


## LBCC Child Development Center Menu

Oct-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
  <b>^ Denotes item is whole-grain/whole wheat</b>	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>BBQ TURKEY</b> WW Sliced Bread Cheesy Cauliflower Honeydew Melon Chunks Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>ARROZ<sup>^</sup> CON POLLO</b> Cheesy Broccoli Diced Pears Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>GRILLED BBQ CHICKEN NUGGETS</b> Baked Beans Pineapple Tidbits Sliced Bread <sup>^</sup> Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>TURKEY &amp; HAM CHEESE SANDWICH<sup>^</sup></b> Baby Carrots Ranch Dressing Fresh Banana Milk <b>PM</b> Crackers w/ Milk
<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>SOUTHWEST CHICKEN SALAD</b> Soft Tortilla <sup>^</sup> Romaine Salad Corn & Black Beans Ranch Dressing Bulk Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>PIZZA DIPPERS<sup>^</sup></b> Marinara Dipping Sauce Mixed Fruit Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>SALISBURY W/ GRAVY</b> Mashed Potatoes Cantaloupe Chunks Sliced Bread Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>MINI CHEESE RAVIOLI W/ SAUCE<sup>^</sup></b> Peas Fresh Orange Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>TURKEY BOLOGNA SANDWICH<sup>^</sup></b> Baby Carrots Fresh Plum Ranch Dressing Bulk Milk <b>PM</b> Crackers w/ Milk
<b>AM</b> <b>Cereal w/ Milk</b>  <b>Lunch</b> <b>CHEF SALAD</b> Diced Turkey, Ranch Dressing Bulk Shredded Lettuce, carrots, cheddar cheese Breadstick (IW) <sup>^</sup> Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>SLOPPY JOE</b> WW Hamburger Bun <sup>^</sup> Fresh Spinach Leaves Italian Dressing Bulk Fresh Watermelon (1/2) Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>CHICKEN PARMESEAN<sup>^</sup></b> Fresh Zucchini Coins Ranch Dressing Bulk Pineapple Tidbits Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>BEAN &amp; CHEESE BURRITO<sup>^</sup></b> Fiesta Corn Fresh Pear* Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>DELI SUB SANDWICH<sup>^</sup></b> Baby Carrots Ranch Dressing Bulk Fresh Apple Slices Milk <b>PM</b> Crackers w/ Milk
<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>CHINESE CHICKEN SALAD</b> Romaine Salad, Mandarin Oranges Breadstick (IW) <sup>^</sup> Oriental Dressing Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>MEATBALLS W/ TOMATO SAUCE</b> W/G Hot Dig Bun <sup>^</sup> Cucumber Coins Fresh Banana Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>CRUNCHY CHICKEN TENDERS<sup>^</sup></b> Cheesy Cauliflower Mixed Fruit Ketchup Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>CHEESY CHICKEN POTATO BROCCOLI BAKE</b> WW Sliced Bread Diced Peaches Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>TURKEY HAM &amp; CHEESE SANDWICH<sup>^</sup></b> Baby Carrots Ranch Dressing Bulk Fresh Gala Apple Milk <b>PM</b> Crackers w/ Milk
<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>GARDEN BURGER</b> WW Hamburger Bun <sup>^</sup> Cucumber Coins Fresh Pear Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>SPAGHETTI W/ TURKEY MEATSAUCE<sup>^</sup></b> Fresh Spinach Leaves Italian Dressing Bulk Cantaloupe Chunks Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>W/G CHEESE QUESADILLA</b> Peas Fresh Orange Ketchup Milk <b>PM</b> Crackers w/ Milk	<b>AM</b> Cereal w/ Milk  <b>Lunch</b> <b>MAC &amp; CHEESE</b> Spinach Diced Peaches Milk <b>PM</b> Crackers w/ Milk	<p>- USDA is an Equal opportunity Provider and Employer - Menu is subject to change - Milk is low fat.</p> 