

# HUMAN SERVICES ADDICTION STUDIES

## **Curriculum Guide for Academic Year 2021-2022**

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Students planning to **transfer** to a four-year college or university should refer to the ASSIST web site at <u>www.assist.org</u> and **consult a counselor** before beginning a program of study. Please call 562-938-4561 for the LAC, or 562-938-3920 for PCC to schedule a meeting with a counselor. Students may also wish to visit the Transfer Center on either campus.

Program of study leading to: Associate in Arts (A.A.) Degree						
REQUIRED CORE COURSES		UNITS	In Progress	Completed Grade		
			1 Togress	Orace		
HS 41	Introduction to Chemical Dependency	3				
HS 43	Case Management: Treatment & Aftercare	3				
HS 50	Law and Ethics	3				
HS 252	Co-Occurring Disorders	3				
In Addition, complete the following courses:						
HS 46	Physiology & Pharmacology of Drugs	3				
HS 47	Intervention, Treatment, & Recovery	3				
HS 48	Group & Family Process	3				
PSYCH 1/1H	Introduction to Psychology/Honors	3				
PSYCH 14	Abnormal Psychology	3				
HS 153	Multicultural and Diverse Populations	3				
HS 162	Additional Counseling Skills	3				
In Addition, complete the fieldwork & seminars:						
† HS 72A	Field and Instruction Seminar I	3.5				
† HS 72B	Field and Instruction Seminar II	3.5				
	TOTAL UN	NITS 40				

Minimum Unit Requirements: Any course that appears on a curriculum guide and the General Education Pattern (Plan
A) may fulfill both major and general education requirements (Approved by College Curriculum Committee Spring 2012).
For this degree, complete a minimum of 60 units in courses numbered 1-599. Please note that additional elective units may be required to meet this minimum based upon courses selected to fulfill General Education for the Associate Degree.

HS: Addiction Studies Major: 40 units General Education/A.A. 25 units

- Scholarship: Maintain an overall grade point average (GPA) of 2.0 ("C" average) based on all accredited college work applied to the degree, no matter where completed. For this field of concentration, complete each course above with a grade of "C" or better, or "P" if course graded on a P/NP basis.
   Residence for the Degree: Complete at least 12 semester units of the required 60 semester units in residence at Long
- Residence for the Degree: Complete at least 12 semester units of the required 60 semester units in residence at Long Beach City College in order for the college to grant an Associate of Arts and/or an Associate of Science Degree.
- 4. Residence for the Field of Concentration: Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at **least 20 units** of the required 40 must be **completed at Long Beach City College**. Credit earned by exam, where applicable, may be included.
- 5. **General Education and Proficiency Requirements:** Complete the required A.A./A.S. General Education and Proficiency requirements\*, otherwise known as "Plan A". For Plan A requirements, refer to the general catalog or view it online at http://osca.lbcc.edu.

#### Associate Degree requirements continued from the previous page:

 Complete and submit the degree application form to the Admissions and Records office during your final semester of course work. These forms are available in the Admissions and Records office, or online at <a href="http://admissions.lbcc.edu/">http://admissions.lbcc.edu/</a>. Refer to the Schedule of Classes (<a href="http://schedule.lbcc.edu">http://schedule.lbcc.edu</a>) and click the "Important Dates" link to view the actual deadline for each semester.

\*The requirements for general education/proficiency and the field of concentration (major) need to be from the same catalog year. This catalog year may be any year between the years of initial enrollment to the present, provided continuous enrollment is maintained throughout. See the catalog for definition of "continuous enrollment".

The Following is the Sequence of Courses the HS has listed as needed for HUMAN SERVICES: ADDICTION STUDIES curriculum guide:

REQUIRED CORE COURSES		UNITS	In Progress	Completed Grade
First Semester (Fall)	_		. <b>J</b>	1
HS 41	Introduction to Chemical Dependency	3		
HS 50	Law and Ethics	3		
HS 162	Additional Counseling Skills	3		
Intersession (Winter/Summer)				
PSYCH 1/1H	Introduction to Psychology/Honors	3		
Second Semester (Spring)				
HS 252	Co-Occurring Disorders	3		
HS 43	Case Management: Treatment & Aftercare	3		
HS 48	Group & Family Process	3		
Intersession (Summer/Winter)		·		
PSYCH 14	Abnormal Psychology	3		
Third Semester (Fall)		·		
HS 72A	Field and Instruction Seminar I	3.5		
HS 47	Intervention, Treatment, & Recovery	3		
HS 153	Multicultural and Diverse Populations	3		
Four Semester (Spring)		,		
HS 72B	Field and Instruction Seminar II	3.5		
HS 46	Physiology & Pharmacology of Drugs	3		
	TOTAL	.UNITS 40		

	Program of study leading to:		
	Certificate of Achievement		
REQUIRED COURSES—Complete the box.	40 units of required courses as listed in the	Associa 40	ate Degree requirements

For graduation with an Human Services - Addiction Studies Certificate of Achievement:

- 1. Complete each of the REQUIRED COURSES listed above with a minimum grade of "C".
- 2. Complete fifty percent (50%) or more of the unit requirements for this field of concentration in residence; this means at least 20 units of the required 40 units must be completed at Long Beach City College. Credit earned by exam, where applicable, may be included.
- Complete and submit the certificate application form to the Admissions and Records office during your final semester
  of course work. These forms are available in the Admissions and Records office, or online at
  <a href="http://admissions.lbcc.edu/">http://admissions.lbcc.edu/</a>. Refer to the Schedule of Classes (<a href="http://schedule.lbcc.edu">http://schedule.lbcc.edu</a>) and click the "Important
  Dates" link to view the actual deadline for each semester.

Human Services Addiction Studies 2021-2022

## **Career Opportunities**

Students learn the skills and knowledge necessary to transfer to upper-division programs in social work or human services and be eligible to become employed at the paraprofessional entry level in serving alcohol and drus.

This **Certificate of Achievement** will prepare students for an entry-level position in the alcohol/drug treatment field. This certificate fulfills the California Association of Alcohol & Drug Studies (CAADE) and the California Association of Alcohol & Drug Studies Abuse Counselors (CAADAC) academic and work experience requirements. Additional work experience plus passing their test will lead students to becoming Certified Addiction Treatment Counselor (CATC).

This **Associate Degree** will prepare students for an entry-level position in the human services/alcohol and drug treatment field and for career advancement for those already employed in these occupations.

This Certificate of Accomplishment (Co Occurring Disorder) will prepare students for work with specialized population of AOD clients.

## **Program Mission and Outcomes**

This Associate Degree in Human Services Addiction Studies will prepare students for an entry-level position in the addiction treatment and recovery field. Completing the coursework for this program will prepare students for certification as a Certified Addiction Treatment Counselor (CATC). The Program is accredited by the California Alcohol and Drug Education (CAADE). Students interested in state-level certification will need to pass a state examination. The program's coursework can also assist career advancement for those already employed in occupations related to addiction counseling and treatments. Students may also learn the skills and knowledge necessary to transfer to upper division programs in social work, psychology, or human services.

Successful Human Services Studies program completion requires that students undersand and abide by the state requirements in holding and updating valid clinical credentials and certificates while seeing clients.

Program Student Learning Outcomes:

- Demonstrate the ability to attain the Institutional Student Learning Outcomes (ISLOs).
- Develop a psychosocial treatment plan for a client.
- Synthesize the theories and principles of drug and alcohol clinical evaluation, treatment planning, referral, service coordination, counseling, documentation, and professional/ethical responsibilities.

Outcomes (Alcohol and Chemical Dependency Certificate of Accomplishment):

• Demonstrate knowledge of history of abuse of alcohol and other mood altering substance and examine how people develop the ability to abuse and become addicted to drugs as well as other behavior, apply the psychological, social and physical contributions to addiction, understand the applications of treatment and intervention for drug use disorder, understand the cultural factors in drug use and chemical dependency, learn to examine drug related disorders and social factors with a scientific and data and empirical evidence based theoretical approaches. This program will assist students in preparation for the California Association of Alcohol/Drug Educators (CAADE) and/or California Association of Alcohol and Drug Abuse Counselors (CAADAC) certification tests.

Outcomes (Alcohol and Chemical Dependency Certificate of Accomplishment):

 Students demonstrate ability to identify symptoms of co-occurring disorders, develop appropriate treatment planning and caseload management, engage in relapse prevention and symptoms management

## Legend

† This course has a prerequisite. Prerequisite courses must be complete with at least a "C" or "P" grade. Refer to the General Catalog (<a href="http://www.lbcc.edu/cat/index.html">http://www.lbcc.edu/cat/index.html</a>), the Schedule of Classes (<a href="http://schedule.lbcc.edu/">http://schedule.lbcc.edu/</a>), or the online Credit Course Outline (<a href="http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/">http://wdb-asir.lbcc.edu/coursecurriculum/coursedetails/</a>) for specific prerequisite information.

^ To receive credit for work experience, a student must be enrolled in one other HS course.

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