



LONG BEACH CITY COLLEGE
FOUNDATION

Lifetime Learning Center
www.lbcc.edu\lifetime-learning-center

FREE Presentations on Aging Issues

Mondays 11:00 am to 12:30 pm

At the Lifetime Learning Center

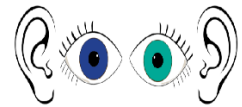
Long Beach City College PCC Campus, Building QQ Rm 122

Located off Walnut Ave. between PCH & 20th St.

Limited Seating - Please RSVP to Theresa Brunella 562.938.3047

September 16, 2019

Restoring Sight & Hearing at No Cost for Low Income Patients
Randy Stein, CEO & David Walker, The Lions Sight & Hearing Foundation



September 23, 2019

Navigating Senior Living Options
Sara Ross, Community Relations Director Regency Palms Long Beach



September 30, 2019

Healthy Eating on a Budget
Ed Ramos, SCAN Health Care



October 7, 2019

Successful Aging
Michael Tehrani, MD Board Certified Internal Medicine, Gerontologist



October 14, 2019

Gerald Desmond Bridge Replacement Project
Annie Sullivan, Westbound Communications



October 21, 2019

DMV Programs to Help Seniors
Tressa Thompson, Senior Driver Ombudsman



October 28, 2019

Preventing Alzheimer's Disease
Susan Sklar, MD, Sklar Center for Restorative Medicine



November 4, 2019

Medicare Changes 2020
Justin Hart, Partner Hart 2 Hart Insurance Services

