

**LBCC Child Development Center Menu
January 2019**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p>  <p>*Cereal: Corn Flakes, Cripsy Rice, Tostitos, Kix Tostitos, Kix, Oatmeal *Crackers: Animal Crackers, Saltines, Ritz, Club, Graham Crackers, Cheese-It, Gold Fish Ritz Crackers, Club Crackers</p>	<p>CDC CLOSED</p> 	<p>AM Variety Cereal* w/ Milk Lunch Turkey Picadillo Ground Turkey (1/4 Cup) Mexican Brown Rice w/ (1/2 Cup) Corn & Carrots (1/4 Cup) Diced Pears (1/4 Cup), Milk (6 fl oz)</p> <p>PM Variety Crackers* w/ Milk</p>	<p>AM Variety Cereal (1/3 Cup) w/ Milk Lunch Grilled Chicken Burger Grilled Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Variety Crackers w/ Milk</p>	<p>AM Variety Cereal w/ Milk Lunch Turkey Sandwich (Deli Turkey (3 oz), Wheat bread (2 Sl) Carrot Sticks (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Variety Crackers w/ Milk</p>
<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Mac & Cheese Whole Wheat Rotini Noodles (1/4 Cup) Cheese Sauce (1/4 Cup) Cauliflower (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Chicken Tenders Baked Chicken Tenders (3 Pc) Potato Wedges (1/4 Cup) Ketchup (2 Pkts) Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Turkey Bolognese Ground Turkey (1/4 Cup) Tomato Sauce (1/4 Cup) Wheat Penne in Sauce (1/4 Cup) Green Peas (1/4 Cup) Mixed Fruit (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Sloppy Joes Seasoned Ground Beef (1/3 Cup) Wheat Hamburger Bun (1 Bun) Mixed Vegetables (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Turkey & Cheese Sandwich Deli Turkey (2 oz), Swiss Cheese (1 Sl) Wheat Bread (2 Sl) Celery Sticks (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>
<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Grilled Chicken Burger Grilled Chicken Patty (1 Patty) Wheat Hamburger Bun (1 Bun) Tater Tots (1/4 Cup) Ketchup & Mustard Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Southwest Chicken Seasoned Baked Chicken (1/4 Cup) Wheat bread (1/2 Sl) Mashed Potatoes (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Penne Alfredo Wheat Penne Pasta (1/3 Cup) Chicken (1/4 cup) w/ Alfredo Sauce Broccoli (1/4 Cup) Apple sauce (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Beef Nachos Seasoned Ground Beef (1/4 Cup) Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tortilla Chips (1/2 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Turkey Hoagie Deli Turkey (3 oz) Wheat Hoagie (1 Ea) Carrot Sticks (1/4 cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>
<p>CDC CLOSED</p> 	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Spaghetti w/ Turkey Sauce G. Turkey in Tomato Sauce (1/2 Cup) Whole Wheat Spaghetti (1/4 Cup) Diced Carrots (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Teriyaki Chicken Bowl Teriyaki Chicken (1/4 cup) Steamed Brown Rice (1/4 Cup) Broccoli (1/4 Cup) Pineapple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Beef Fajitas Beef Fajitas (1/3 Cup) Corn Tortilla (1 Ea) Pinto Beans (1/4 Cup) Orange (1/4 Cup) Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Turkey & Cheese Sandwich Deli Turkey (2 oz), Swiss Cheese (1 Sl) Wheat Bread (2 Sl) Cucumber Slices (1/4 Cup) Ranch/Mayo/Mustard Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>
<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Chicken Tenders Baked Chicken Tenders (3 Pc) Potato Wedges (1/4 Cup) Ketchup (2 Pkts) Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Beefy Mac & Cheese Seasoned Ground Beef (1/4 Cup) Whole Wheat Penne Pasta (1/4 Cup) Shredded Cheese (0.5 oz) Broccoli (1/4 Cup) Apple (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch Bean & Cheese Tostada Refried Beans (1/4 Cup) Shredded Cheese (1 TBSP) Tostada Shell (1 Ea) Shredded Lettuce (1/2 Cup) Diced Peaches (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>AM Snack Variety Cereal (1/3 Cup) w/ Milk Lunch BBQ Chicken Seasoned Baked Chicken (1/3 Cup) Corn Muffin (1 Ea) Mashed Potatoes (1/4 Cup) Orange (1/4 Cup), Milk (6 fl oz)</p> <p>PM Snack Variety Crackers w/ Milk</p>	<p>National Hot Chocolate Day (Jan 31)</p> 