

# VIKING VITALS: Resources for Successful Students

Instructor: \_\_\_\_\_

Student: \_\_\_\_\_

Course: \_\_\_\_\_

Class Number: \_\_\_\_\_

**Dear student,**

**Because I want you to succeed in this course and reach your goals, I am providing you with resources which I feel will be helpful to you and which I highly recommend:**

**STAFF:** If this box is checked, please provide student verification.

**Learning Activity in Success Center:**

<https://www.lbcc.edu/student-success-centers>

PCC MDSC (EE-206)  
938-3991

LAC MDSC (L-212)  
938-4699

LAC WRSC (E-09L)  
938-4520  
ENGLISH/READ

LAC MSC (V-163)  
938-4228  
MATH / STATS

**Tutoring in Success Center for:** \_\_\_\_\_

<https://www.lbcc.edu/tutoring>

LAC (L-203) 938-4474      PCC (EE-206) 938-3991

**Academic Counselor for:** \_\_\_\_\_

<http://www.lbcc.edu/counseling/>

LAC (A-1111) 938-4560      PCC (GG-201) 938-3920

**Academic Computing Centers**

<https://www.lbcc.edu/post/academic-computing-centers>

LAC (L-251) 938-4854      PCC (LL-122) 938-3049

**College Knowledge Activities**

LAC (L-212) 938-4669      PCC (EE-206) 938-3991

- o Career Exploration
- o Knowledge Awareness
- o Financial Literacy
- o Technology

**Study Skills Workshops:**

<https://www.lbcc.edu/post/study-skills-videos>

- o Test Taking
- o Taking Better Notes
- o Prepping for Tests
- o Great Ways to Study
- o Test-Taking Skills I & II
- o Predicting Test Questions
- o How to Remember for Tests
- o Memory Tricks I & II
- o Organizing Study Time I & II
- o Improving Listening Skills

**Study Skills Handouts:**

<https://www.lbcc.edu/post/study-skills-downloads>

- o Starting College
- o Note-Taking
- o Wellness
- o Text Reading Skills
- o Study/Test Preparation
- o Test-Taking
- o Time Management
- o Online Course Preparation

**LEARN11 Course**

**COUNS1 Course**

**Library Reference Desk**

<https://www.lbcc.edu/library>

LAC (L-Bldg 1<sup>st</sup> Floor) 938-4231      PCC (LL-Bldg 1<sup>st</sup> Floor) 938-3029

**Library Workshops**

<https://www.lbcc.edu/post/library-workshops>

Circle recommended:

\*Literally Librarians!

\*Wreck the Works Cited

\*Missing: Sources for Your

Paper

**Web/Community/Other Resource:** \_\_\_\_\_

**Career and Job Services**

<https://www.lbcc.edu/career-center>

LAC (A-1097) 938-4670      PCC (EE-105) 938-3915

**Financial Aid**

<https://www.lbcc.edu/financial-aid>

LAC (A-1075) 938-4485      PCC (GG-102) 938-4485

**Scholarships**

<https://www.lbcc.edu/lbcc-foundation>

LAC (A-1001) 938-4766

**Transfer Center**

<https://www.lbcc.edu/transfer-center>

LAC (A-1098) 938-4670      PCC (EE-105) 938-3916

**Disabled Students Programs & Services**

<https://www.lbcc.edu/disabled-student-services>

LAC (A-1134) 938-4558      PCC (GG-107) 938-3921

**Student Health & Mental Health Services**

<https://www.lbcc.edu/student-health-services>

LAC (A-1010) 938-4210      PCC (GG-117) 938-3922

**Student Life & Clubs**

**Club:** \_\_\_\_\_

<https://www.lbcc.edu/student-clubs>

LAC (E-117) 938-4795      PCC (EE-102) 938-3008

**Student Outreach** <https://www.lbcc.edu/outreach-recruitment>

(President's Ambassadors, Early Bird, & Campus Tours)

**International Students**

<https://www.lbcc.edu/internationalstudents>

LAC (A-1097) 938-4745

**Child Care / Child Development Center**

<https://www.lbcc.edu/child-development-center>

LAC 938-4253      Off-campus site: 4630 Clark Ave., Long Beach  
PCC 938-3079      On-campus site: CDC Building

**Support Programs**

<https://www.lbcc.edu/support-programs>

- o **CalWORKS** PCC (GG-217) 938-3116
- o **EOPS** LAC (A-1134) 938-4273 & PCC (GG-201) 938-3097
- o **Foster & Kinship Care Education** PCC (UU Bldg.) 938-3114
- o **Honors** LAC (L-164) 938-4354
- o **TRIO GO Project** PCC (GG-201) 938-3233
- o **Upward Bound** (Online Only) Specialist: 938-5188

**Veteran Student Services**

<https://www.lbcc.edu/overview/veteran-student-services>

LAC (A-1029) 938-4162      PCC (GG-102) 938-3929

**ESL Student Services and Learning Center**

<https://www.lbcc.edu/program-english-second-language>

Student Services: PCC (LL-206) 938-3037  
Learning Center: PCC (LL-216) 938-3255

**Instructor Comments/Instructions:** \_\_\_\_\_