LBCC Child Development Center Menu

Nov-19

		100-19		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		- USDA is an Equal opportunity Provider and Employer - Menu is subject to change		1 AM Cereal w/ Milk Lunch
^ Denotes item is whole- grain/whole wheat		- Milk is low fat & unflavored.		TURKEY SALAMI & CHEESE SANDWICH^ Baby Carrots Ranch Dressing Fresh Gala Apple Milk PM Crackers w/ Milk
4 AM Cereal w/ Milk	AM Cereal w/ Milk	۵ AM Cereal w/ Milk	AM Cereal w/ Milk	8 AM Cereal w/ Milk
Lunch TOSTADA BOAT FILLING Tostada Bowl^ Shredded Lettuce Shredded Cheddar Cheese	Lunch BEAN & CHEESE BURRITO^ Fiesta Corn Cantaloupe Chunks	Lunch TURKEY RICE CASSEROLE W/ BROWN RICE^ Green Beans Apricots	Lunch SWEET & SOUR MEATBALLS W/ BROWN RICE^ Peas	Lunch TURKEY BOLOGNA SANDWICH^ Baby Carrots Fresh Plum
Fresh Orange Milk PM	Milk	Milk	Fresh Pear Milk PM	Ranch Dressing Milk PM
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk 13	Crackers w/ Milk 14	Crackers w/ Milk 15
	AM Cereal w/ Milk	AM Cereal w/ Milk	AM Cereal w/ Milk	AM Cereal w/ Milk Lunch
Veteran's	Lunch BBQ TURKEY WW Sliced Bread^ Cheese Cauliflower	Lunch ARROZ^ CON POLLO Cheesy Broccoli Mixed Fruit	Lunch GRILLED BBQ CHICKEN NUGGETS Baked Beans Pineapple Tidbits	TURKEY & CHEESE SANDWICH^ Baby Carrots Ranch Dressing Fresh Banana
Center is Closed	Honeydew Melon Chunks Milk PM Crackers w/ Milk	Milk PM Crackers w/ Milk	Sliced Bread^ Milk PM Crackers w/ Milk	Milk PM Crackers w/ Milk
18			21	22
AM Cereal w/ Milk Lunch	AM Cereal w/ Milk	AM Cereal w/ Milk	AM Cereal w/ Milk	AM Cereal w/ Milk
SOUTHWEST CHICKEN SALAD Soft Tortilla^ Romaine Salad, Corn, Black Beans	Lunch PIZZA DIPPERS^ Marinara Dipping Sauce	Lunch SALISBURY W/ GRAVY Mashed Potatoes	Lunch MINI CHEESE RAVIOLI W/ SAUCE^ Peas	Lunch TURKEY BOLOGNA SANDWICH^ Baby Carrots
Ranch Dressing Milk	Diced Peaches Milk	Diced Pears WW Dinner Roll^ Milk	Fresh Orange Milk	Fresh Gala Apple Ranch Dressing Milk
PM	PM	PM	PM	PM
Crackers w/ Milk 25	Crackers w/ Milk 26	Crackers w/ Milk 27	Crackers w/ Milk 28	Crackers w/ Milk 29
AM Cereal w/ Milk Lunch CHEF SALAD	AM Cereal w/ Milk Lunch SLOPPY JOE	AM Cereal w/ Milk Lunch	Holi	day
Diced Turkey Shredded carrots, lettuce, cheddar cheese Breadstick (IW)^	ww Hamburger Bun^ Fresh Spinach Leabes Italian Dressing	CHICKEN PARMESAN^ Fresh Zucchini Coins Ranch Dressing		
Ranch Dressing Milk PM	Honeydew Melon Chunks Milk PM	Fresh Pear Milk PM	Center i	s Closed
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk		0.0000-000-000-000-000-000-000-000-000-

CDC news, announcements, menu's, etc. are always available on our website: hhttps://www.lbcc.edu/child-development-center