LBCC Child Development Center Menu

Oct-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	AM	AM	AM,	AM
	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
	Lunch	Lunch	Lunch	Lunch
	BBQ TURKEY	ARROZ^ CON POLLO	GRILLED BBQ CHICKEN NUGGETS	TURKEY & HAM CHEESE SANDWICHA
	WW Sliced Bread	Cheesy Broccoli	Baked Beans	Baby Carrots
	Cheesy Cauliflower	Diced Pears	Pineapple Tidbits	Ranch Dressing
^ Denotes item is whole-	Honeydew Melon Chunks	Milk	Sliced Bread^	Fresh Banana
grain/whole wheat	Milk		Milk	Milk
gramy whole wheat	PM	PM	PM	PM
	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk
7	8	Crackers W/ Willik	Crackers w/ Willik	
AM	AM	AM	AM	AM
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
Lunch	cereal wy wink	cerear wy wilk	cerear wy wink	cerear wy wink
SOUTHWEST CHICKEN SALAD	Lunch	Longolo	Lunch	Lorrado
		Lunch		Lunch
Soft Tortilla^	PIZZA DIPPERS^	SALISBURY W/ GRAVY	MINI CHEESE RAVIOLI W/ SAUCE^	TURKEY BOLOGNA SANDWICHA
Romaine Salad	Marinara Dipping Sauce	Mashed Potatoes	Peas	Baby Carrots
Corn & Black Beans	Mixed Fruit	Cantaloupe Chunks	Fresh Orange	Fresh Plum
Ranch Dressing Bulk	Milk	Sliced Bread	Milk	Ranch Dressing Bilk
Milk		Milk		Milk
PM	PM	PM	PM	PM
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk
14	15	16		18
AM	AM	AM	AM	AM
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
	Lunch	cerear ny min	cerear ny mink	Lunch
Lunch	SLOPPY JOE	Lunch	Lunch	DELI SUB SANDWICH^
CHEF SALAD	WW Hamburger Bun^	CHICKEN PARMESEAN^	BEAN & CHEESE BURRITO^	Baby Carrots
Diced Turkey, Ranch Dressing Bulk	Fresh Spinach Leaves	Fresh Zucchini Coins	Fiesta Corn	
Shredded Lettuce, carrots, cheddar cheese				Ranch Dressing Bulk
Breadstick (IW)^	Italian Dressing Bulk	Ranch Dressing Bulk	Fresh Pear*	Fresh Apple Slices
	Fresh Watermelon (1/2)	Pineapple Tidbits	Milk	Milk
Milk	Milk	Milk		
PM	PM	PM	PM (a.m.	PM
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk
21	22	23		25
AM Complete (AATH	AM Complete (NATH	AM Constant (AA)	AM Constant (Mail	AM Constant (Mail
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk
Lunch	Lunch			
CHINESE CHICKEN SALAD	MEATBALLS W/ TOMATO SAUCE	Lunch	Lunch	Lunch
Romaine Salad, Mandarin Oranges	W/G Hot Dig Bun^	CRUNCHY CHICKEN TENDERS^	CHEESY CHICKEN POTATO BROCCOLI BAKE	TURKEY HAM & CHEESE SANDWICH^
Breadstick (IW)^	Cucumber Coins	Cheesy Cauliflower	WW Sliced Bread	Baby Carrots
Oriental Dressing	Fresh Banana	Mixed Fruit	Diced Peaches	Ranch Dressing Bulk
Milk	Milk	Ketchup	Milk	Fresh Gala Apple
1		Milk		Milk
PM	PM	PM	PM	PM
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk
28	29	30	31	
AM	AM	AM	AM	
Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	Cereal w/ Milk	- USDA is an Equal opportunity
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Lunch	Lunch	Lunch	Lunch	- Menu is subject to change
GARDEN BURGER	SPAGHETTI W/ TURKEY MEATSAUCE^	W/G CHEESE QUESADILLA	MAC & CHEESE	- Milk is low fat.
WW Hamburger Bun^	Fresh Spinach Leaves	Peas	Spinach	- WIIIN IS IOW IGC.
Cucumber Coins	Italian Dressing Bulk	Fresh Orange	Diced Peaches	
Fresh Pear	Cantaloupe Chunks	Ketchup	Milk	
			IVIIIK	
Milk PM	Milk	Milk	D04	
	PM	PM (Mill	PM (Mill	
Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	Crackers w/ Milk	