

Healthy Viking Initiative Pres<mark>ents</mark>







Join us for an afternoon of empowerment and awareness. As suicide continues to affect our communities, reducing the shame and stigma surrounding mental health has

become a necessity. Through conversation and engagement, this training will provide a better understanding of potential suicide risk factors, as well as resources and examples of how we can make a difference and support those around us who may be struggling.

Join us LIVE on August 6th, 2020 from 11AM till IPM

RSVP to attend event at:

https://zoom.us/meeting/register/tJwscOCqpj4iG9fKrLkWaZsAZmeC6GJtzKOW



For more information, contact Sergio at sgrimaldi@lbcc.edu

If you require accommodations, please contact DSPS at least 72 hours prior to the event at (562) 938-4558 or (562) 938-4833 (TTY) or dsps-staff@lbcc.edu. If you require sign language interpreting services, please contact Stephanie Bonales at sbonales@lbcc.edu or (562) 938-4918 at least seven days prior to the event.



Sandra Rodriguez is the Outreach & Training Coordinator for Didi Hirsch's Suicide Prevention Center Division. She is heavily involved in the community through Resource/Networking Events & as Coordinator, works diligently to facilitate trainings to Students, Staff, and Organizations alike.



Chatbox Support by Sandri Kramer

Sandri Kramer has 25 years of experience in suicide prevention and crisis center work. She is currently working on developing SPC's online crisis services, broadening its role in emergency management as a core center of the national Disaster Distress Helpline, and strengthening the center's collaborative partnerships with numerous law enforcement agencies.