

VIKING VITALS: Resources for Successful Students

Instructor: _____

Date: _____

Course: _____

Class Number: _____

Instructor email: _____

Student name: _____

Student ID #: _____

Dear student,

Because I want you to succeed in this course and reach your goals, I am recommending the following helpful resources:

STAFF: If this box is checked, please provide student verification.

Learning Activity in Success Center:

<https://www.lbcc.edu/student-success-centers>

PCC MDSC (EE-206)

938-3991

MATH, ENGL, READ,
VN, MTFAB, ART,
SOCIO, MA, AH, BIO41,
COUNS, CHEM2,
LEARN 11

LAC MDSC (L-212)

938-4699

ADN, ANAT, F_N, ART,
PHYSIO, VN, CULAR,
SOCIO, FD, MA, AH,
CHEM2, COUNS,
LEARN 11

LAC WRSC (E-09L)

938-4520

ENGLISH/READ

LAC MSC (V-163)

938-4228

MATH / STATS

Tutoring in Success Center for: _____

<https://www.lbcc.edu/tutoring>

LAC (L-203) 938-4474

PCC (EE-206) 938-3991

Academic Counselor for: _____

<http://www.lbcc.edu/counseling/>

LAC (A-1111) 938-4560

PCC (GG-201) 938-3920

Academic Computing Centers

<https://www.lbcc.edu/post/academic-computing-centers>

LAC (L-251) 938-4854

PCC (LL-122) 938-3049

Supplemental Instruction for: _____

<https://www.lbcc.edu/supplemental-instruction>

Study Skills Workshops:

<https://www.lbcc.edu/post/study-skills-videos>

- o Test Taking
- o Taking Better Notes
- o Prepping for Tests
- o Great Ways to Study
- o Test-Taking Skills I & II
- o Predicting Test Questions
- o How to Remember for Tests
- o Memory Tricks I & II
- o Organizing Study Time I & II
- o Improving Listening Skills

Study Skills Handouts:

<https://www.lbcc.edu/post/study-skills-downloads>

- o Starting College
- o Note-Taking
- o Studying Skills
- o Text Reading Skills
- o Student Success Systems
- o Test-Taking
- o Time Management
- o Wellness

LEARN11 Course

COUNS1 Course

CPAS 1 (Computer Proficiency for Acad. Success) Course

LBCC Assessment Retest: _____

<https://www.lbcc.edu/assessment>

LAC (A-1040) 938-4049

PCC (LL-206) 938-3270

Library Reference Desk

<https://www.lbcc.edu/library>

LAC (L-Bldg 1st Floor)
938-4231

PCC (LL-Bldg 1st Floor)
938-3029

Library Workshops

<https://www.lbcc.edu/post/library-workshops>

Circle recommended:

*Literally Librarians!

*Wreck the Works Cited

*Missing: Sources for Your

Paper

Career and Job Services

<https://www.lbcc.edu/career-and-employment-services>

LAC (A-1097) 938-4670

PCC (EE-105) 938-3915

Financial Aid

<https://www.lbcc.edu/financial-aid>

LAC (A-1075) 938-4485

PCC (GG-102) 938-4485

Scholarships

<https://www.lbcc.edu/foundation-scholarships-and-grants>

LAC (A-1001) 938-4766

Transfer Center

<https://www.lbcc.edu/transfer-center>

LAC (A-1098) 938-4670

PCC (EE-105) 938-3916

DSPS

<https://www.lbcc.edu/disabled-student-services>

LAC (A-1134) 938-4558

PCC (GG-107) 938-3921

Student Health & Mental Health Services

<https://www.lbcc.edu/student-health-services>

LAC (A-1010) 938-4210

PCC (GG-117) 938-3922

Student Life & Clubs

<https://www.lbcc.edu/student-clubs>

LAC (E-117) 938-4795

Club: _____

PCC (EE-102) 938-3008

Student Outreach

<https://www.lbcc.edu/outreach>

(President's Ambassadors, Early Bird, & Campus Tours)

International Students

<https://www.lbcc.edu/internationalstudents>

LAC (A-1097) 938-4745

Child Care / Child Development Center

<https://www.lbcc.edu/child-development-center>

LAC 938-4253

Off-campus site: 4630 Clark Ave., Long Beach

PCC 938-3079

On-campus site: CDC Building

Support Programs

<https://www.lbcc.edu/support-programs>

- o **CalWORKS** PCC (GG-217) 938-3116
- o **EOPS** LAC (A-1134) 938-4273 & PCC (GG-201) 938-3097
- o **Foster & Kinship Care Education** PCC (UU Bldg.) 938-3114
- o **Honors** LAC (L-164) 938-4354
- o **TRIO GO Project** PCC (GG-201) 938-3233
- o **Upward Bound (Online Only)** Specialist: 938-5188

Veteran Student Services

<https://www.lbcc.edu/overview/veteran-student-services>

LAC (E-08L) 938-4162

PCC (GG-102) 938-3929

ESL Student Services and Learning Center

<https://www.lbcc.edu/overview/english-second-language-esl>

Student Services:

PCC (LL-206) 938-3037

Learning Center:

PCC (LL-206) 938-3255

Web/Community/Other Resource: _____

Instructor Comments/Instructions: _____