





**LBC Child Development Center Menu
March 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p> 	<p>NATIONAL NUTRITION MONTH</p> 		<p>1</p> <p>AM Cereal w/ Milk Lunch Bean & Cheese Tostada Refried Beans Shredded Cheese Tostada Shell Shreaded Lettuce Fruit, Milk PM Crackers w/ Milk</p>	<p>2</p> <p>AM Cereal w/ Milk Lunch Turkey & Ham Sandwich Deli Turkey, Sliced Ham Wheat Bread Carrot Sticks Ranch/Mayo/Mustard Fruit, Milk PM Crackers w/ Milk</p>
<p>5</p> <p>AM Cereal w/ Milk Lunch Chicken Burger Breaded Chicken Patty Wheat Bun Tater Tots Ketchup/Mustard Fruit, Milk PM Crackers w/ Milk</p>	<p>6</p> <p>AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans w/ cheese Tortilla Chips Fruit, Milk PM Crackers w/ Milk</p>	<p>7</p> <p>AM Cereal w/ Milk Lunch Cheese Lasagna Seasoned Ground Beef Wheat Bread Mixed Vegetables Fruit, Milk PM Crackers w/ Milk</p>	<p>8</p> <p>AM Cereal w/ Milk Lunch Beef & Broccoli Seasoned Beef Broccoli Steamed Brown Rice Fruit, Milk PM Crackers w/ Milk</p>	<p>9</p> <p>AM Cereal w/ Milk Lunch Italian Roll Salami & Pepperoni, Swiss Cheese Wheat Bread Celery Sticks Ranch/Mayo/Mustard Fruit, Milk PM Crackers w/ Milk</p>
<p>12</p> <p>AM Cereal w/ Milk Lunch Turkey Picadillo Ground Turkey Mexican Brown Rice w/ Corn & Carrots Fruit, Milk PM Crackers w/ Milk</p>	<p>13</p> <p>AM Snack Cereal w/ Milk Lunch BBQ Chicken Seasoned Baked Chicken Wheat Bread Corn Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>14</p> <p>AM Cereal w/ Milk Lunch Spaghetti w/Meatballs (Whole Wheat Spaghetti, w/Meatballs (3oz)) Tomato Sauce, Green Beans Fruit, Milk PM Crackers w/ Milk</p>	<p>15</p> <p align="center">STAFF IN-SERVICE DAY/FLEX DAY (CDC CLOSED)</p> 	<p>16</p> <p>AM Cereal w/ Milk Lunch Turkey & Swiss Cheese Sandwich (Deli Turkey, Cheese, Wheat Bread) Carrot Sticks Ranch/Mayo/Mustard Fruit, Milk PM Crackers w/ Milk</p>
<p>19</p> <p>AM Snack Cereal w/ Milk Lunch Turkey Bolognese Ground Turkey Tomato Sauce Wheat Penne in Sauce Green Peas Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>20</p> <p>AM Cereal w/ Milk Lunch Chicken Tenders Baked Chicken Tenders Potato Wedges Ketchup Fruit, Milk PM Crackers w/ Milk</p>	<p>21</p> <p>AM Snack Cereal w/ Milk Lunch Mac & Cheese Whole Wheat Rotini Noodles Cheese Sauce Cauliflower Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>22</p> <p>AM Snack Cereal w/ Milk Lunch Sloppy Joes Seasoned Ground Beef Wheat Hamburger Bun Mixed Vegetables Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>23</p> <p>AM Cereal w/ Milk Lunch Ham & Swiss Cheese Sandwich Sliced Ham, Cheese, Wheat Bread Celery Sticks Ranch/Mayo/Mustard Fruit, Milk PM Crackers w/ Milk</p>
<p>26</p> <p>AM Cereal w/ Milk Lunch Hamburger Beef Hamburger Patty Wheat Hamburger Bun Tater Tots Ketchup Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>27</p> <p>AM Snack Cereal w/ Milk Lunch Penne Alfredo Diced Chicken Wheat Penne Pasta w/ Alfredo Sauce Broccoli Fruit, Milk PM Snack Crackers w/ Milk</p>	<p>28</p> <p>AM Cereal w/ Milk Lunch Beef Nachos Seasoned Ground Beef Refried Beans w/ Cheese Tortilla Chips Fruit, Milk PM Crackers w/ Milk</p>	<p>29</p> <p>AM Cereal w/ Milk Lunch Southwest Chicken Seasoned Baked Chicken Wheat bread Mashed Potatoes Fruit, Milk PM Crackers w/ Milk</p>	<p>30</p> <p>AM Cereal w/ Milk Lunch Turkey & Swiss Cheese Hoagie (Deli Turkey, Cheese, Wheat Hoagie) Carrot Sticks Ranch/Mayo/Mustard Fruit, Milk PM Crackers w/ Milk</p>