention needed to best meet client.

Outcomes (Certificate of Accomplishment – Alcohol and Chemical Dependency):

- Demonstrate knowledge of history of abuse of alcohol and other mood altering substance and examine how people develop the ability to abuse and become addicted to drugs as well as other behavior, apply the psychological, social and physical contributions to addiction, understand the applications of treatment and intervention for drug use disorder, understand the cultural factors in drug use and chemical dependency, learn to examine drug related disorders and social factors with a scientific and data and empirical evidence based theoretical approaches. This program will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification tests.

Program Student Learning Outcomes:

- Students demonstrate ability to identify symptoms of co-occurring disorders, develop appropriate treatment planning and caseload management, engage in relapse prevention and symptoms management.

Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a “C” or “P” grade. Refer to the General Catalog (<http://www.lbcc.edu/cat/index.html>), the Schedule of Classes (<http://schedule.lbcc.edu/>), or the online Credit Course Outline (<http://wdb-asir.lbcc.edu/coursecurriculum/courseetails/>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.