LBCC Child Development Center Menu

Jan-20

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
^ Denotes item is whole- grain/whole wheat	 USDA is an Equal opportunity Provider and Employer Menu is subject to change Milk is low fat & unflavored. 	Holiday Break No School	AM Cereal w/ Milk Lunch GRILLED BBQ CHICKEN NUGGETS Baked Beans Pineapple Tidbits Dinner Roll^ Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch TURKEY BOLOGNA SANDWICH^ Baby Carrots Ranch Dressing Fresh Orange Milk PM Crackers w/ Milk
6 AM Cereal w/ Milk Lunch VEGETARIAN CHILI Saltine Crackers^ Green Beans Canteloupe Chunks Milk PM Crackers w/ Milk	7 AM Cereal w/ Milk Lunch BBQ TURKEY Sliced Bread^ Cheesy Cauliflower Honeydew Melon Chunks Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch WG CHEESE QUESADILLA^ Refried Beans Fresh Pear Ketchup Milk PM Crackers w/ Milk	9 AM Cereal w/ Milk Lunch MINI CHEESE RAVIOLI W/ SAUCE^ Peas & Carrots Apricots Milk PM Crackers w/ Milk	10 AM Cereal w/ Milk Lunch DELI SUB SANDWICH^ Baby Carrots Ranch Dressing Fresh Apple Milk PM Crackers w/ Milk
13 AM Cereal w/ Milk Lunch CHEF SALAD Diced Turkey Shredded Carrots & Lettuce Shredded Cheddar Cheese Breadstick^ Milk PM Crackers w/ Milk 20	14 AM Cereal w/ Milk Lunch SLOPPY JOE WW Sliced Bread^ French Fries Fresh Kiwi Ketchup Milk PM Crackers w/ Milk 21	15 AM Cereal w/ Milk Lunch CHICKEN PARMESAN^ Fresh Spinach Leaves Italian Dressing Bulk Pineapple Tidbits Milk PM Crackers w/ Milk 22	AM Cereal w/ Milk Lunch BEAN & CHEESE BURRITO^ Fiesta Corn Mixed Fruit Milk PM Crackers w/ Milk	17 AM Cereal w/ Milk Lunch TURKEY SALAMI & CHEESE ON WW BUN^ Baby Carrots Ranch Dressing Fresh Apple Slices Milk PM Crackers w/ Milk 24
Martin Luther King Jr. Day No School	AM Cereal w/ Milk Lunch MEATBALLS W/TOMATO SAUCE Hot Dog Bun^ Cucumber Coins Fresh Pear Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch CRUNCHY CHICKEN TENDERS^ Cheesy Cauliflower Honeydew Melon Chunks Ketchup Bulk Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch CHEESY CHICKEN POTATO BROCCOLI BAKE Sliced Bread^ Diced Peaches Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch TURKEY HAM & CHEESE SANDWICH^ Baby Carrots Ranch Dressing Fresh Gala Apple Milk PM Crackers w/ Milk
27 AM Cereal w/ Milk Lunch GARDEN BURGER^ Cucumber Coins Fresh Orange Ketchup and Mustard Milk PM Crackers w/ Milk	28 AM Cereal w/ Milk Lunch SPAGHETTI W/ TURKEY MEATSAUCE^ Fresh Spinach Leaves Italian Dressing Cantaloupe Chunks Milk PM Crackers w/ Milk	29 AM Cereal w/ Milk Lunch TACO FILLING Soft Tortilla^ Shredded Cheddar Cheese Black Beans Apricots Milk PM Crackers w/ Milk	30 AM Cereal w/ Milk Lunch MAC & CHEESE^ Spinach Fresh Pear Milk PM Crackers w/ Milk	AM Cereal w/ Milk Lunch TURKEY BOLOGNA SANDWICH^ Baby Carrots Ranch Dressing Fresh Banana Milk PM Crackers w/ Milk

CDC news, announcements, menu's, etc. are always available on our website: hhttps://www.lbcc.edu/child-development-center