

# ISOLATION & QUARANTINE PROCEDURE



**SELF IDENTIFIED:**

LBCC Employee has been in contact with someone that has tested positive, suspected, or known exposure to the infectious disease.

**INFORMED BY CONTACT TRACER:**

A contact tracer will reach out to LBCC Employees if they were exposure.

## INFORMATIONAL PROCESS

### STEP ONE

Log on to:

<https://forms.office.com/r/WptLhVmMY3>

Fill out LBCC-HR COVID-19 Reporting and Pre-Screening Survey



### STEP TWO

If isolation is needed HR will request the LBCC Employee to go back to their place of residence to isolate.



### STEP THREE

Isolation typically lasts 5 days provided the LBCC Employee is asymptomatic and follows testing and masking guidance\*. If the LBCC Employee is unable to test, they must isolate for 10 days. A designated individual in Human Resources will provide the LBCC Employee with their specific isolation dates.

### STEP FOUR

Once released by Human Resources, LBCC Employee can resume regular activities. Monitor for symptoms as directed.



**Isolation:**  
Separates those who have tested positive for COVID-19—or those who are symptomatic and are awaiting test results—from those who are not sick.

An individual with COVID-19 infection may end isolation if at least 5 days have passed since symptoms first started AND a negative COVID-19 viral (antigen) test collected on day 5 or later AND no fever for at least 24 hours AND symptoms are improving. If individual is unable to test or choosing not to test, then they must isolate for 10 days. Continue to wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.

**Quarantine:**  
Regardless of vaccination status, close contacts do not have to quarantine if they are asymptomatic.

**DEFINITIONS**

**Close Contact:**  
A person who shared the same indoor airspace (e.g., home, clinic waiting room, airplane) for a cumulative total of 15 minutes or more over a 24-hour period with a COVID-19 positive person during their infectious period.

A person who had unprotected contact with a COVID-19 positive person's body fluids and/or secretions, such as, hugs or kisses, being coughed or sneezed on, sharing cups or utensils, or providing care without wearing appropriate protective equipment (e.g., facemask and gloves).

**Asymptomatic:**  
Persons infected with COVID-19 who never develop COVID-19 symptoms.

## IMPORTANT CONTACT INFO

**Classified:** 562-938-4323

**Academic:** 562-938-4813



LONG BEACH  
CITY COLLEGE

